



# VTCT Level 3 diploma in reflexology (VRQ) Course

# Reflexology For The Vtct Diploma

**Tina Parsons**



## **Reflexology For The Vtct Diploma:**

**Reflexology for the VTCT Diploma** Susan Cressy, 2002 This title covers the VTCT Diploma in Reflexology but is also suitable for anyone undertaking study in this growing area Features include full colour diagrams illustrating reflex areas of the feet case studies to explore individual client treatment plans questions to test your knowledge at the end of each chapter and a section on setting up a business for those planning to start their own salons

**Reflexology** Susan Cressy, 2003-10 Providing a comprehensive route through the most popular reflexology qualifications this text has now been revised to provide full coverage of hand reflexology Step by step photos clearly illustrate the skills and technique needed for each procedure and the layout and design of the anatomy and physiology section will clearly explain the subject

**British Vocational Qualifications** Kogan Page, 2010-01-03 British Vocational Qualifications is an indispensable reference for careers advisors human resource managers employers teachers and students featuring up to date information on over 3 500 vocational qualifications available in the United Kingdom These include Vocational Qualifications VQs National Vocational Qualifications NVQs Scottish Vocational Qualifications SVQs Related Vocational Qualifications RVQs and apprenticeships The directory also covers the latest developments within the fast changing field of vocational qualifications and details of awarding examining and validating bodies British Vocational Qualifications is a simple guide for anyone who needs to understand vocational education whether researching what is available verifying a qualification for legal purposes or reviewing where best to study for them

**Clinical Reflexology** Denise Tiran, Peter A. Mackereth, 2010-12-01 Clinical Reflexology takes the practitioner on a journey of examination critical review and debate prior to making recommendations for best practice in reflexology The phenomenal rise in interest by health professionals in Complementary and Alternative Medicine CAM and in particular touch therapies has led to a need for texts that relate and integrate theory and practice to health care settings Clinical Reflexology does this expanding and exploring concepts introduced in the first edition Many CAM books have been written for therapists working in private practice but many of these practitioners are also now working in healthcare settings This book allows both groups to facilitate the greater integration of clinical reflexology in clinical practice The book is divided into two sections The first deals with key themes including an up to date review of the research evidence and appropriate methodology safe and supported practice and integration issues All these themes are explored and discussed utilizing the available literature analysis of models and concepts and are related specifically to health care practice The second section focuses on the clinical application of reflexology and how it can be best adapted to the context The contributors are committed pioneers in their field with a track record of integrating reflexology within clinical settings Many are teachers coordinators of therapy services and supervisors

**ABOUT THE AUTHORS** Dr Peter Mackereth is the Clinical Lead for Complementary Therapies and Smoking Cessation Services at The Christie NHS Foundation Trust Manchester He is a registered nurse and has worked in intensive care neurology and oncology Peter has an MA in Medical Ethics and has

completed a PhD project examining reflexology vs relaxation training for people with Multiple Sclerosis An author and renowned speaker Peter has held academic post in number of universities most recently as Reader in Integrative Health at the University of Derby Denise Tiran a midwife lecturer and reflex zone therapist is an internationally acclaimed authority on complementary therapies in pregnancy and childbirth She is Director of Expectancy the leading provider of professional education on the safe use of complementary therapies in maternity care including a special pregnancy course for reflexologists Her latest book *Reflexology for Pregnancy and Childbirth* was published in January 2010 *Anatomy and Physiology for Holistic Therapists* Francesca Gould,2005 The best selling book for holistic therapists by Francesca Gould has now been updated and revised with a new full color design It makes learning fun through enjoyable activities such as crossword puzzles It is a basic level text describing anatomy and physiology in the simplest terms for those wanting to learn the basics in a holistics or beauty therapy context *An Holistic Guide to Reflexology* Tina Parsons,2003 An Holistic Guide to Reflexology is the must have text for those studying reflexology from basic to advanced levels It provides an holistic approach to the treatment of reflexology focusing on the treatment of the body as a whole Reflexology is an effective way of treating stress allowing the body to activate its own healing mechanisms An Holistic Guide to Reflexology will aim to incorporate the links between body mind and spirit in the search for well being The text is ideal for students studying a range of reflexology courses including the VTCT Diploma the Advanced Diploma in Reflexology Diplomas in Holistics and a range of short courses as well as for professionals already working in the industry **Your Professional Qualification**,2002 What is the difference between an academic and professional qualification Who should get a professional qualification Did you know that some professions can not be legally practised with a degree alone Why get a UK qualification Is it expensive to gain a British qualification What is a chartered institute or society and is it better than a non chartered body What is the difference between a professional body and a trade union These are all questions answered in this book which is designed to help individuals choose a career path and the right professional organisation In today s world it isn t enough to have a qualification you need to be able to meet with peers and use the valuable networks that are already in place to foster your profession Your Professional Qualification provides a comprehensive survey of the qualifications available in the UK along with guidance on where they lead entry requirements where to apply and where to study Derived from the vast and authoritative British Qualifications database this important publication provides the first easily accessible guide to qualifications and how to get them in the UK Built around a comprehensive directory of professional qualifying bodies each professional area is described in depth and its qualifications identified and explained The book is supported by a simple website which ensures purchasers of the book are kept up to speed with new developments The British National Bibliography Arthur James Wells,2002 *Massage and Aromatherapy* Lyn Goldberg,2001 A student centred approach with activities progress check questions and key terms highlighted Highly illustrated and practical approach An essential text

covering the Level 3 NVQ units related to body massage and aromatherapy Emphasis on good practice [Nursing Times, Nursing Mirror](#) ,2001 [The Essential Guide to Holistic and Complementary Therapy](#) Helen Beckmann,Suzanne E. Le Quesne,2005 This text gives comprehensive coverage of the all the requirements of three courses the VTCT Holistic Diploma and the VTCT Complementary Diploma and the more modest needs of the City and Guilds Progress Awards in Holistics It also supports and covers the needs of stand alone qualifications **Level three diploma in reflexology** ,2005-01-01 **Level 3 Diploma in Reflexology** Awarding Body Consortium,2009 [Professional Hand Reflexology Diploma Course](#) Karen E Wells,2019-07-15 Our Professional Diploma in Hand Reflexology is to be used as an add on product once you are comfortable with Foot Reflexology Reflexology is a popular therapy that uses specific reflex points on the hands and feet to improve health and well being Although reflexology is most often practiced on the feet hand reflexology provides a positive additional skill for any qualified reflexologist Reflexology can treat a wide variety of medical conditions including fatigue respiratory problems stress headaches back pain or even diabetes Although non diagnostic many clients endorse reflexology as the treatment to promote healing On any given day you might be treating clients for anxieties stress digestive ailments or endocrine problems as well as to increase feelings of equilibrium and healing It is important to note that the content within this course is aimed at the professional reflexologist as it does assume existing knowledge about reflexology anatomy and physiology so only provides information relative to reflexology of the hand Our easy to learn modules include Introduction to Hand ReflexologyAbout Hand ReflexologyNail Hand DisordersReflexology PointsTechniquesA Hand Reflexology SessionWhen not to use ReflexologySummary Final Assessment Bonus Lecture We are an accredited school of CTAA Complementary Therapist Accredited Association You can contact us for the video content for this course [Work Within a Reflexology Framework \(Health HLT07\)](#) Carolyn Price,2011-01-01

## The Enigmatic Realm of **Reflexology For The Vtct Diploma**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Reflexology For The Vtct Diploma** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those that partake in its reading experience.

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## Reflexology For The Vtct Diploma Introduction

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