

# **Reclaiming Birth**

Deb Baker, Jennifer L. West LM, CPM, HBCE

#### **Reclaiming Birth:**

The Complete Idiot's Guide to Natural Childbirth Deb Baker, Jennifer L. West LM, CPM, HBCE, 2009-10-06 Thoughtful planning so mom and her supporters are ready when the baby is A midwife helps expecting mothers decide how natural they want their labor to be what birthing methods are available and the type of professional they want present It helps women weigh factors prepare mentally make important decisions and plan ahead for successful delivery and beyond Only book covering the spectrum of natural birthing methods and has a medical authority s vetting Expert author is a certified professional midwife and certified hypno birthing childbirth educator Covers all aspects of natural birthing from planning before women become pregnant through breastfeeding Imagery, Ritual, and Birth Anna M. Hennessey, 2018-12-11 Every human being is born and has gone through a process of birth Yet the topic of birth remains deeply underrepresented in the humanities overshadowed by a scholarly focus on death This book explores how imagery is used ritualistically in religious secular and nonreligious ways during birth through analysis of a wide variety of art iconography poetry and material culture Objects central to the book s study include religious figurines paintings about birth and other items representative of pregnancy crowning or giving birth that have an historical or original meaning connected to religion Contemporaryartists are also creating new art in which they represent birth and mothering as nonreligious events that are sacred or divine Framed through the concept of social ontology which examines the nature of the social world and studies how people create meaning out of the various objects images and processes that make up human social life the book theorizes a social ontology of birth focusing on how the meaning of imagery undergoes metamorphosis between the spheres of religion secularity nonreligion and the sacred when used during birth as a rite of passage Included in the study are more than thirty images of birth some of which have never been written about before **Birth** Rebecca Grant, 2024-04-23 Follows three first time mothers as they experience pregnancy and giving birth in modern America recounting the ups and downs fears joys and everyday moments of each woman's pregnancy and postpartum journey and discussing the rising popularity of midwifery Reclaiming Childbirth As a Rite of Passage Rachel Reed, 2021-02-27 It s time for a childbirth revolution The modern approach to maternity care fails women families and care providers with outdated practices that centre the needs of institutions rather than individuals In this book Rachel Reed weaves history science and research with the experiences of women and care providers to create a holistic evidence based framework for understanding birth Reclaiming childbirth as a rite of passage requires us to recognise that mothers own the power and expertise when it comes to birthing their babies Whether you are a parent care provider or educator this book will transform how you think and feel about childbirth Reclaiming Birth Margot Edwards, Mary Waldorf, 1984 The Fearless Birth Journal Emma Armstrong, 2025-04-01 Birth doula and hypnobirthing coach Emma Armstrong wants you to take time to connect to your brain body and baby throughout your unique pregnancy journey Pregnancy is not just a life making journey but a life changing one too but it can be all too easy to drift through its various

stages Instead Emma encourages you to slow down and create chances to reflect on where you really are in your brain in your body and in your connection to your baby at every stage along the way The Fearless Birth Journal is here to help you do just that Combining clear teaching with journal prompts and interactive elements throughout this joyfully illustrated book is the perfect gift for you or a loved one during pregnancy Journeying through four key movements Brain Body Birth and Baby Beyond through every trimester this book will empower and equip you for the birth you want but also ensure you don't miss and later forget a moment of this incredible time of life The Medicalization of Birth and Death Lauren K. Hall, 2019-12-17 Improving how individuals give birth and die in the United States requires reforming the regulatory reimbursement and legal structures that centralize care in hospitals and prevent the growth of community based alternatives In 1900 most Americans gave birth and died at home with minimal medical intervention By contrast most Americans today begin and end their lives in hospitals The medicalization we now see is due in large part to federal and state policies that draw patients away from community based providers such as birth centers and hospice care and toward the most intensive and costliest kinds of care But the evidence suggests that birthing and dying people receive too much even harmful medical intervention In The Medicalization of Birth and Death political scientist Lauren K Hall describes how and why birth and death became medicalized events While hospitalization provides certain benefits she acknowledges it also creates harms limiting patient autonomy driving up costs and causing a cascade of interventions many with serious side effects Tracing the regulatory legal and financial policies that centralize care during birth and death Hall argues that medicalization reduces competition stifles innovation and prevents individuals from accessing the most appropriate care during their most vulnerable moments She also examines the profound implications of policy enforced medicalization on informed consent and shows how medicalization challenges the healthcare community s most foundational ethical commitments Drawing on interviews with medical and nonmedical healthcare providers as well as surveys of patients and their families Hall provides a broad overview of the costs benefits and origins of medicalized birth and death The Medicalization of Birth and Death is required reading for academics patients providers policymakers and anyone else interested in how policy shapes healthcare options and limits patients and providers during life s most profound moments From Pregnancy to Delivery, From Pregnancy to Delivery A Journey through Labor and Birth Unbelievable Stories The Most Unique Labour Experiences From Pregnancy to Delivery A Journey through Labor and Birth Unbelievable Stories invites you to embark on an extraordinary voyage through the world of childbirth where the most unique and awe inspiring labor experiences await In this captivating book you ll encounter a diverse tapestry of childbirth stories that redefine what s possible Here s a glimpse of the remarkable journeys that lie ahead 1 Water Births A Serene and Natural Experience Dive into the world of water births where expectant mothers find serenity and connection with nature during labor and delivery 2 Unassisted Home Births Trusting the Body s Wisdom Witness the empowering stories of mothers who embraced unassisted home births placing trust in their bodies

innate wisdom 3 Lotus Birth A Unique Bonding Experience Explore the extraordinary practice of lotus birth where the umbilical cord remains attached fostering a profound bond between mother and child 4 Multiple Births Double the Joy Double the Challenges Follow the incredible journey of parents facing the unique challenges and joys of multiple births 5 Birth Centers Bridging the Gap Between Home and Hospital Learn about the welcoming world of birth centers offering a middle ground between home births and hospital deliveries 6 Cesarean Births Unexpected Paths to Motherhood Discover the unexpected paths to motherhood through cesarean births showcasing the resilience and strength of mothers 7 Induced Labor Navigating the Unplanned Route Explore the world of induced labor and how families navigate this unplanned route to meet their little ones 8 Birth Doulas A Source of Support and Advocacy Uncover the invaluable role of birth doulas offering unwavering support and advocacy throughout the birthing journey 9 Surrogacy A Selfless Act of Love Delve into the heartwarming stories of surrogates and intended parents sharing a remarkable journey of love and selflessness 10 High Risk Pregnancies Navigating the Unknown Journey with parents as they navigate high risk pregnancies demonstrating unwavering courage and resilience 11 Home Births with Medical Professionals Striking a Balance Witness the balance struck between home births and medical expertise providing a unique and safe birthing experience 12 Home Births Reclaiming Birth as a Natural Process Embrace the stories of mothers reclaiming birth as a natural and empowering process within the comforts of their homes 13 Birth Stories from Different Cultures Celebrating Diversity Celebrate the rich diversity of birth traditions and practices from around the world highlighting the beauty of cultural differences 14 Teenage Pregnancies Navigating Parenthood at a Young Age Learn about the unique challenges and triumphs of teenage pregnancies as young parents embark on their parenting journey 15 Home Births Empowering Women's Choices Explore how home births empower women to make informed choices and take charge of their birthing experiences 16 Home Births Strengthening the Mother Baby Bond Discover the profound ways in which home births strengthen the bond between mothers and their newborns 17 Birth Traditions Ancient Practices and Rituals Immerse yourself in the world of ancient birth traditions and rituals that have been passed down through generations From Pregnancy to Delivery A Journey through Labor and Birth Unbelievable Stories celebrates the remarkable diversity strength and resilience of individuals as they navigate the profound journey of childbirth Whether you re an expectant parent birth enthusiast or simply curious about the myriad ways people bring new life into the world this book offers a tapestry of unique labor experiences that will inspire inform and uplift Join us on this extraordinary expedition through the world of childbirth by ordering your copy today These incredible stories will leave you in awe and celebrate the incredible diversity of human birth experiences Table of Contents Introduction From Pregnancy to Delivery A Journey through Labor and Birth Unbelievable Stories The Most Unique Labour Experiences WATER BIRTHS A SERENE AND NATURAL EXPER IENCE UNASSISTED HOME BIRTHS TRUSTING THE BODY S WISDOM LOTU S BIRTH A UNIQUE BONDING EXPERIENCE MULTIPLE BIRTHS DOUBLE THE JOY DOUBLE THE CHALLENGES BIRTH

CENTERS BRIDGING THE GAP BETWEEN HOME AND HOSPITAL CESAREAN BIRTHS UNEXPECTED PATHS TO MOTHERHOOD INDUCED LABOR NAVIGATING THE UNPLANNED ROUTE BIRTH DOULAS A SOURCE OF SUPPORT AND ADVOCACY SURROGACY A SELFLESS ACT OF LOVE HIGH RISK PREGNANCIES NAVIGATING THE UNKNOWN HOME BIRTHS WITH MEDICAL PROFESSIONALS STRIKING A BALANCE HOME BIRTHS RECLAIMING BIRTH AS A NATURAL PROCESS BIRTH STORIES FROM DIFFERENT CULTURES CELEBRATING DIVERSITY TEENAGE PREGNANCIES NAVIGATING PARENTHOOD AT A YOUNG AGE HOME BIRTHS EMPOWERING WOMEN S CHOICES HOME BIRTHS STRENGTHENING THE MOTHER BABY BOND BIRTH TRADITIONS ANCIENT PRACTICES AND RITUALS FREQUENTLY ASKED QUESTIONS Have Questions Comments Get Another Book Free **Indigenous Experiences of Preguancy and Birth** Neufield Hannah Tait, 2017-10-01 Traditional midwifery culture customs understandings and meanings surrounding pregnancy and birth are grounded in distinct epistemologies and worldviews that have sustained Indigenous women and their families since time immemorial Years of colonization however have impacted the degree to which women have choice in the place and ways they carry and deliver their babies As nations such as Canada became colonized traditional gender roles were seen as an impediment The forced rearrangement of these gender roles was highly disruptive to family structures Indigenous women quickly lost their social and legal status as being dependent on fathers and then husbands The traditional structures of communities became replaced with colonially informed governance which reinforced patriarchy and paternalism The authors in this book carefully consider these historic interactions and their impacts on Indigenous women s experiences As the first section of the book describes pregnancy is a time when women reflect on their bodies as a space for the development of life Foods prepared and consumed ceremony and other activities engaged in are no longer a focus solely for the mother but also for the child she is carrying Authors from a variety of places and perspectives thoughtfully express the historical along with contemporary forces positively and negatively impacting prenatal behaviours and traditional practices Place and culture in relation to birth are explored in the second half of the book from locations in Canada such as Manitoba Ontario British Columbia the Northwest Territories and Aotearoa The reclaiming and revitalization of birthing practices along with rejuvenating forms of traditional knowledge form the foundation for exploration into these experiences from a political perspective It is an important part of decolonization to acknowledge policies such as birth evacuation as being grounded in systemic racism The act of returning birth to communities and revitalizing Indigenous prenatal practices are affirmation of sustained resilience and strength instead of a one sided process of reconciliation **Birthing the West** Jennifer J. Hill, 2022-03 Birthing the West Mothers and Midwives in the Rockies and Plains shows how women and mothers constructed citizens and how public health entities usurped that role with varied long term impacts on women men families community and American identity Pushing for Midwives Christa Craven, 2010-10-22 A history of the re emergence of midwifery in America Lying-in Richard W. Wertz, Dorothy C. Wertz, 1989-01-01 This lively history of childbirth begins with

colonial days when childbirth was a social event and moves on to the gradual medicalization of childbirth in America as doctors forced midwives out of business and to the home birth movement of the 1980 s Widely praised when it was first published in 1977 the book has now been expanded to bring the story up to date In a new chapter and epilogue Richard and Dorothy Wertz discuss the recent focus on delivering perfect babies with its emphasis on technology prenatal testing and Caesarean sections They argue that there are many viable alternatives including out of hospital births in the search for the best birthing system Review of the first edition Highly readable extensively documented and well illustrated A welcome addition to American social history and women's studies It can also be read with profit by health planners hospital administrators consumers of health care and all those who are concerned with improving the circumstances associated with childbirth Claire Elizabeth Fox bulletin of the History of Medicine A fascinating brilliantly documented history not merely of childbirth but of men s attitudes towards women the effect of a burgeoning medical profession on our very conception of maternity and motherhood and the influence of religion on medical technology and science Thomas I Cottle Boston Globe This superb book is both an impeccably documented recitation of the chronological history of medical intervention in American childbirth and a sociological analysis of the various meanings given to childbirth by individuals interested groups and American society as a whole Barbara Howe American Journal of Sociology Richard W Wertz a builder in Westport Massachusetts is formerly an associate professor of American history at the Massachusetts Institute of Technology Dorothy C Wertz is a research professor at the School of Public Health Boston University Writing Childbirth Kim Hensley Owens, 2015-06-24 Drawing on medical texts popular advice books and online birth plans and birth stories as well as the results of a childbirth writing survey Owens considers how women s agency in childbirth is sanctioned and how it is not She examines how women s rhetorical choices in writing interact with institutionalized medicine and societal norms Writing Childbirth reveals the contradictory messages women receive about childbirth their conflicting expectations about it and how writing and technology contribute to and reconcile these messages and expectations **Unassisted Childbirth** Laura Kaplan Shanley, 2012-02-22 This book reveals how giving birth is an inherently safe relatively painless process that is best performed without the assistance of doctors or midwives and how confidence and a positive attitude reduces fear and therefore the pain of labor According to Laura Kaplan Shanley a renowned leader in the natural birth movement human birth is inherently safe and relatively painless provided we refrain from physical or psychological interference. The problems often associated with birth can be traced to three main factors poverty unnecessary medical intervention and fear When these causes are eliminated most women can give birth either alone or with the help of a partner friends or family This second edition of Unassisted Childbirth leads with a history of childbirth and then describes how most deliveries occur today detailing why these processes don t serve mothers or babies The information in this unique book gives women yet another legitimate choice in childbirth that doesn't rely on doctors and technology and allows parents birth professionals and general

readers to reexamine their most basic ideas about birth and learn to think in new ways Childbirth Miljana Z. Jovandaric, Svetlana J. Milenkovic, 2020-03-18 In 2015 there were about 135 million births globally Each year complications from pregnancy and childbirth result in about 500 000 maternal deaths 7 million women have serious long term problems and 50 million women have negative health outcomes following delivery Most of these occur in the developing world This book discusses many aspects of childbirth and provides recommendations for improving maternal and fetal health Chapters covers such topics as placental abruption induced labor low birth weight prenatal education programs and improving the birth space Authors examine effects of air pollution consanguineous marriage and the use of traditional birth attendants on maternal morbidity and mortality **An Anthropology of Biomedicine** Margaret M. Lock, Vinh-Kim Nguyen, 2018-01-09 In this fully revised and updated second edition of An Anthropology of Biomedicine authors Lock and Nguyen introduce biomedicine from an anthropological perspective exploring the entanglement of material bodies with history environment culture and politics Drawing on historical and ethnographic work the book critiques the assumption made by the biological sciences of a universal human body that can be uniformly standardized It focuses on the ways in which the application of biomedical technologies brings about radical changes to societies at large based on socioeconomic inequalities and ethical disputes and develops and integrates the theory that the human body in health and illness is not an ontological given but a moveable malleable entity. This second edition includes new chapters on microbiology and the microbiome global health and the self as a socio technical system In addition all chapters have been comprehensively revised to take account of developments from within this fast paced field in the intervening years between publications References and figures have also been updated throughout This highly regarded and award winning textbook Winner of the 2010 Prose Award for Archaeology and Anthropology retains the character and features of the previous edition Its coverage remains broad including discussion of biomedical technologies in practice anthropologies of medicine biology and human experiments infertility and assisted reproduction genomics epigenomics and uncertain futures and molecularizing racial difference ensuring it remains the essential text for students of anthropology medical anthropology as well as public and global health

BREECH Haley Pearse, 2023-09-02 You re on an extraordinary journey of bringing a breech baby into the world Learn about your options and be encouraged through empowering stories of breech births including twins and first time mothers Finding comprehensive coverage of birth variations in books is challenging Here essential information and empowering stories are brought together to provide you with a complete guide to planning an empowered breech birth Discover breech affirmations turning techniques a chapter for dads evidence based information about breech presentations and tips on finding supportive care providers who respect your choices This book not only explains your options and childbirth rights but also equips you with practical advice and valuable resources Gain the knowledge and confidence to make informed decisions and be prepared for whatever type of breech birth your body and baby need Immerse yourself in a collection of encouraging

stories that will reassure and inspire you as women share their pregnancy labor and breech birth experiences Although written for women with a breech baby this book will become an invaluable resource for anyone curious about breech childbirth **Routledge Library Editions: Feminist Theory** Various,2021-08-07 Routledge Library Editions Feminist Theory brings together as one set or individual volumes a series of previously out of print classics from a variety of academic imprints With titles ranging from The Liberation of Women to Feminists and State Welfare from Married to the Job to Julia Kristeva this set provides in one place a wealth of important reference sources from the diverse field of gender studies

E-Book Risk and Choice in Maternity Care Andrew Symon, 2006-11-16 This title is directed primarily towards health care professionals outside of the United States This book explores the complex interrelationship between risk and choice in maternity care taking a close look at how high and low risk are defined and what impact this has on a woman's ability to exercise informed choices throughout pregnancy It offers an international collaboration that highlights different perspectives on debated issues with chapters on maternity care in the UK United States Australia and Ireland contributed by midwives obstetricians risk management experts and sociologists The aim of this book is to illustrate the changing reality of risk management as it relates to maternity care and to highlight risk management concerns that may limit the choices available to pregnant women Clarifies how applications of risk affect the choices pregnant women are able to exercise Locates pregnancy risk considerations within the overall scheme of risk management Analyzes practitioners responses to the requirements of risk management Presents risk management and choice from the risk manager's perspective providing an understanding of risk as a macro concept in health care Highlights medico legal opinions on exercising choice underscoring the need for accurate information and the ability to make informed decisions Two chapters examine women s perspectives on risk labeling and the impact this has on choice one in which the concept of safety within maternity care is discussed and one in which the views of women with defined risk factors are explored and their ability to make choices is evaluated Two chapters written by health service risk managers discuss the differences between an inner city approach and a rural approach to the debate surrounding risk and choice Discusses midwifery s focus on normality in childbirth and considers how this viewpoint affects the risk dialogue including a chapter on clinical trends in maternity care An obstetric perspective on risk refutes criticisms of obstetricians as being more likely to impose risk labels and limit choices by discussing how risks and choices are presented and considered within obstetric care Explores the debate surrounding a woman's right to have a home birth in Ireland in light of its risk management climate Two chapters discuss the collaboration between service users midwives and obstetricians in Australia regarding the organization and delivery of maternity care as well as the views concerning risk among indigenous Australians Perspectives from nurse midwives in the U S discuss the complex relationships among nurse midwives obstetricians and pregnant women with regard to choice including views on risk within immigrant communities Natal Signs: Cultural Representations of Preguancy, Birth and Parenting Nadya Burton, 2015-09-01 Natal Signs Cultural

Representations of Pregnancy Birth and Parenting explores some of the ways in which reproductive experiences are taken up in the rich arena of cultural production The chapters in this collection pose questions unsettle assumptions and generate broad imaginative spaces for thinking about representation of pregnancy birth and parenting They demonstrate the ways in which practices of consuming and using representations carry within them the productive forces of creation Bringing together an eclectic and vibrant range of perspectives this collection offers readers the possibility to rethink and reimagine the diverse meanings and practices of representations of these significant life events Engaging theoretical reflection and creative image making the contributors explore a broad range of cultural signs with a focus on challenging authoritative representations in a manner that seeks to reveal rather than conceal the insistently problematic and contestable nature of image culture Natal Signs gathers an exciting set of critically engaged voices to reflect on some of life s most meaningful moments in ways that affirm natality as the renewed promise of possibility

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