

# Foot Reflexology Guide for Massage Therapists



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- 2 – Pituitary
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- 4 – Neck
- 5 – Lungs

- 6 – Eyes
- 7 – Ear
- 8 – Shoulder
- 9 – Thymus
- 10 – Heart

# Reflexology A Basic Guide

**N Noddings**



## **Reflexology A Basic Guide:**

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