Psychological Change in Adulthood

Longitudinal Studies of Adult Psychological Development, K. WARNER SCHAIE, Ed. Guilford, New York, 1983. xiv, 332 pp., illus. \$32.50. Adult Development and Aging.

Students of individual and group differences in intellectual abilities are well ware of the depressing scenario for aging found in the early cross-sectional comparisons of different people in different stages of life. From 1920 to 1950 study after study reported intellectual declines beginning in early adulthood (the middle 20's) with still further declines following in each succeeding decade of life. Furthermore, formal education offered no protection. The declines were as steep for those with college degrees as they were for those with only grade school education.

These gloomy prospects were considerably improved as soon as the results of longitudinal studies in which the same individuals were tested on more than one occasion became known. Here the investigators found significant increases in adult abilities over the first 30 years of adulthood. This finding held for those whose education ended with high school as well as for those with college degrees. By 1965, Leona Tyler and others were concluding that early adulthood declines were not then occurring and probably never had. The higher scores for the younger adults in the early cross-sectional studies could be accounted for by the increasing opportunities through the 1920's, '30's, and '40's "for individuals to develop in stimulating surroundings." It is tempting to speculate about trends in the stimulating quality of our schools and homes for the '60's, '70's, and '80's. Do the recent declines in Scholastic Aptitude Test scores indicate a reversal of the pattern, so that now younger adults are the disadvantaged cohort?

The two chapters written by the editor of this book are the most informative ones in the volume because they provide the clearest impressions of the complexities lurking behind seemingly straightforward longitudinal designs that actually confound the effects of age, cohort, and time of measurement. Schaie has led the way in developing strategies (cohortsequential, time-sequential, and crosssequential) that can separate these influences and also minimize the threats to both internal and external validity in these longitudinal quasi experiments. The material he provides from his Seattle Longitudinal Study (nine birth cohorts, seven of them tested four times between 1956 and 1977) is well organized and

presented in such a way as to reveal the "natural history" of the project. These data support the claim that adult abilities usually peak in the early 50's and do not show a significant decline thereafter until the mid-70's. The importance of correcting for cohort and time-of-testing differences is shown by the fact that the uncorrected data indicate that number ability declines first and most, whereas the corrected figures show later and less decline for number than for any other primary ability.

Although they are not a major focus in either of his chapters. Schaie does consider the practical implications of his findings. He thinks his data are relevant to a host of personnel decisions that are now somewhat controversial. The hiring and retirement of older workers are good examples. Another practical concern derives from the data showing that certain personality styles appear to delay intellectual decline. He is quite optimistic about the possibilities of developing educational and environmental interventions that could assist in the maintenance of intellectual functions beyond the period where "natural" decline sets in.

The six other studies in the book represent the efforts of independent groups of researchers to explore issues similar to those discussed by Schaie. What is missing is a comparison of the results from the different projects. It would have been very helpful to have in one place the answers from each study to the following four questions posed by Schaie: Does intelligence change uniformly or in different ability patterns? At what age is there a reliably detectable age decrement in ability and what is its magnitude? What are the patterns of generational differences and what is their magnitude? What accounts for individual differences in intraindividual change in intellectual function across adulthood?

It is with respect to the last of Schaie's questions that the projects vary most in approach. Jarvik and Bank examined aging in both identical and fraternal twins and found that chromosome loss related to ability declines in women but not men. Siegler reports that subjects from the Duke project showed significant (but complex) relationships between continued mental functioning and coronary heart disease and hypertension. Bray and Howard found that success as an AT&T manager was related not only to current intellectual standing but to intellectual and personality assessments made 20 years earlier. The personality tests used in this study were different from those employed by Schaie, and there is not enough information provided to permit the reader to determine the comparability of outcomes in the personality domain.

Another problem concerns the lack of good information in most of the studies about the bias introduced by the use of volunteer subjects. Longitudinal studies are particularly vulnerable to this difficulty because considerable testing is almost always involved. In some studies fewer than one-third of the eligible subjects actually participated. It is easy to imagine that many study volunteers are unusual in intellect, personality, and motivation.

But perhaps I am asking too much. The projects reported here are all important ones, and it is handy to have accounts of them in one volume. The average age of our population continues to increase, and these studies of aging will grow in influence and relevance for policy decisions.

JOSEPH M. HORN

Department of Psychology, University of Texas, Austin 78712

A Program for the Gifted

Academic Precocity. Aspects of Its Development. Camilla Persson Bennow and Julian C. Stanley, Eds. Johns Hopkins University Press, Baltimore, 1984. aiv, 217 pp. \$22.50; paper, \$7.50. Based on a symposium, Baltimore, Nov. 1980.

This volume assembles a series of papers originally presented at a conference marking the tenth anniversary of the "Search for Mathematically Precocious Youth" (SMPY) program. This program was established in 1971 at Johns Hopkins University by Julian Stanley and has since expanded to four other university sites around the country. Its purpose is to search for talented students in mathematics at about the junior high school age. The search is conducted through the administration of standard aptitude tests. The top 5 percent of the students are then provided a variety of acceleration activities in mathematics.

These opportunities include both content acceleration, the earlier introduction of subjects such as algebra and geometry in the students' programs, and student acceleration, the moving of the students into higher levels of the educational system. Occasionally, this means radical acceleration, moving outstanding junior high students five or six years ahead of their age group into university programs.

Longitudinal Studies Of Adult Psychological Development

Mark Tennant

Longitudinal Studies Of Adult Psychological Development:

Longitudinal Studies of Adult Psychological Development Klaus Warner Schaie, 1983 Handbook of the Psychology of Aging James E. Birren, K Warner Schaie, 2001-08-02 The Handbook of the Psychology of Aging has become the definitive reference source for information on the psychology of adult development and aging The Fifth Edition provides comprehensive reviews of research on biological and social influences on behavior and age related changes in psychological function In addition to covering environmental influences on behavior and aging and gender differences in aging new chapters in the Fifth Edition discuss wisdom creativity and technological change and the older worker This handbook is an essential reference for researchers in adult development and gerontology and suitable as an advanced textbook for courses on the psychology of aging Intellectual Development in Adulthood K. Warner Schaie, 1996-01-26 K Warner Schaie analyses his comprehensive study of aging s effects on intelligence Developmental Influences on Adult Intelligence K. Warner Schaie, 2005-02-03 Adult cognitive development is one of the most important yet neglected aspects in the study of human psychology Although the development of cognition and intelligence during childhood and adolescence is of great interest to researchers educators and parents they assume that this development stops progressing in any significant manner when people reach adulthood In fact cognition and intelligence do continue to progress in very significant ways In Developmental Influences on Adult Intelligence Warner Schaie lays out the reasons why we should continue to study cognitive development in adulthood and presents the history latest data and results from the Seattle Longitudinal Study SLS which now extends to over 45 years The SLS is organized around five guestions Does intelligence change uniformly throughout adulthood or are there different life course ability patterns At what age and at what magnitude can decrement in ability be reliably detected What are the patterns and magnitude of generational differences What accounts for individual differences in age related change in adulthood Can the intellectual decline that increases with age be reversed by educational intervention From his work on the SLS Schaie derived a conceptual model that he presents in this volume The model represents his view on the factors that influence cognitive development throughout the lifespan and provides a rationale for the various influences that he investigated genetic factors early and current family environment life styles the experience of chronic disease and various personality attributes The data in this volume include the 1998 longitudinal cycle of the SLS In light of both new data and revised analyses psychometric and neuropsychological assessments have been linked in long term data to aid in the early identification of risk for dementia in later life Schaie also presents new data and conclusions on the impact of personality on cognition The volume includes correlation matrices and web access information for select data sets that might be useful for secondary analysis or as examples for exercises in methods classes Developmental Influences on Adult Intelligence is an important resource for researchers and students in developmental cognitive and social psychology **Essentials of** WAIS-IV Assessment Elizabeth O. Lichtenberger, Alan S. Kaufman, 2009-07-31 Essentials of WAIS IV Assessment Complete

coverage of administration scoring interpretation and reporting Expert advice on avoiding common pitfalls Conveniently formatted for rapid reference Quickly acquire the knowledge and skills you need to confidently administer score and interpret the WAIS IV Coauthored by Alan Kaufman who was mentored by David Wechsler the creator of the Wechsler scales Essentials of WAIS IV Assessment provides beginning and seasoned clinicians with comprehensive step by step guidelines to administering scoring and interpreting this latest revision of the Wechsler Adult Intelligence Scale Like all the volumes in the Essentials of Psychological Assessment series this book is designed to help busy mental health practitioners quickly acquire the basic knowledge and skills they need to make optimal use of a major psychological assessment instrument Each concise chapter features numerous callout boxes highlighting key concepts bulleted points and extensive illustrative material as well as test questions that help you gauge and reinforce your grasp of the information covered Offering a clinically rich and innovative theory based interpretive system as well as a neuro psychologically based interpretive approach articulated in detail by Dr George McCloskey in an invited chapter this book offers state of the art interpretation of the most popular intelligence test for adults In addition the book is packaged with an accompanying CD ROM containing scoring tables case report material worksheets and a user friendly software program that fully automates the interpretive system making Essentials of WAIS IV Assessment the best and most authoritative resource of information on this test Note CD ROM DVD and other supplementary materials are not included as part of eBook file Cognitive Development in Adulthood Mark L. Howe, Charles J. Brainerd, 2012-12-06 For some time now the study of cognitive development has been far and away the most active discipline within developmental psychology Although there would be much disagreement as to the exact proportion of papers published in developmental journals that could be considered cognitive 50% seems like a conservative estimate Hence a series of scholarly books devoted to work in cognitive development is especially appropriate at this time The Springer Series in Cognitive Development contains two basic types of books namely edited collections of original chapters by several authors and original volumes written by one author or a small group of authors The flagship for the Springer Series is a serial publication of the advances type carrying the subtitle Progress in Cognitive Development Research Each volume in the Progress sequence is strongly thematic in that it is limited to some well defined domain of cognitive developmental research e g logical and math ematical development development of learning All Progress volumes will be edited collections Editors of such collections upon consultation with the Series Editor may elect to have their books published either as contributions to the Progress sequence or as separate volumes All books written by one author or a small group of authors are being published as separate volumes within the series A fairly broad definition of cognitive development is being used in the selection of books for this series The Concise Corsini Encyclopedia of Psychology and Behavioral Science W. Edward Craighead, Charles B. Nemeroff, 2004-04-19 Edited by high caliber experts and contributed to by quality researchers and practitioners in psychology and related fields Includes over 500 topical entries Each entry features suggested readings

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Attachment from Infancy to Adulthood Klaus E. Grossmann, Karin Grossmann, Everett Waters, 2006-06-23 This volume provides unique and valuable firsthand accounts of the most important longitudinal studies of attachment Presented are a range of research programs that have broadened our understanding of early close relationships and their role in individual adaptation throughout life In addition to discussing the findings that emerged from each study leading investigators offer rare reflections on the process of scientific discovery Themes addressed include the complexities of designing studies that span years or even decades challenges in translating theoretical constructs into age appropriate assessments how Bowlby s original models have been refined and expanded and how attachment interacts with other key influences on development

Cognitive Development and Individual Variability Anik De Ribaupierre, Thierry Lecerf, 2019-07-01 The standard approach to cognitive development most frequently consists of cross sectional studies comparing different ages and groups while restricted to a single task The necessity to focus on the individual in an idiographic perspective rather than on the task or the variable has been repeatedly emphasized most recently in several very important papers by Nesselroade and Molenaar Variability has also emerged as a crucial characteristic Moreover understanding the developmental construction of a given cognitive achievement is imperative to understanding cognitive functioning in adulthood The general objective of this book is to focus on the individual by studying intraindividual and interindividual variability in various cognitive tasks that is intraindividual variability across items of a given task inconsistency across various cognitive tasks dispersion and or across years intraindividual change and of course on interindividual differences in intraindividual variability. This book presents empirical studies that have been conducted by research groups in Europe and in North America prominent in the field of variability and development or methodology The 26 authors co authors include senior authors such as Lautrey Schmiedek Dauvier van der Maas Ghisletta Stawski MacDonald and de Ribaupierre **Development through Adulthood** Oliver Robinson, 2020-04-04 Now updated for its second edition this illuminating textbook explores the developmental stages and changes during adulthood that define some of the most pivotal years of our lives Relationships cognitive ageing parenthood personality shifts life crises fulfilment funerals friendships retirement and death all are presented in light of psychological theory and the latest research Taking a thematic approach the chapters cover interdependent areas of our cognitive psychological social cultural and moral lives that constitute this fascinating area in psychology Providing an empirical analysis Robinson considers models for understanding behaviour and development methods of collecting data and study design Academically rigorous and elegantly written Development through Adulthood is the perfect guide to classic and current research in the field It is essential reading for students studying adult or lifespan development gerontology and the psychology of ageing It will also appeal to those studying an applied social science and anyone interested in fully understanding adulthood and ageing New to this Edition Spotlights on landmark studies fully updated to cover the latest key

research in each subject area Increased focus on gender issues Real world applications boxes updated with current and relevant examples of important intervention strategies **Human Development in Adulthood** Lewis R. Aiken, 2005-12-21 Human Development in Adulthood is a comprehensive multidisciplinary overview of adult development in a number of areas both personal and societal from mental and physical health to economic and social conditions Variables including race gender economic status and political and religious affiliation are considered in the discussion of such human issues as love and marital relations economic concerns including employment and living conditions violence in its various forms including crime and war aging and death The numerous illustrations chapter summaries and glossary will prove especially useful to Assessing Adolescent and Adult Intelligence Alan S. Kaufman, Elizabeth O. Lichtenberger, 2005-08-05 The classic students text now updated with a new interpretive approach to the WAIS III Assessing Adolescent and Adult Intelligence the classic text from Alan Kaufman and Elizabeth Lichtenberger has consistently provided the most comprehensive source of information on cognitive assessment of adults and adolescents The newly updated Third Edition provides important enhancements and additions that highlight the latest research and interpretive methods for the WAIS III Augmenting the traditional sequential and simultaneousWAIS III interpretive methods the authors present a new approachderived from Cattell Horn Carroll CHC theory This approach combines normative assessment performance relative to age peers with ipsative assessment performance relative to the person s ownmean level Following Flanagan and Kaufman s work to develop asimilar CHC approach for the WISC IV Kaufman and Lichtenbergerhave applied this system to the WAIS III profile of scores alongwith integrating recent WAIS III literature Four appendices present the new method in depth In addition to adetailed description the authors provide a blank interpretiveworksheet to help examiners make the calculations and decisionsneeded for applying the additional steps of the new system and norms tables for the new WAIS III subtest combinations added in this approach Assessing Adolescent and Adult Intelligence remains the premierresource for the field covering not only the WAIS III but also the WJ III the KAIT and several brief measures of intelligence as well as laying out a relevant up to date discussion of the discipline The new theory based interpretive approach for the WAIS III makes this a vital resource for practicing psychologists as well as a comprehensive text for graduate students Psychology and Adult Learning Mark Tennant, 2019-08-29 The fourth edition of Psychology and Adult Learning has been thoroughly updated to encompass shifts in the concerns of adult educators as they respond to changing global social and economic issues It examines the role of psychology in informing adult education practice and explores the seminal traditions of key psychological theories as well as discussing issues and problems in applying them to an understanding of adult learning and development Providing a thoughtful and accessible approach to understanding self and personal change in adult education and with a new emphasis on diversity this new edition has been revised and updated in light of the impact of globalising processes the emphasis on diversity among educators developments in cognitive neuroscience the impact of social media and the theoretical move away

from grand theory It examines the formation of identities and places increased emphasis on how a conception of selfhood lies at the heart of teaching adults Considering adult learning in a variety of contexts topics covered include Humanistic psychology Selfhood in the adult years The relevance of neuroscience Adult intelligence and cognition Behaviourism Group learning Transformative learning Psychology and Adult Learning examines the psychological dimension of adult education work by analysing and critiquing key psychological theories that have informed our understanding It is essential reading for all those who seek a critical account of how psychology informs contemporary adult education theory and practice

Ageing and Mental Handicap James Hogg, Steve Moss, Diana Cooke, 2024-05-10 In the 1980s there was growing interest in the topic of ageing and learning disabilities for two principal reasons First the life expectancy of people with learning disabilities had risen significantly over the previous decades and many once infancy had been survived could expect a life span similar to that of non disabled people Secondly a growing commitment on the part of the government and service providers to make provision for people with disabilities in the community rather than in institutions had focused attention on this group Originally published in 1988 reissued here with a new foreword this book was one of the first on this subject It examines epidemiology and mortality and medical and psychiatric issues compared with non disabled older people It considers how people with learning disabilities change in intellectual and adaptive function with age the nature of family relationships relevant therapeutic programmes and policy and the development of services The book represented a major review of a hitherto neglected topic and would interest gerontologists psychologists and professional health social and educational staff concerned with the welfare of older people with learning disabilities. This book is a re issue originally published in 1988 The language used is a reflection of its era and no offence is meant by the Publishers to any reader by this re publication Annual Review of Gerontology and Geriatrics, Volume 7, 1987 K. Warner Schaie, PhD,1987-11-15 This volume of the ARGG is devoted to the behavioral sciences with particular attention given to topics in experimental and applied psychology With the rapid rate of research in this field of aging the contributors address a number of important basic and applied topics that are underrepresented in other literature Handbook of Psychology, Developmental **Psychology** Irving B. Weiner, Richard M. Lerner, M. Ann Easterbrooks, Jayanthi Mistry, 2012-10-06 Psychology is of interest to academics from many fields as well as to the thousands of academic and clinical psychologists and general public who can t help but be interested in learning more about why humans think and behave as they do This award winning twelve volume reference covers every aspect of the ever fascinating discipline of psychology and represents the most current knowledge in the field This ten year revision now covers discoveries based in neuroscience clinical psychology s new interest in evidence based practice and mindfulness and new findings in social developmental and forensic psychology The Oxford Handbook of Work and Aging Jerry W. Hedge, Walter C. Borman, 2012-03-16 The area of work and aging is complex and multi faceted Its foundation is formed by a wide array of disciplines that both contribute to the complexity of its

understanding and offer fertile promise for research development and application in the years ahead With an ever growing population of older workers many of whom are suggesting they will likely continue to work past traditional retirement age it becomes all the more important that we increase our efforts to develop a more thorough understanding of older workers the nature of their interactions with work and the organizations for which they work and the process of transitioning to retirement Clearly there are huge societal and global challenges that will both inform and influence research and application at the individual and organizational levels The Oxford Handbook of Work and Aging examines the aging workforce from an individual worker organization and societal perspective and offers both an integration of current cross disciplinary knowledge and a roadmap for where research and application should be focused in the future to address issues of an aging workforce The volume is divided into six core sections demography theoretical and methodological issues the older worker organizational strategies for an older workforce individual and organizational perspectives on work and retirement and societal perspectives with an aging workforce Bringing together seasoned authors from diverse academic and professional backgrounds new approaches to recruiting workplace flexibility and the right mix of benefits and incentives are presented as Life-span Perspectives and Social Psychology R. P. Abeles, 2014-02-25 First a way of engaging an older workforce published in 1987 There is a wide gap between life span research and mainstream social psychology and this book strikes a bright spark between these poles promising as a corrective to narrowness and sterility The chapters reflect a wide variety of approaches in social psychology as well as considerable breadth in the range of ideas from life span human development that <u>Life-Span Developmental Psychology</u> Stanley H. Cohen, Hayne W. Reese, 2019-10-25 Dealing with the are brought to bear methodological and data analytic problems in developmental research this book presents solutions advanced from the disciplinary perspectives of psychology behavior analysis and behavioral systems sociology and anthropology Topics addressed include the metatheoretical issues about the relationship between data and theory the identification and analysis of age cohort and time of measurement effects the assessment of quantitative and qualitative change the use of group and single subject designs for control by systematic variation the use of systems methodology to investigate the developmental continuity and organization of behavior the analysis of data from repeated measures designs the use of structural equations and path analysis to test causal hypotheses the use of structured relational matrices to study development and change This unique volume offers students an unusually wide range of research tools for identifying and studying specific developmental problems Theoretical Perspectives on Cognitive Aging Timothy A. Salthouse, 2016-03-23 The phenomenon of age related cognitive decline has long been controversial both in terms of mere existence and with respect to how it is explained Some researchers have dismissed it as an artifact of declining health or lower levels of education and others have attributed it to general changes occurring in the external environment Still other interpretations have been based on the use it or lose it principle known as the Disuse Hypothesis or on the idea that there are qualitative differences in either the structure or the

process of cognition across the adult years Perhaps the most popular approach at present relies on the information processing perspective and attempts to identify the critical processing component most responsible for age related differences in cognition. The primary purposes of this book are first to review the evidence of age related differences in cognitive functioning and then to evaluate the major explanations proposed to account for the negative relations between age and cognition that have been established Included is a discussion of theoretical dimensions and levels of scientific theorizing assumed to be helpful in understanding and evaluating alternative perspectives on cognitive aging The various perspectives are then covered in detail and analyzed The text concludes with observations about the progress that has been made in explaining cognitive aging phenomena plus recommendations for research practices that might contribute to greater progress in the future

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