

Examples of nursing interventions and rationales

Sample nursing interventions and rationales for patients with acute pain

Nursing Interventions	Rationales
Perform a comprehensive assessment of pain. Determine the location, characteristics, onset, duration, frequency, quality, and severity of pain via assessment.	The patient experiencing pain is the most reliable source of information about their pain. Thus, assessment of pain by conducting an interview helps the nurse in planning optimal pain management strategies.
Provide cognitive-behavioral therapy (CBT) for pain management.	These methods are used to provide comfort by altering psychological responses to pain. Cognitive-behavioral interventions include: distraction, guided imagery, eliciting relaxation response, etc.

Sample nursing interventions and rationales for patients with heart failure

Nursing Interventions	Rationales
Auscultate apical pulse, assess heart rate.	Tachycardia is an early sign of heart failure. An increase in heart rate is the body's first response to compensate for reduced cardiac output (CO). Initially, this compensatory response has a favorable effect on cardiac output, but over time, persistent tachycardia is harmful and may worsen heart failure. Appropriate heart rate control has been associated with better clinical outcomes, including decreased hospitalizations and mortality (Yancy et al., 2017).
Give oxygen as indicated by the patient's symptoms, oxygen saturation, and ABGs.	Supplemental oxygen increases oxygen availability to the myocardium and can help relieve symptoms of hypoxemia, ischemia, and subsequent activity intolerance (Giordano, 2005; Haque et al., 1996). The need is based on the degree of pulmonary congestion and resulting hypoxia. Ongoing pulse oximetry monitors the need for and effectiveness of oxygen supplementation.

Nursing Care Planning Diagnosis And Management Third Edition

**Howard K. Butcher, Gloria M.
Bulechek, Joanne M.
Dochterman, Cheryl M. Wagner**

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Life Care Planning and Case Management Handbook, Third Edition Roger O. Weed, 2004 Life Care Planning and Case Management Handbook Second Edition brings together the many concepts beliefs and procedures regarding life care plans into one state of the art publication This second edition of a bestseller is focused on prioritizing and managing the spectrum of services for people with serious medical problems and their families Keeping up with advances in the field this is the most comprehensive reference for everyone concerned with coordinating evaluating assessing and monitoring care

Essentials of Oxygenation Thomas Ahrens, Kimberley A. Rutherford Basham, 1993 *Adult Emergency Nursing Procedures* Jean A. Proehl, 1993 Intended as a working manual with chapters following a uniform format for ease of use Assumes basic nursing knowledge e g history taking aseptic techniques documentation For each procedure describes indications contraindications and cautions equipment patient preparation procedural steps *A Comprehensive Curriculum for Trauma Nursing* Elizabeth W. Bayley, Susan Allyn Turcke, 1992 **Nursing Care Planning** Doris L. Carnevali, 1983

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Care Planning in Children and Young People's Nursing Sonya Clarke, Doris Corkin, 2023-08-15 Care Planning in Children and Young People's Nursing Develop a care program to meet a child's individual needs with this essential guide Even seemingly minor decisions can have a significant impact on the early development of a child so it is essential for children to receive a carefully tailored program designed to meet the needs and concerns of each individual child The second edition of Care Planning in Children and Young People's Nursing adds significant scope and material to the already vital first edition Taking a child young person and family centred approach it offers a comprehensive and accessible discussion of care planning with continuous reference to core principles and nursing values This new edition continues to be a fundamental resource for the planning and execution of high quality nursing care for children and young people Readers of the second edition will also find Detailed case scenarios designed to cultivate discussion and produce greater competence Increased emphasis on the voices of children and young people In depth discussion of care planning for specific conditions including new chapters on Sick Cell Disease Mental Health and Wellbeing of Children and Young People Transition from Children's to Adults Services and more Care Planning in Children and Young People's Nursing is a must have for children's nurses or for any nursing professionals involved in the care of children and young people **A Comprehensive Textbook of Midwifery and Gynecological Nursing, Third Edition** Annamma Jacob, 2012-04 *Intravenous Therapy* Phyllis Fichtelman Nentwich, 1990 National Library of Medicine Current Catalog National Library of Medicine (U.S.), **Nursing Staff Development** Russell C. Swansburg, Laurel C. Swansburg, 1995 Current Catalog National Library of Medicine

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