
M A N A G I N G
Post-Polio

A Guide to Living and Aging Well
with Post-Polio Syndrome

Edited by
Lauro S. Halstead
M.D.

Managing Post Polio A Guide To Living Well With Post Polio

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Managing Post Polio A Guide To Living Well With Post Polio:

Managing Post-polio ,1998 *Managing Post-polio* Lauro S. Halstead,2006 *Post-polio Syndrome* Julie K. Silver,2001-01-01 The effects of polio that occur decades after the disease has run its course weakness fatigue pain intolerance to cold difficulty with breathing and swallowing are often more devastating than the original disease This book on the diagnosis and management of polio related health problems is an essential resource for polio survivors and their families and health care providers Dr Julie K Silver who has both personal and professional experience with post polio syndrome begins the book by defining and describing PPS and providing a historical overview of its diagnosis and treatment Chapters that follow discuss finding good medical care dealing with symptoms maintaining proper nutrition and weight preventing osteoporosis and falls and sustaining mobility Dr Silver reviews the latest in braces shoes assistive devices and wheelchairs and scooters She also explores issues involving managing pain surgery complementary and alternative medicine safe and comfortable living environments insurance and disability and sex and intimacy *Polio and Its Aftermath* Marc Shell,2009-06-30 It was not long ago that scientists proclaimed victory over polio the dread disease of the 1950s More recently polio resurfaced not conquered at all spreading across the countries of Africa As we once again face the specter of this disease along with other killers like AIDS and SARS this powerful book reminds us of the personal cost the cultural implications and the historical significance of one of modern humanity s deadliest biological enemies In *Polio and Its Aftermath* Marc Shell himself a victim of polio offers an inspired analysis of the disease Part memoir part cultural criticism and history part meditation on the meaning of disease Shell s work combines the understanding of a medical researcher with the sensitivity of a literary critic He deftly draws a detailed yet broad picture of the lived experience of a crippling disease as it makes its way into every facet of human existence *Polio and Its Aftermath* conveys the widespread panic that struck as the disease swept the world in the mid fifties It captures an atmosphere in which polio vied with the Cold War as the greatest cause of unrest in North America and in which a strange and often debilitating uncertainty was one of the disease s salient but least treatable symptoms Polio particularly afflicted the young and Shell explores what this meant to families and communities And he reveals why in spite of the worldwide relief that greeted Jonas Salk s vaccine as a miracle of modern science we have much more to fear from polio now than we know **Essentials of Physical Medicine and Rehabilitation E-Book** Walter R. Frontera,Julie K. Silver,Thomas D. Rizzo,2008-07-02 Practical and authoritative this new edition delivers easy access to the latest advances in the diagnosis and management of musculoskeletal disorders and other common conditions requiring rehabilitation Each topic is presented in a concise focused and well illustrated two color format featuring a description of the condition discussion of symptoms examination findings functional limitations and diagnostic testing The treatment section is extensive and covers initial therapies rehabilitation interventions procedures and surgery From sore shoulders in cancer patients to spinal cord injuries *Essentials of Physical Medicine and Rehabilitation* 2nd Edition

provides you with the knowledge you need to face every challenge you confront Offers practical clinically relevant material for the diagnosis and treatment of musculoskeletal conditions Discusses physical agents and therapeutic exercise in the prevention diagnosis treatment and rehabilitation of disorders that produce pain impairment and disability Presents a consistent chapter organization that delivers all the content you need in a logical practical manner Presents a new co editor Thomas D Rizzo Jr MD and a pool of talented contributors who bring you fresh approaches to physical medicine and rehabilitation Offers current evidence and expert guidance to help you make more accurate diagnoses and chose the best treatment option for each patient Features an entirely new section on pain management so you can help your patients reach their full recovery potential Incorporates redrawn artwork that makes every concept and technique easier to grasp Includes updated ICD 9 codes giving you complete information for each disorder

Living with Polio Daniel J. Wilson,2008-11-15 Polio was the most dreaded childhood disease of twentieth century America Every summer during the 1940s and 1950s parents were terrorized by the thought that polio might cripple their children They warned their children not to drink from public fountains to avoid swimming pools and to stay away from movie theaters and other crowded places Whenever and wherever polio struck hospitals filled with victims of the virus Many experienced only temporary paralysis but others faced a lifetime of disability *Living with Polio* is the first book to focus primarily on the personal stories of the men and women who had acute polio and lived with its crippling consequences Writing from personal experience polio survivor Daniel J Wilson shapes this impassioned book with the testimonials of more than one hundred polio victims focusing on the years between 1930 and 1960 He traces the entire life experience of the survivors from the alarming diagnosis all the way to the recent development of post polio syndrome a condition in which the symptoms of the disease may return two or three decades after they originally surfaced *Living with Polio* follows every physical and emotional stage of the disease the loneliness of long separations from family and friends suffered by hospitalized victims the rehabilitation facilitieswhere survivors spent a full year or more painfully trying to regain the use of their paralyzed muscles and then the return home where they were faced with readjusting to school or work with the aid of braces crutches or wheelchairs while their families faced the difficult responsibilities of caring for and supporting a child or spouse with a disability Poignant and gripping *Living with Polio* is a compelling history of the enduring physical and psychological experience of polio straight from the rarely heard voices of its survivors

Polio Alan Hecht,2009 Discusses the history of the poliovirus its effects on the body vaccines and the researchers who discovered them and the threat that this virus still poses

Neurological Rehabilitation Darcy Ann Umphred, PT, PhD, FAPTA,Rolando T. Lazaro, PT, PhD, DPT,2012-08-14 Using a problem solving approach based on clinical evidence *Neurological Rehabilitation* 6th Edition covers the therapeutic management of people with functional movement limitations and quality of life issues following a neurological event It reviews basic theory and covers the latest screening and diagnostic tests new treatments and interventions commonly used in today s clinical practice This edition includes the latest

advances in neuroscience adding new chapters on neuroimaging and clinical tools such as virtual reality robotics and gaming Written by respected clinician and physical therapy expert Darcy Umphred this classic neurology text provides problem solving strategies that are key to individualized effective care UNIQUE Emerging topics are covered in detail including chapters such as Movement Development Across the Lifespan Health and Wellness The Beginning of the Paradigm Documentation and Cardiopulmonary Interactions UNIQUE A section on neurological problems accompanying specific system problems includes hot topics such as poor vision pelvic floor dysfunction and pain A problem solving approach helps you apply your knowledge to examinations evaluations prognoses and intervention strategies Evidence based research sets up best practices covering topics such as the theory of neurologic rehabilitation screening and diagnostic tests treatments and interventions and the patient s psychosocial concerns Information Case studies use real world examples to promote problem solving skills Non traditional approaches to neurological interventions in the Alternative and Complementary Therapies chapter include the movement approach energy approach and physical body system approaches therapies Terminology adheres to the best practices of the APTA as well as other leading physical therapy organizations following The Guide to Physical Therapy Practice the Nagi model and the ICF World Health Model of patient empowerment Updated illustrations provide current visual references NEW chapters on imaging and robotics have been added Updated chapters incorporate the latest advances and the newest information in neuroscience and intervention strategies Student resources on an Evolve companion website include references with links to MEDLINE and more

Polio Daniel J. Wilson, 2009-09-23 A compelling account of the most feared childhood disease of the 20th century and its impact on victims and medical science This new title in the Biographies of Disease series offers a thorough examination of medical and scientific efforts to battle polio from the 19th century identification of the virus to the great 20th century epidemics from the unprecedented campaign to find a vaccine to recent efforts to confront polio in West Africa and South Asia and eliminate it entirely Beyond the science Polio looks at the effects of the disease on individuals and the United States as a whole The book gives readers a sense of what it was like to have polio and to recover from it It also describes how the search for answers to polio led to the rise of one of America s premier medical charities the March of Dimes and how modern physical therapy practices emerged alongside the polio epidemics of the 20th century

Polio Voices Julie K. Silver, 2007-08-30 Incorporating many rare photographs from the family albums of survivors who tell their stories Harvard professor Julie Silver M D and historian Daniel Wilson help readers understand the sheer terror that gripped parents of young children every spring and summer during the first half of the 20th century as polio epidemics ran rampant Interviewed as part of the Polio Oral History Project directed by Silver and funded by Harvard foundations and private donors the people featured in this book describe what is arguably the most feared scourge of modern times Testimonies are included from people who worked in polio wards as well as from those involved in worldwide eradication efforts The book also addresses the emergence of the polio and disability

rights movement the challenges of post polio syndrome and the state of polio research and developments today And it explores the concern that polio could return in an even more vicious form as a result of bioterrorism *The Polio Years in Texas* Heather Green Wooten, 2009-10-25 From the 1930s to the 1950s in response to the rising epidemic of paralytic poliomyelitis polio Texas researchers led a wave of discoveries in virology rehabilitative therapies and the modern intensive care unit that transformed the field nationally The disease threatened the lives of children and adults in the United States especially in the South arousing the same kind of fear more recently associated with AIDS and other dread diseases Houston and Harris County Texas had the second highest rate of infection in the nation and the rest of the Texas Gulf Coast was particularly hard hit by this debilitating illness At the time little was known but eventually the medical responses to polio changed the medical landscape forever Polio also had a sweeping cultural and societal effect It engendered fearful responses from parents trying to keep children safe from its ravages and an all out public information blitz aimed at helping a frightened population protect itself The disease exacted a very real toll on the families friends healthcare resources and social fabric of those who contracted the disease and endured its acute convalescent and rehabilitation phases In *The Polio Years in Texas* Heather Green Wooten draws on extensive archival research as well as interviews conducted over a five year period with Texas polio survivors and their families This is a detailed and intensely human account of not only the epidemics that swept Texas during the polio years but also of the continuing aftermath of the disease for those who are still living with its effects Public health and medical professionals historians and interested general readers will derive deep and lasting benefits from reading *The Polio Years in Texas*

What Psychotherapists Should Know About Disability Rhoda Olkin, 2012-04-06 This comprehensive volume provides the knowledge and skills that mental health professionals need for more effective informed work with clients with disabilities Combining her extensive knowledge as a clinician researcher and teacher with her personal experience as someone with a disability Olkin provides an insider's perspective on critical issues that are often overlooked in training A lucid conceptual framework is presented for understanding disability as a minority experience one that is structured by social legal and attitudinal constraints as well as physical challenges Illuminating frequently encountered psychosocial themes and concerns chapters describe a range of approaches to dealing with disability issues in the treatment of adults children and families Topics addressed include etiquette with clients with disabilities special concerns in assessment evaluation and diagnosis the impact of disability on sexuality and romance as well as pregnancy birthing and parenting the use of assistive technology and devices disability and substance abuse and more Filled with clinical examples and observations the volume also discusses strategies for enhancing teaching training and research

Basic Rehabilitation Techniques Robert D. Sine, 2000 *Basic Rehabilitation Techniques A Self Instructional Guide* has been one of the best selling basic rehabilitation texts used by nurses therapists and students for over 20 years The Fourth Edition details a variety of simple practical easy to apply techniques that have withstood the test of time and have proven to

contribute to efficient and effective clinical care Appropriate for any member of the rehabilitation team this book demonstrates how to improve patient function through training Chapter objectives review questions and self tests facilitate independent study *Library Journal* Melvil Dewey, Richard Rogers Bowker, L. Pylodet, Charles Ammi Cutter, Bertine Emma Weston, Karl Brown, Helen E. Wessells, 2007 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately

Gendering Disability Bonnie G. Smith, Beth Hutchison, 2004 Disability and gender are becoming increasingly complex in light of recent politics and scholarship This volume provides findings not only about the discrimination practised against women and people with disabilities but also about the productive parallelism between the two categories *Encyclopedia of Disability* Gary L Albrecht, 2005-10-07 To read some sample entries or to view the Readers Guide click on Additional Materials in the left column under About This Book The wide range of coverage distinguishes this particular set which was designed to bring current knowledge and experience with disability across a wide variety of places conditions and cultures to both the general reader and the specialist Editor Albrecht University of Illinois at Chicago and over 500 authors from around the world contributed the more than 800 entries drawing in readers from a wide range of studies and interests and helping them to see disability in an entirely new way Highly recommended for academic and large public libraries BOOKLIST star review Obesity Heart disease Vision problems Asthma AIDS Depression Those maimed by land mines machetes bullets bombs and beatings These are just a few examples of how disability is becoming an increasingly common experience in our daily lives Regardless of who we are or where we live disability is with us SAGE Reference is proud to announce the five volume *Encyclopedia of Disability* This Encyclopedia represents the first attempt to bring an authoritative reference resource to the many faces of disability It provides a fascinating entry into the world of disability where minds are expanded prejudices shattered and spirits raised The Encyclopedia answers the question What is disability and why is it important in my life An international editorial board of seventy four editors from the Americas Europe Australia India Japan and China all experts in their own sub fields of disability developed these volumes The result is a multidisciplinary cross cultural and historically grounded resource tool that guides the reader across fields theories debates and practices Key Features Embraces five volumes that improve the reader's understanding and appreciation of the world of disability Volumes 1 4 cover disability A including a Reader's Guide comprehensive bibliography and index and Volume 5 contains a wealth of primary source documents in the field of disability Includes contributions from more than 500 world renowned scholars who have written over 1 000 entries in a clear accessible style with the desire to bring all students researchers and interested readers closer to the daily experience of disability Provides print and Web site references to government documents and data that are rich resources to investigate how disability is measured and treated on an international level Includes a chronology to place the concept of disability in a historical context The *Encyclopedia of Disability* is a must have reference for all academic libraries

large public libraries and any social science medical legal or governmental reference collections Non governmental organizations charitable foundations and law firms will also want to add this set to their collection Senior Editors Jerome Bickenbach Queen s University Scott Brown Dudley Childress Northwestern University Medical School Joseph Flaherty Univeristy of Illinois at Chicago Allen Heinemann Northwestern University Tamar Heller Univeristy of Illinois at Chicago Christopher Keys Univeristy of Illinois at Chicago David Mitchell Univeristy of Illinois at Chicago Trevor Parmenter University of Sydney Australia Mairian Scott Hill Marsh Hills Cottage Tom Shakespeare University of Newcastle Sharon Snyder Univeristy of Illinois at Chicago

Polio Wars Naomi Rogers,2014 A study of Australian nurse Sister Elizabeth Kenny and her efforts to have her unorthodox methods of treating polio accepted as mainstream polio care in the United States during the 1940s A case study of changing clinical care and an examination of the hidden politics of philanthropies and medical societies

The Post-Polio Syndrome: A Guide to Understanding and Managing PPS Pasquale De Marco,2025-05-14 The Post Polio Syndrome A Guide to Understanding and Managing PPS is a comprehensive guide to Post Polio Syndrome PPS a condition that can affect people who have had polio PPS can occur years or even decades after the initial polio infection and can cause a variety of symptoms including fatigue muscle weakness pain and difficulty breathing This book provides up to date information on the symptoms causes and treatment of PPS It also includes chapters on coping with the challenges of PPS and living a full and active life with the condition The Post Polio Syndrome A Guide to Understanding and Managing PPS is written by a team of experts in the field of PPS including doctors physical therapists and occupational therapists The book is written in a clear and concise style and it is packed with practical information that can help people with PPS manage their symptoms and improve their quality of life This book is an essential resource for people with PPS their families and caregivers It is also a valuable resource for healthcare professionals who work with people with PPS The Post Polio Syndrome A Guide to Understanding and Managing PPS is the definitive guide to PPS It is the most comprehensive and up to date book on the subject and it is written by a team of experts in the field This book is a must read for anyone who wants to learn more about PPS Pasquale De Marco is a leading expert on PPS He is a doctor and a physical therapist and he has been working with people with PPS for over 20 years He is the author of several books and articles on PPS and he is a frequent speaker at conferences and workshops on the topic Pasquale De Marco is passionate about helping people with PPS live full and active lives He is dedicated to providing people with PPS with the information and support they need to manage their symptoms and achieve their goals If you like this book write a review on google books

[Aging with a Disability](#) Bryan J. Kemp,Laura Ann Mosqueda,2004-06-15 Paying special attention to the feelings attitudes and needs of people with disabilities three chapters are written by authors who have a disability Aging with a Disability gives students and clinicians a reliable and compassionate handbook for the treatment of this growing population

No Spring Chicken Francine Falk-Allen,2025-07-30 2022 Foreword Indies Finalist in Travel As we age we all begin to have physical difficulties to

contend with In No Spring Chicken Francine Falk Allen a polio survivor who knows a thing or two about living with a disability offers her own take on how to navigate the complications aging brings with equanimity and a sense of humor The handbook is divided into three sections Part I is a jaunt through accessible travel pleasures and pitfalls in several parts of the world Part II addresses the adaptation people who love a handicapped or aging person could make in order to have a lighter more mutually rewarding relationship with him or her as well as advice for physically challenged and aging persons themselves regarding self care exercise pain management healthcare and more and Part III discusses the challenges rewards and logistics of engaging with groups of people who share similar issues Accessible and wryly funny No Spring Chicken is a fun and informative guide to living your best and longest life whatever your physical challenges and whatever your age

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