# Lymphokines

 Cytokines specific to lymphocytes

Many
stimulate B
cell or
cytotoxic T cell
activity.

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## Table 15.7 | Some Cytokines That Regulate the Immune System

Cytokine	Biological Functions
Interleukin-1 (IL-1)	Induces proliferation and activation of T lymphocytes
Interleukin-2 (IL-2)	Induces proliferation of activated T lymphocytes
Interleukin-3 (IL-3)	Stimulates proliferation of bone marrow stem cells and mast cells
Interleukin-4 (IL-4)	Stimulates proliferation of activated B cells; promotes production of IgE antibodies; increases activity of cytotoxic T cells
Interleukin-5 (IL-5)	Induces activation of cytotoxic T cells; promotes eosinophil differentiation and serves as chemokine for eosinophils
Interleukin-6 (IL-6)	Stimulates proliferation and activation of T and B lymphocytes
Granulocyte/ monocyte-macrophage colony-stimulating factor (GM-CSF)	Stimulates proliferation and differentiation of neutrophils, eosinophils, monocytes, and macrophages

### **Lymphokines And Cytotoxic Lymphocytes**

Jiyuan Zhang

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