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Nutritional Sex Control And Rejuvenation (1960)

Raymond W. Bernard

Nutritional Sex Control And Rejuvenation

Hereward Carrington

Nutritional Sex Control And Rejuvenation:

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The Superhuman Lifestyle Radheshyam more, 2024-06-21 This book serves as a transformative resource offering innovative solutions to address a wide array of physical mental emotional familial social national and global health challenges It stands as a comprehensive guide for individuals and society grappling with sexual crises Seekers of spiritual progress practiced Brahmacharya in ancient times but now the situation has changed significantly Now everyone who wants not only personal benefits on the physical mental and spiritual planes but also those who want to build a good society free from the burning problems of sexually transmitted diseases teenage pregnancy and its horrible consequences moral degeneration and the impending extinction of mankind must practice Brahmacharya and inspire others to do the same Originally intended to be the pinnacle of strength the human body has faltered due to a lack of understanding However within these pages lie solutions to reclaim that inherent strength Every avenue towards leading a superhuman lifestyle akin to the remarkable qualities of great scientists Rishis saints spiritual Gurus and accomplished individuals from diverse fields is explored It is our earnest desire that the information and teachings contained herein contribute to the prevention of human degradation and the building of a good society not only for human survival but also for the suprahuman evolution of mankind Survival in the 21st Century: Pleanetary Healers Manual Viktoras H. Kulvinskas, M.S., 2021-05-25 Viktoras Kulvinskas wrote a new introduction for the re issue of this classic on a natural and holistic living foods lifestyle Readers will find a new paradigm in nutrition that promotes a living foods diet as the key to preserving youthfulness reversing the aging process and extending the life span Learn about numerous alternative therapies such as physiognomy iridology zone and color therapy massage medicinal herbs acupressure and yoga And discover the benefits of wheatgrass therapy and water fasts for rejuvenation healing from chronic ailments purification and heightened awareness Recipes for health promoting cooked sprouted and fermented foods are included Contains almost 300 medical journal references The Natural Food of Man Hereward Carrington, 1996-09 This is an attempt to prove from comparative anatomy physiology chemistry and hygiene that the original best and natural diet of man is fruit and nuts Contents the Natural Food of Man the Argument from Comparative Anatomy Argument from Physiol The Solar Plexus Theron Q. Dumont, 1996-09 1918 Contents the Four Brains of Man the Emotional Centre Emotional Control Vitality Awakening the Solar Plexus Using the Solar Plexus Solar Plexus Breathing

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does one become entitled to rights The distinction between the two concepts is a blurred line permanently under construction If the Earnest Englishwoman had been capable of looking 100 years into the future she might have wondered about the human status of chimeras or the ethics of stem cell research Political disclosures and scientific advances have been re locating the human animal border at an alarming speed In this meticulously researched illuminating book Bourke explores the legacy of more than two centuries and looks forward into what the future might hold for humans women and animals

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