



Athletic Training Soap Note

Prepared by: [Your Name]

I. Subjective

• Chief Complaint:	The athlete reports pain in the left ankle after a sprain during a basketball game two days ago. Pain worsens with weight-bearing activities.
• Pain Level:	6/10 on the pain scale, sharp pain with movement, dull ache when at rest.
• History:	Previous ankle sprains in the right ankle. No history of fractures or surgeries.
• Functional Limitation:	Difficulty walking, especially when going upstairs, limited ability to perform sport-specific movements.

II. Objective

Notes On Training

JE Gale



Notes On Training:

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