

# The Remembered Self



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M e m o r y  
i n  
P e r s o n a l i t y*

*Jefferson A. Singer · Peter Salovey*

# Remembered Self Emotion And Memory In Personality

**Jefferson A. Singer**



## **Remembered Self Emotion And Memory In Personality:**

**Remembered Self** Jefferson A. Singer, Peter Salovey, 2010-06-15 A theory for psychologists on the role of memory in personality psychology In *The Remembered Self* Jefferson A. Singer and Peter Salovey persuasively argue that memories are an important window into one's life story revealing characteristic moods, motives, and thinking patterns. Through experimental evidence, clinical case material, and examples from literature, the authors offer a fresh perspective on the role of memory in personality and clinical psychology. Unlike the conventional psychoanalytic approach to memory which concentrates on what is forgotten, Singer and Salovey treat memory in a new and different way with an emphasis on what is remembered. Theirs is a bold new theory of memory and self that is both comprehensive and accessible.

**Autobiographical Memory and the Self** Soljana Cili, Lusia Stopa, 2018-07-17 Autobiographical memory shapes our understanding of ourselves, guides our behaviour, and helps us to develop and maintain relationships with others. The ways in which we interpret and narrate our memories have important implications for our psychological well-being and can sometimes contribute to the onset and maintenance of a variety of psychological disorders. *Autobiographical Memory and the Self: Relationship and Implications for Cognitive Behavioural Therapy* synthesises the growing cognitive, social, personality, and clinical psychological literature on the memory-self relationship. It creates an interdisciplinary dialogue which explores autobiographical memory and its relevance for clinical practice, especially cognitive behavioural therapy (CBT). The authors propose a model for understanding the mechanisms of change involved in therapeutic interventions targeting negative or traumatic memories whilst providing insights into recent debates and avenues for future research. *Autobiographical Memory and the Self* will be useful to clinicians and clinical trainees, researchers, and psychology postgraduate students.

**The Self and Memory** Denise R. Beike, James M. Lampinen, Douglas A. Behrend, 2004-11 How we think of ourselves depends largely on what we remember from our lives, and what we remember is biased in many ways by how we think of ourselves. The complex interplay of the self and memory is the topic of this volume.

**Storying Mental Illness and Personal Recovery** Dorthe Kirkegaard Thomsen, Tine Holm, Rikke Jensen, Majse Lind, Anne Mai Pedersen, 2023-02-09 An exploration of the interplay between mental illness and narrative identity offering pathways to personal recovery.

**Implicit Motives** Oliver C. Schultheiss, Joachim C. Brunstein, 2010-02-18 How do unconscious motivational needs influence physiological, cognitive, affective, and behavioural responses to incentives? How can implicit motives be measured? These are some of the topics this book presents in 18 chapters contributed by leading authorities in the field.

**Clinical Perspectives on Autobiographical Memory** Lynn A. Watson, Dorthe Berntsen, 2015-03-23 This edited collection reviews and integrates current theories and perspectives on autobiographical memory.

**Transitions to School - International Research, Policy and Practice** Bob Perry, Sue Dockett, Anne Petriwskyj, 2013-11-04 This book provides an important compilation and synthesis of current work in transition to school research. The book focuses strongly on the theoretical underpinnings of research in transition to school. It outlines key

theoretical positions and connects those to the implications for policy and practice thereby challenging readers to re conceptualize their understandings expectations and perceptions of transition to school The exploration of this range of theoretical perspectives and the application of these to a wide range of research and research contexts makes this book an important and innovative contribution to the scholarship of transition to school research A substantial part of the book is devoted to detailed examples of transition to school practice These chapters provide innovative examples of evidence based practice and contribute in turn to practice based evidence The book is also devoted to considering policy issues and implications related to the transition to school It records a genuine collaborative effort to bring together a range of perspectives into a Transition to School Position Statement that will inform ongoing research practice and policy The collaborative research policy and practice based development of this position statement represents a world first Basic and Applied Memory Research Douglas J. Herrmann,Chris Hertzog,Cathy McEvoy,Paula Hertel,Marcia K.

Johnson,2013-11-19 Basic researchers unlock the secrets of nature applied researchers unlock the means by which those secrets of nature can change people s lives Neither basic nor applied research has an independent impact These volumes examine the convergence of basic and applied research in the field of memory Volume 1 Theory and Context focuses on the methods for understanding and applying basic memory theory while Volume 2 Practical Applications expands the understanding of practical memory research by providing in depth research examples and findings If the science of memory is to make a significant contribution to society coordinating our basic and applied efforts and determining how they complement each other become of paramount importance These volumes will help in this regard both as textbooks demonstrating how to investigate memory and apply basic memory theory and as reference sources leading to a better understanding of certain problems in basic and applied memory research Readers of these volumes will gain a thorough grasp of the way major themes relate to basic and applied research collaboration how programmatic basic and applied research can be conducted on particular memory problems and the manner in which basic and applied work in major problem areas has been incorporated into the field of memory Both volumes present important information that will be indispensable to researchers and students alike Life and Narrative Brian Schiff,A. Elizabeth McKim,Sylvie Patron,2017

Life and Narrative examines the perennial mystery of how people encounter manage and inhabit a self and a world of their own and others creation and the ramifications of these creations From both literary and social science perspectives this volume grapples with the process of how life and narrative interact with each other **Contextualizing Human Memory** Charles Stone,Lucas Bietti,2015-09-16 This edited collection provides an inter and intra disciplinary discussion of the critical role context plays in how and when individuals and groups remember the past International contributors integrate key research from a range of disciplines including social and cognitive psychology discursive psychology philosophy philosophical psychology and cognitive linguistics to increase awareness of the central role that cultural social and technological contexts

play in determining individual and collective recollections at multiple yet interconnected levels of human experience Divided into three parts cognitive and psychological perspectives social and cultural perspectives and cognitive linguistics and philosophical perspectives Stone and Bietti present a breadth of research on memory in context Topics covered include the construction of self identity in memory flashbulb memories scaffolding memory the cultural psychology of remembering social aspects of memory the mnemonic consequences of silence emotion and memory eyewitness identification multimodal communication and collective remembering Contextualizing Human Memory allows researchers to understand the variety of work undertaken in related fields and to appreciate the importance of context in understanding when how and what is remembered at any given recollection The book will appeal to researchers academics and postgraduate students in the fields of cognitive and social psychology as well as those in related disciplines interested in learning more about the advancing field of memory studies

Understanding Autobiographical Memory Dortha Berntsen, David C. Rubin, 2012-09-27 The field of autobiographical memory has made dramatic advances since the first collection of papers in the area was published in 1986 Now over 25 years on this book reviews and integrates the many theories perspectives and approaches that have evolved over the last decades A truly eminent collection of editors and contributors appraise the basic neural systems of autobiographical memory its underlying cognitive structures and retrieval processes how it develops in infancy and childhood and then breaks down in aging its social and cultural aspects and its relation to personality and the self Autobiographical memory has demonstrated a strong ability to establish clear empirical generalizations and has shown its practical relevance by deepening our understanding of several clinical disorders as well as the induction of false memories in the legal system It has also become an important topic for brain studies and helped to enlarge our general understanding of the brain

*Autobiographical Memory, Narrative Identity, and Mental Health* Shamsul Haque, Jorge Javier Ricarte, Laura Jobson, Fabrice Berna, 2022-07-04 **Knowledge and Memory: the Real Story** Robert S. Wyer, Jr., 2014-01-02 Narrative forms of mental representation and their influence on comprehension communication and judgment have rapidly become one of the main foci of research and theory in not only psychology but also other disciplines including linguistics sociology and anthropology No one has been more responsible for the awakening of interest in this area than Roger Schank and Bob Abelson In their target article they argue that narrative forms of mental representation or stories are the basic ingredients of social knowledge that play a fundamental role in the comprehension of information conveyed in a social context the storage of this information in memory and the later communication of it to others After explicating the cognitive processes that underlie the construction of narratives and their use in comprehension memory and communication the chapter authors consider the influence of stories on a number of more specific phenomena including political judgment marital relations and memory distortions that underlie errors in eyewitness testimony The provocativeness of the target chapter is matched by that of the companion articles each of which not only provides an important commentary on Schank and Abelson s

conceptualization but also makes an important contribution to knowledge in its own right The diversity of perspectives reflected in these articles whose authors include researchers in linguistics memory and comprehension social inference cognitive development social judgment close relationships and social ecology testifies to the breadth of theoretical and empirical issues to which the target chapter is potentially relevant This volume is a timely and important contribution to research and theory not only in social cognition but in many other areas as well      **Early Recollections** Arthur

Clark, 2013-05-13 This book reviews the extensive literature on early recollections and organizes various interpretive systems of evaluating early memories The practitioner will find specific and detailed guidelines for administering and interpreting early recollections to help integrate these memories into counseling and psychotherapy Following a carefully articulated contextual approach to early recollections which synthesizes three perspectives subjective interpersonal and objective come suggestions for using early recollections in the counseling process and a full length case study to explicate the model and demonstrate the utility of using this approach      **Memory of Childhood Trauma** Susan L. Reviere, 1996-06-01 Balanced

systematic and timely this clear and pragmatic guide distills current scientific research on childhood trauma and memory for its relevance to clinical work and the quest for narrative meaning in psychotherapy The book also reviews and integrates psychoanalytic cognitive narrative and neurophysiological theory in order to provide a fair and nuanced account of the literature Controversial issues such as the truth of traumatic memory are addressed as are ethical issues in working with traumatic memory      **Memory and Identity in the Narratives of Soledad Puértolas** Tamara L. Townsend, 2014-09-09

Narratives of contemporary Spanish writer Soledad Puértolas 1947 inducted into the Real Academia Española in 2010 depict the psychological struggles of the individual in postmodern democratic European society Puértolas's realist style emphasizes storytelling and character portrayal and her urban middle class characters seek satisfying interactions with others and a sense of purpose Memory aids characters in their quest for meaning and identity and their use of memory reveals their self perception and outlook on life This book maps four ways in which Puértolas's narratives use memory to approach the fundamental problem of the individual's search for purpose and identity Some characters are burdened by memory in certain texts especially *Das del Arenal* 1992 and *Burdeos* 1986 Reflection upon a painful self defining memory affects their present mood and behavior For some this burden causes them to withdraw or to act irresponsibly others accept and overcome the scars of the past A second type of character takes an escapist approach to memory as seen in *Queda la noche* 1989 Their nostalgic retreat indicates a restless dissatisfaction with the present In a third type of memory a secondary character provides the organizing force behind a protagonist's reminiscences often an extroverted foil to highlight the protagonist's introspective nature Memory of the relationship motivates the protagonist to mentally order his or her own life through the life review process *Una vida inesperada* 1997 and *La se ora Berg* 1998 provide examples Finally in the amnesic mode Puértolas departs from realism to experiment with different forms of amnesia as in *La rosa de plata* 1999 and *Si al atardecer*

llegara el mensajero 1995 Memory loss highlights the centrality of memory to personhood and identity while at the same time it draws attention to the inadequacy of memory to explain the totality of existence Memories That Matter Jefferson A. Singer, 2005 A leading researcher into the role that self defining memories play in the development of personality and identity teaches readers how to use their memories as tools for personal exploration goal achievement and better mental health *Pillar of Salt* Janice Haaken, 1998 Introduces the controversy over recollections of childhood sexual abuse as the window onto a broader field of ideas concerning memory storytelling and the psychology of women *Autobiographical Memory and the Construction of a Narrative Self* Robyn Fivush, Catherine A. Haden, 2003 First Published in 2003 Routledge is an imprint of Taylor Francis an informa company The Autobiographical Self in Time and Culture Qi Wang, 2013-07-26 In this volume Qi Wang traces the developmental social cultural and historical origins of the autobiographical self the self that is made of memories of the personal past and of the family and the community Wang combines rigorous research sensitive survey of real memories and memory conversations and fascinating personal anecdotes into a state of the art book As a marginal woman who grew up in the East and works and lives in the West Wang s analysis is unique insightful and approachable Her accounts of her own family stories extraordinarily careful and thorough documentation of research findings and compelling theoretical insights together convey an unequivocal message The autobiographical self is conditioned by one s time and culture Beginning with a perceptive examination of the form content and function of parent child conversations of personal and family stories Wang undertakes to show how the autobiographical self is formed in and shaped by the process of family storytelling situated in specific cultural contexts By contrasting the development of autobiographical writings in Western and Chinese literatures Wang seeks to demonstrate the cultural stance of the autobiographical self in historical time She examines the autobiographical self in personal time thoughtfully analyzing the form structure and content of everyday memories to reveal the role of culture in modulating information processing and determining how the autobiographical self is remembered Focusing on memories of early childhood Wang seeks to answer the question of when the autobiographical self begins from a cross cultural perspective She sets out further to explore some of the most controversial issues in current psychological research of autobiographical memory focusing particularly on issues of memory representations versus memory narratives and silence versus voice in the construction of the autobiographical self appropriate to one s cultural assumptions She concludes with historical analyses of the influences of the larger social political and economic forces on the autobiographical self and takes a forward look at the autobiographical self as a product of modern technology

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