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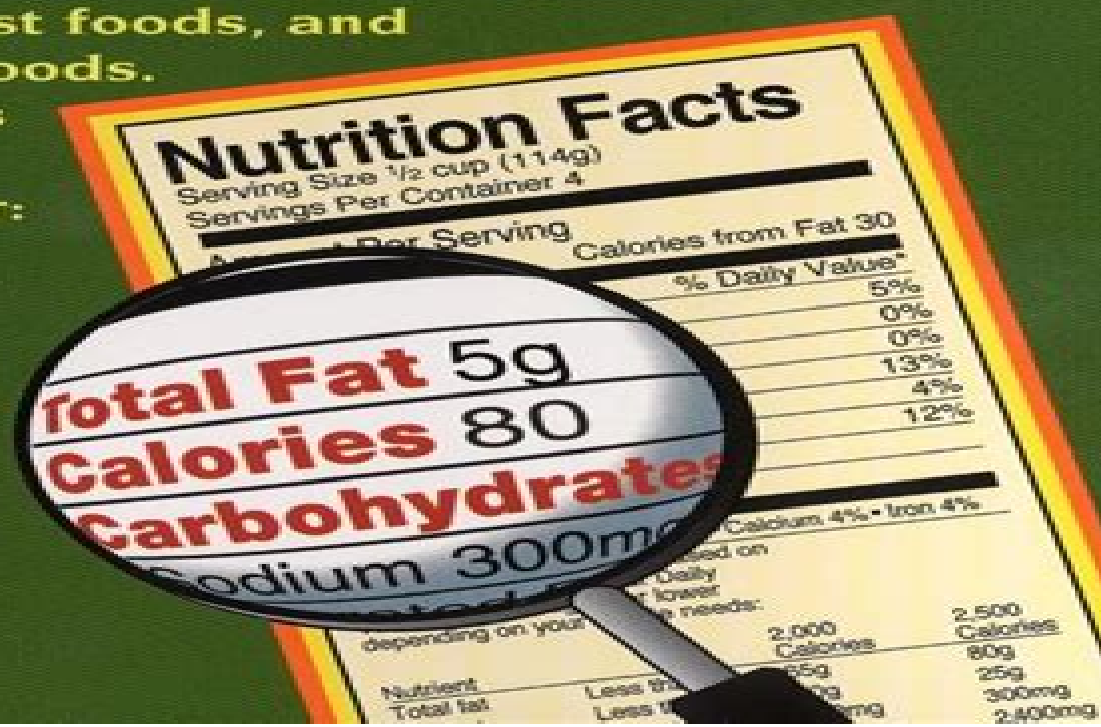
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Nutribase Guide To Carbohydrates Calories And Fat In Your Food

Rachel Sandford



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or purse and will help anyone make smart choices while eating on the run Includes more than sixty five chains in alphabetical order **The NutriBase Guide to Carbohydrates, Calories, and Fat in Your Food** ,2001 *The NutriBase Guide to*

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NutriBase,2001-11-12 This comprehensive reference lists more than 40 000 food items complete with nutritional content for calories fat cholesterol protein carbohydrates sodium and fiber Serving size information makes healthful food choices quick and easy **Feeding Ecology in Apes and Other Primates** Gottfried Hohmann,Martha M. Robbins,Christophe

Boesch,2006-10-19 Publisher Description The NutriBase Nutrition Facts Desk Reference ,2001 From abalone to zucchini this easy to use reference provides information that helps monitor the nutritional intake of thousands of food products

The Publishers Weekly ,1995 The Cumulative Book Index ,1996 A world list of books in the English language **The**

5-Day Miracle Diet Companion Adele Puhn,Karla Dougherty,1996 Daily journal pages to write down what you ate how you felt how you kept moving and a Daily Adele dose to keep you inspired Cover Includes recipes weekly assessments and

anecdotes **The Diabetic Man** Peter A. Lodewick,June Biermann,Barbara Toohey,1996 A complete resource for diabetic men and their families and friends that explains the importance of nutrition exercise and support in coping with diabetes

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