

Local/Global Encounters

Promoting Safer Sex Through Pleasure: Lessons from 15 countries

WENDY KNERR AND
ANNE PHILPOTT

ABSTRACT *The pursuit of pleasure is one of the primary reasons people have sex; and sex is the most common way people contract HIV worldwide. Yet information about how to have (or deliver) pleasurable sex and stay healthy are largely missing from health resources and HIV prevention campaigns. Wendy Knerr and Anne Philpott explore how 'erotophobia' in the health and development sectors is hindering effective safer sex promotion, and highlight best practices from *The Global Mapping of Pleasure, 2nd Edition*, a collection of case studies on pleasure and safer sex communication from countries and contexts around the world.*

KEYWORDS *erotophobia; eroticization; sex; empowerment; condom; HIV prevention*

Introduction

People have sex for many reasons, for example: love and affection, conformity, recognition, power, stress reduction (Browning *et al.*, 2000), for reproduction, as part of a social contract such as marriage, or to earn a living. However, sexual pleasure remains a highly significant, if not primary, motivating factor for sexual behaviour (Pinkerton *et al.*, 2003; Rye and Meaney, 2007; WAS, 2008). Since HIV is spread mainly through sexual transmission (Over and Piot, 1993; WHO, 2003; Boyce *et al.*, 2007),¹ efforts to prevent HIV need to consider the role that sexual pleasure and desire play in sexual behaviour (WAS, 2008).

In the past, pleasure and eroticization² have been elements of grass-roots-level HIV interventions – for example at the beginning of the HIV epidemic in programmes designed by and aimed at men who have sex with men in some high-income countries (Patton, 1989). But this has rarely been the case among other risk groups, in large-scale or state-sponsored programmes, or in the context of international development. Safer sex promotion campaigns and research have been and continue to be overwhelmingly negative, focusing on fear, risk, disease and the negative outcomes of sex (Singhal, 2003; Ingham, 2005; Philpott *et al.*, 2006).

The result is a gap between people's sexual desires and behaviours, and accessible information about how to act on those desires in a healthy way. The health and HIV prevention sectors have an opportunity to fill the gap with information about safer sex

Safer Sex A New Look At Sexual Pleasure

Dominic Upton, Katie Thirlaway



Safer Sex A New Look At Sexual Pleasure:

Safer Sex Peter Gordon, Louise Mitchell, 1988-01 **Sexual Health Promotion in General Practice** Hilary Curtis, 2018-04-19 Sexual Health Promotion in General Practice provides a menu of options and ideas to meet the wide variety of needs in both urban and rural practices and those serving populations with different prevalences of HIV and sexually transmitted diseases The book therefore reflects the strategy of The Health of the Nation It can be used as a practical manual for developing practice policies and as a text for individual reference by the entire primary care team Published in association with the BMA Foundation for AIDS The HIV Project and Camden Islington Community Health Services NHS Trust **Erotics and Politics** Tim Edwards, 2012-11-12 Erotics and Politics provides an interface between the study of sexuality particularly gay male studies and gender primarily feminism In doing so it covers a wide range of issues of concern to gay and feminist movements over the past twenty five years including gay liberational sexuality sado masochism pornography promiscuity personal relationships AIDS and postmodernity The central focus of attention throughout is the nature development and consequence of gay male sexuality and masculinity This book is unique in its coverage of a wide range of issues and connecting subjects which are typically examined separately **Sex, Sexuality and Sexual Health in Southern Africa** Deevia Bhana, Mary Crewe, Peter Aggleton, 2022-07-15 This book Sex Sexuality and Sexual Health in Southern Africa is structured around four major themes gender and sexuality diversity love pleasure and respect gender sexual violence and health and sexuality gender and sexual justice Chapters in this book analyse sexuality in relation to recent developments in the Southern African region and what this might mean for contemporary theory policy and practice Sex sexuality and sexual health are often viewed through a narrow biomedical lens ignoring the fact that they are profoundly social and historical in character The contributors in this book bring to light the entanglements of sexuality with respect recognition rights and mutual respectful pleasure Authors draw attention to partnerships allyships and feminist queer and trans coalitions in the pursuit of sexual health and justice in the region The book will be of interest to final year undergraduate and postgraduate students researchers and activists as well as those working in Women and Gender Studies Critical Sexuality Studies Sexual and Reproductive Health Development Studies Public Health Psychology Education Sociology and Anthropology **Battleground of Desire** Peter N. Stearns, 1999-04-01 In recent years Peter N Stearns has established himself as the foremost historian of American emotional life In books on anger jealousy coolness and body image he has mapped out the basic terrain of the American psyche Now Stearns crowns his work of the past decade with this powerful volume in which he reveals the fundamental dichotomy at the heart of the national character a self indulgent hedonism and the famed American informality on the one hand and a deeply imbedded repressiveness on the other Whether hunting and gathering tribe or complex industrial civilization every social group is governed by explicit and implicit guidelines on how to behave But these definitions vary widely The Japanese worry less about public drunkenness than

Americans Northern Europeans adhere to stricter standards than Americans when it comes to littering Today we swear more now and spit less discuss sex more and death less With an emphasis on sex culture and discipline of the body Stearns traces how particular anxieties take root and how they express inherent tension in contemporary standards and a stubborn nostalgia for the previous nineteenth century regime Battleground of Desire explodes common wisdom about Americans in the twentieth century as normless and tolerant emphasizing that most of us follow a litany of rules governing everything from adultery to bad breath *Sexual Happiness for Men* Maurice Yaffé, Elizabeth Fenwick, 1992 This revised and updated edition gives practical and enlightened advice on sexual relationships including guidelines for safer sex HIV and AIDS At the core are detailed illustrated programmes for building confidence discovering a man's sexual needs thus improving both partners sex life The book works by encouraging self diagnosis with specially devised charts and questionnaires Elizabeth Fenwick is also the author of *The Complete Johnson Johnson Book of Mother and Baby Care* and co author of *Sexual Happiness for Women*

Sexuality and Social Work Julie Bywater, Rhiannon Jones, 2007-10-08 Sexuality remains a neglected and largely taboo area within practice but it can be a demanding aspect of social work Social workers may be familiar with the importance of issues such as racism and ethnicity but sexuality is also a very significant part of people's lives closest relationships and sense of identity This valuable resource introduces the topic using a combination of perspectives to consider sexual diversity and examining related issues across the life course including sexual orientation disability HIV sexual abuse mental health and sexual exploitation Evidence-based Approaches to Sexuality Education James J. Ponzetti, Jr., 2015-09-16 This is the first book to provide a multidisciplinary and global overview of evidence based sexuality education SE programs and practices Readers are introduced to the fundamentals of creating effective programs to prepare them to design new or implement existing programs that promote healthy sexual attitudes and relationships Noted contributors from various disciplines critically evaluate evidence based programs from around the globe and through the lifespan Examples and discussion questions encourage application of the material Guidance for those who wish to design implement and evaluate SE programs in various social contexts is provided Each chapter follows a consistent structure so readers can easily compare programs Learning Goals Introduction Conclusion Key Points Discussion Questions and Additional Resources The editor taught human sexuality and family life education courses for years This book reviews the key information that his students needed to become competent professionals Highlights of the book's coverage include Interdisciplinary comprehensive summary of evidence based SE programs in one volume Prepares readers for professional practice as a Certified Family Life Educator CFLE or sex educator by highlighting the fundamentals of developing and implementing SE programs Exposes readers to evidence based SE programs from various social contexts including families schools communities and religious institutions Considers the developmental context of SE across the lifespan along with programs for LGBT individuals and persons with disabilities Critically reviews SE programs from around the world including the US Europe Asia Africa Latin America and

other developing countries The book opens with an historical overview Part I focus on general frameworks of sexuality education including UNESCO s International Technical Guidelines How to develop deliver and implement evidence based SE programs including ethical concerns are explored in Part II Part III exposes readers to evidence based programs in various social contexts families schools communities and religious institutions Part IV considers the developmental context of SE from early childhood through adolescence and adulthood along with programs for LGBT individuals and persons with disabilities Part V examines diverse global contexts from the US Latin America Europe Asia Africa and other developing countries The book concludes with future trends and directions Ideal for graduate or advanced undergraduate courses in sex education sexual health human sexuality sex or marriage counseling intimate relationships family life education or home school and community services taught in human development and family studies psychology social work health education nursing education and religion and in seminaries and family clinics the book also serves as a resource for practitioners counselors researchers clergy members and policy makers interested in evidence based SE programs or those seeking to become CFLEs or sexuality educators

Forum for the Discussion of New Trends in Education ,1988 Representations of Health, Illness and Handicap Ivana Marková,Robert M. Farr,1995 First Published in 1997 Routledge is an imprint of Taylor Francis an informa company

Promoting Healthy Behaviour Dominic Upton,Katie Thirlaway,2014-02-10 There is ever growing recognition by governments and healthcare professionals of the need to respond to the challenges of preventable diseases especially so called lifestyle diseases and of the influence that social class gender ethnicity as well as individual differences play in health This text explores the fundamental importance of psychology in the development of these lifestyle diseases and how an understanding of psychological models is essential for the healthcare practitioner to predict behaviours and develop evidence based interventions This thoroughly updated edition includes new chapters looking at health inequalities health promotion working with special populations and understanding the role of social and psychological factors in some common conditions These four additional chapters will enable the reader to better understand the place of lifestyle change within wider society Beginning with an introduction to healthy behaviour and the context that health practitioners work in the book goes on to look at issues including The role of psychology in lifestyle change Diet alcohol smoking and active lifestyles Sexual behaviour Chronic illness and vulnerable populations Each chapter includes key features including learning objectives case studies key points and discussion questions as well as how to apply the various research and theories to practice Promoting Healthy Behaviour is a practical and informative guide for your practice both now and in the future and is invaluable reading for healthcare professionals at any stage of their careers

Aids Timothy Edgar,Mary Anne Fitzpatrick,Vicki S. Freimuth,2012-12-06 Prevention through appropriate behavior is the best weapon available to fight further spread of HIV infection However individuals take necessary actions to prevent diseases such as AIDS only when they are properly informed and they feel motivated to respond to the information they possess In order to achieve a clearer

understanding of these two facets of the prevention process this book examines the interplay of the messages individuals receive about AIDS at the public level and the messages exchanged between individuals at the interpersonal level The specific purpose of the book is to provide a theoretical and conceptual foundation for understanding the pragmatic concerns related to the AIDS crisis in the United States and other parts of the world The book represents the first systematic examination of how theory informs our understanding of AIDS and communication processes Contributors explore the issues from a variety of theoretical and conceptual viewpoints Their goal is to stimulate thought which will lead to the pragmatic application of the ideas presented The chapters focus on four general communication concerns interpersonal interaction as it relates to choices individuals make about safer sex practices theory and practice of public campaigns about AIDS intercultural issues and critical and descriptive approaches for understanding news coverage of AIDS

Sex and Society Marshall Cavendish Corporation, 2010-09 Moving beyond a partial view of only biology and psychology this work also examines the wide sociological dimensions of sex

Handbook of Sexuality-Related Measures Robin R. Milhausen, John K. Sakaluk, Terri D. Fisher, Clive M. Davis, William L. Yarber, 2019-06-25 This classic and invaluable reference handbook written for sex researchers and their students has now been completely revised in a new fourth edition It remains the only easy and efficient way for researchers to learn about evaluate and compare instruments that have previously been used in sex research

Encyclopedia of Body Image and Human Appearance, 2012-04-11 This scholarly work is the most comprehensive existing resource on human physical appearance how people's outer physical characteristics and their inner perceptions and attitudes about their own appearance body image affect their lives The encyclopedia's 117 full length chapters are composed and edited by the world's experts from a range of disciplines social behavioral and biomedical sciences The extensive topical coverage in this valuable reference work includes

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- 6 Appearance self change and self management
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Chapters are written in a manner that is accessible and informative to a wide audience including the educated public college and graduate students and scientists and clinical practitioners Each well organized chapter provides a glossary of definitions of any technical terms and a Further Reading section of recommended sources for continued learning about the topic Available online via ScienceDirect or in a limited release print version The *Encyclopedia of Body Image and Human Appearance* is a unique reference for a growing area of scientific inquiry It brings together in one source the research from experts in a variety of fields examining this psychological and sociological phenomenon The breadth of topics covered and the current fascination with this subject area ensure this

reference will be of interest to researchers and a lay audience alike **Sexuality and Fertility After Cancer** Leslie R. Schover,1997-09-30 Such a comprehensive resource for survivors has been long overdue Michelle Melin M P P Director of Patient Services Y ME National Breast Cancer Organization An excellent well researched book that responds to the needs of survivors Anna Meadows M D Director Division of Oncology and Children s Cancer Research Center Children s Hospital of Philadelphia Now as never before cancer survivors are discovering their potential for renewed sexuality which many may never have thought possible In this comprehensive new book the leading authority in the field carefully and reassuringly explains your options and gives you the accurate up to date information you need to take advantage of them Now you can make the decisions that are best for you based on recent medical advances and the newest perspectives This unique guide covers The kinds of sexual problems both men and women are likely to face after treatment and state of the art solutions The most effective infertility treatments How to assess the risks of pregnancy The latest information on body image low sex drive performance anxieties medications sex aids and reconstructive surgery Special topics such as sex after breast or prostate cancer and the specific problems facing gays singles and survivors of childhood cancers Risky Sex Dwayne Curtis Turner,1997 Risky Sex critiques this reasoning through an exploration of the actual lifestyles and sexual behaviors of men in this age group Using as its base a study of the gay community of West Hollywood California this book profiles seven gay men who have engaged in risky sex whether in a monogamous relationship or in other social contexts **Sexuality, Health and Human Rights** Sonia Corrêa,Rosalind Petchesky,Richard Parker,2008-08-18 Sexuality Health and Human Rights surveys the rapid changes taking place at the start of the twenty first century in the social cultural political and economic domains and their impact on sexuality health and human rights *Oxford Textbook of Old Age Psychiatry* Tom Denning,Alan Thomas,Robert Stewart,John-Paul Taylor,2021 Part of the authoritative Oxford Textbooks in Psychiatry series Oxford Textbook of Old Age Psychiatry Third Edition has been thoroughly updated to reflect the developments in old age psychiatry since publication of the Second Edition in 2013 and remains an essential reference for anyone interested in the mental health care of older people **SIECUS Report** Sex Information and Education Council of the U.S.,2001

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