

Reclaiming Your Future: Finding Your Path After Recovery

Johnson, Kendall

Note: This is not the actual book cover

Reclaiming Your Future Finding Your Path After Recovery

Florence AY



Reclaiming Your Future Finding Your Path After Recovery:

Reclaiming Your Future Kendall Johnson,1992-09 This is a self help book for those going through a Twelve Step addiction recovery program Readers are encouraged to go beyond the Twelve Steps and uncover the past sources of their addictive behaviour Reclaiming Your Future Kendall Johnson,1992-01-01 Divorce Recovery: Finding Hope and Healing after the End of Your Marriage Pasquale De Marco,2025-04-24 Divorce is a life shattering experience that can leave you feeling lost alone and uncertain about the future The emotional pain of divorce can be overwhelming and it can be difficult to know how to move forward This comprehensive guide provides you with the tools and resources you need to navigate the challenges of divorce and come out stronger on the other side Written by experts in the field of divorce recovery this book covers a wide range of topics including The emotional toll of divorce The legal and financial aspects of divorce Co parenting and child custody Rebuilding your life after divorce Finding hope and healing With compassion and understanding this book guides you through the grieving process helping you to let go of the past and embrace the possibilities of the future You will learn how to cope with the emotional pain of divorce rebuild your life and find happiness again This book is an invaluable resource for anyone who is going through a divorce or who has recently divorced It is also a helpful guide for friends and family members who want to support their loved ones through this difficult time With practical advice inspiring stories and expert insights this book will help you to Heal from the pain of divorce Rebuild your life and find happiness again Co parent your children successfully Manage the financial and legal aspects of divorce Find hope and healing If you are ready to start your journey to healing and recovery this book is the perfect place to begin If you like this book write a review on google books *When Someone You Love Is in Therapy* Michael Gold,1993-09-17 Whether it is a child a spouse or a close friend is someone close to you is in therapy they need support This book shows what you can do to help them and to help yourself Dr Michael Gold helps you to get past your own fear confusion and misunderstanding so you can give the support your loved one needs most Finding Your Way in a Wild New World Martha Beck,2013-01-01 Author of Oprah s Book Club Pick The Way of Integrity Finding the Path to Your True Self The best known life coach in America Psychology Today and bestselling author of Finding Your Own North Star provides a new transformational program for creating an unconventional life path to a sustainable way of life Martha Beck s program has been practiced by Oprah and featured on Super Soul Sunday Finding Your Way in a Wild New World reveals a remarkable path to the most important discovery you can make the knowledge of what you should be doing with your one wild and precious life It s the thing that so fulfills you that if you knew what it was you d run straight toward it through brambles and fire Life coach and bestselling author of Finding Your Own North Star Martha Beck guides you to find out how you got to where you are now and what you should do next with clear instructions on tapping into the deep wordless knowledge you carry in your body and soul You probably have sensed that you have a higher calling and a quiet power that could change the world you lack only the tools With her sparkling prose Beck

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