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# *Foot & Afield*



## *San Francisco Bay Area*

*A comprehensive hiking guide*



**David Weintraub**

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# San Francisco Bay Area A Comprehensive Hiking Guide

**Ann Marie Brown**



## **San Francisco Bay Area A Comprehensive Hiking Guide:**

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[San Francisco Bay Area](#) David Weintraub, 2004-09-29 This title in the acclaimed Afoot Afield series contains more than 100 carefully described trips in the nine county region Included are all the well known favorites Mt Tamalpais Point Reyes National Seashore Henry W Coe and Mt Diablo state parks and Rancho San Antonio Open Space Preserve The book also features more remote parks and preserves from the rugged Sonoma coast to hidden canyons south of San Jose as well as regional open spaces and country parks from the East Bay hills to the Santa Cruz Mountains [100 Hikes in the San Francisco Bay Area](#)

Marc Soares, 2001 Most hikes within a one hour drive from San Francisco and other Bay Area cities Thorough trailhead directions and maps for each hike plus over 100 black and white and color photos Bonus high country trails near Lake Tahoe Outings from family hikes to challenging backpacking trails Lists trail distance hiking time difficulty level optimum season and more Hidden within and around the congested San Francisco Bay Area is a diverse array of often surprisingly remote hiking regions Discover ridge top trails with spectacular views or secluded scenic creek and lakeside strolls Wander through majestic redwoods or along the ocean s edge 100 Hikes in the San Francisco Bay Area is the most comprehensive hiking guide to the area featuring a variety of hikes for all energy levels [Bay Area Ridge Trail](#) Elizabeth Byers, 2019-04-16 Find Solitude and Dramatic Views Around San Francisco Bay Everyone needs a break from their daily life Escape to the oak studded grasslands and tranquil forests of the Bay Area Ridge Trail Hike bike or ride through nine counties with the official guide endorsed by the Bay Area Ridge Trail Council Discover dramatic coastlines a range of ecosystems former Mexican ranchos vistas that inspired Spanish explorers and more Join author Elizabeth Byers a founding board member of the council and Jean Rusmore and choose from 75 trail segments on a network of paths that ring San Francisco Bay Make your way through parks and public lands like Mount Tamalpais State Park and Sierra Azul Open Space Preserve Trips range from a 2.5 mile excursion over the Benicia Martinez Bridge to a 12.5 mile traverse of Bolinas Ridge You can also link several trips together to create a continuous trek that is 20 40 or even 80 miles long Each trip includes summary information like distance accessibility regulations and facilities as well as an easy to read map Comprehensive trail directions help to ensure that you always know where to go while details on the region s history and culture entertain you along the way Grab the updated full color edition of Bay Area Ridge Trail and start planning your next adventure The perfect outing is closer than you think **San Francisco Bay Shoreline Guide** , 2012-08-31 The San Francisco Bay Shoreline Guide takes us

on a walking and cycling journey around San Francisco Bay unfolding the wonder drama and beauty of one of the great estuaries of the world Robert Redford From the bustling waterfronts of our cities and towns to our wild windswept and thankfully protected natural wetlands this is our fantastic guide to all of the magnificence of the San Francisco Bay Shoreline Grab it and go on world class journeys in our own backyard I ll see you along the trail Doug McConnell Television Producer and Reporter This guide helps to create an awareness and appreciation of San Francisco Bay Sylvia McLaughlin co founder of Save the Bay Praise from the previous edition There are absorbing stories here for the armchair reader and detailed guides for the active explorer Read enjoy and cultivate your roots in the region Harold Gilliam Comprehensive and copiously illustrated this Guide is a treasure house of user friendly information It reveals the equivalent of a national park hitherto unknown in our midst Margot Patterson Doss This book is a complete guide to the Bay Area All that s missing are the smells so perhaps the next edition should be scratch and sniff Robin Williams

**Best Hikes with Kids** Laure Latham,2011-07-28 [CLICK HERE](#) to download two sample hikes from Best Hikes with Kids San Francisco Features more than 100 kid friendly trails A comprehensive guide for families hiking in the Bay Area In this colorful guidebook to the best family trails in the entire Bay Area including Sonoma and Santa Cruz counties author Laure Latham developed her list of hikes not just through personal experience but also by interviewing local parent groups to hear what families really want when they hike with kids Beyond detailed trail descriptions Best Hikes with Kids San Francisco Bay Area features Info on junior ranger kid recognition programs Guidebook section on environmental awareness for kids Trail safety and how to easily identify poison oak and poison hemlock Stroller friendly and dog friendly hikes Trails near campgrounds playgrounds or quality picnic areas Best hikes accessible via Bay Area public transit Best hikes with nearby farms or nature museums

**Moon 101 Great Hikes San Francisco Bay Area** Ann Marie Brown,2018-06-05 Moon Travel Guides Your Adventure Starts Here Whether you re trekking through the wildflowers of the South Bay or the redwood forests of Marin get a breath of fresh air with Moon 101 Great Hikes San Francisco Bay Area Flexible Hiking Options Hikes range from short flat routes suitable for families to day long steep treks for more ambitious hikers with options to extend or shorten many routes Explore the Trails All hikes are marked with difficulty ratings features such as dog friendly or wheelchair accessible and highlights like waterfalls beaches historic sites wildlife and wildflowers Maps and Directions Follow easy to use maps and point by point navigation for each trail including driving directions to trailheads GPS coordinates and public transit options when available Top Hikes Strategic lists like Waterfalls Short Backpacking Trips Peak Vistas and more will help you choose the right hike for you in Napa Sonoma Marin the East Bay San Francisco the Peninsula and the South Bay Trusted Advice Ann Marie Brown shares the experience and knowledge she s gained from hiking biking and camping in and around the Bay Area more than 150 days a year Tips and Tools Find essentials like health and safety information trail etiquette background on the landscape and history of the trails and volunteer opportunities so you can help keep the trails as beautiful as you found them Whether you re a

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