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Sampling Inner Experience in Disturbed Affect



Russell T. Hurlburt

Sampling Inner Experience In Disturbed Affect

**Joel M. Hektner, Jennifer Anne
Schmidt, Mihaly Csikszentmihalyi**



Sampling Inner Experience In Disturbed Affect:

Sampling Inner Experience in Disturbed Affect Russell T. Hurlburt, 2013-06-29 Following up on his groundbreaking 1990 work *Sampling Normal and Schizophrenic Inner Experience* Dr Hurlburt delineates the development of his descriptive sampling method across numerous case studies of depressed anxious bulimic and borderline personalities Though controversial the method effectively demonstrates that an introspective technique can provide compelling vivid descriptions of patients as well as make distinctions between diagnostic groups

Investigating Pristine Inner Experience Russell T. Hurlburt, 2011-06-27 You live your entire waking life immersed in your inner experiences thoughts feelings sensations and so on private phenomena created by you just for you your own way Despite their intimacy and ubiquity you probably do not know the characteristics of your own inner phenomena neither does psychology or consciousness science *Investigating Pristine Inner Experience* explores how to apprehend inner experience in high fidelity This book will transform your view of your own inner experience awaken you to experiential differences between people and thereby reframe your thinking about psychology and consciousness science which banned the study of inner experience for most of a century and yet continued to recognize its fundamental importance The author a pioneer in using beepers to explore inner experience draws on his 35 years of studies to provide fascinating and provocative views of everyday inner experience and experience in bulimia adolescence the elderly schizophrenia Tourette s syndrome virtuosity and more

Self-Observation in the Social Sciences Joshua W. Clegg, 2018-04-17 Notwithstanding the mythical demise of introspection self observation has always been an integral aspect of the social sciences In the century following the behavioral revolution psychology has seen a reduction not so much in the frequency as in the rigor with which self observation is practiced A great deal of self observation has been renamed or obscured as for example self report but this has served only to defer and impoverish important theoretical and technical work This volume which contributes to the development of a rigorous theory of self observation is organized around three general objectives to re animate a discourse on self observation through a historical analysis of various self observation traditions to outline and begin to address some of the unique theoretical challenges of self observation and to elaborate some of the technical and practical details necessary for realizing a program of research dedicated to self observation In the first section of the book three historians of psychology trace the evolution of self observation In the second three scholars who are currently working in contemporary traditions of self observation discuss the basic theoretical and practical challenges involved in conducting self observation research In the final two sections of the book scholars from the phenomenological and narrative traditions trace the history theory and practice of self observation in their respective traditions *Self Observation in the Social Sciences* continues the fine tradition set by Transaction s *History and Theory of Psychology* series edited by Jaan Valsiner It is of interest to psychologists and to those who study methodology within the social sciences

Exploring Inner Experience Russell T. Hurlburt, Christopher L. Heavey, 2006-03-15 Written for the psychologist

philosopher and layperson interested in consciousness Exploring Inner Experience provides a comprehensive introduction to the Descriptive Experience Sampling DES method for obtaining accurate reports of inner experience DES uses a beeper to cue participants to pay attention to their experience at precisely defined moments participants are then interviewed to obtain high fidelity accounts of their experience at those moments Exploring Inner Experience shows a how DES uncovers previously unknown details of inner experience b how the implications of this method affect our understanding of inner experience and the human condition more generally c how DES avoids the traps that destroyed the introspections of the previous century d why DES reports of inner experience should be considered reliable and valid and e how to use the DES method This book will be basic reading for all psychologists philosophers and students interested in consciousness as well as anyone who is seriously concerned with understanding the human condition Series B *Describing Inner Experience?* Russell Hurlburt, Eric Schwitzgebel, 2011-08-19 A psychologist and a philosopher with opposing viewpoints discuss the extent to which it is possible to report accurately on our own conscious experience considering both the reliability of introspection in general and the particular self reported inner experiences of Melanie a subject interviewed using the Descriptive Experience Sampling method Can conscious experience be described accurately Can we give reliable accounts of our sensory experiences and pains our inner speech and imagery our felt emotions The question is central not only to our humanistic understanding of who we are but also to the burgeoning scientific field of consciousness studies The two authors of Describing Inner Experience disagree on the answer Russell Hurlburt a psychologist argues that improved methods of introspective reporting make accurate accounts of inner experience possible Eric Schwitzgebel a philosopher believes that any introspective reporting is inevitably prone to error In this book the two discuss to what extent it is possible to describe our inner experience accurately Hurlburt and Schwitzgebel recruited a subject Melanie to report on her conscious experience using Hurlburt s Descriptive Experience Sampling method in which the subject is cued by random beeps to describe her conscious experience The heart of the book is Melanie s accounts Hurlburt and Schwitzgebel s interviews with her and their subsequent discussions while studying the transcripts of the interviews In this way the authors dispute about the general reliability of introspective reporting is steadily tempered by specific debates about the extent to which Melanie s particular reports are believable Transcripts and audio files of the interviews will be available on the MIT Press website Describing Inner Experience is not so much a debate as it is a collaboration with each author seeking to refine his position and to replace partisanship with balanced critical judgment The result is an illumination of major issues in the study of consciousness from two sides at once **The Blackwell Companion to Consciousness** Susan Schneider, Max Velmans, 2017-05-08 Updated and revised the highly anticipated second edition of The Blackwell Companion to Consciousness offers a collection of readings that together represent the most thorough and comprehensive survey of the nature of consciousness available today Features updates to scientific chapters reflecting the latest research in the field

Includes 18 new theoretical empirical and methodological chapters covering integrated information theory renewed interest in panpsychism and more Covers a wide array of topics that include the origins and extent of consciousness various consciousness experiences such as meditation and drug induced states and the neuroscience of consciousness Presents 54 peer reviewed chapters written by leading experts in the study of consciousness from across a variety of academic disciplines

Exploring the Nature, Content, and Frequency of Intrapersonal Communication Thomas M. Brinthaup,Alain Morin,Małgorzata M. Puchalska-Wasył,2020-12-23 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office frontiersin.org about contact

Inner Experience and Neuroscience Donald D. Price,James J. Barrell,2012-08-03 A proposal for merging a science of human consciousness with neuroscience and psychology The study of consciousness has advanced rapidly over the last two decades And yet there is no clear path to creating models for a direct science of human experience or for integrating its insights with those of neuroscience psychology and philosophy In Inner Experience and Neuroscience Donald Price and James Barrell show how a science of human experience can be developed through a strategy that integrates experiential paradigms with methods from the natural sciences They argue that the accuracy and results of both psychology and neuroscience would benefit from an experiential perspective and methods Price and Barrell describe phenomenologically based methods for scientific research on human experience as well as their philosophical underpinnings and relate these to empirical results associated with such phenomena as pain and suffering emotions and volition They argue that the methods of psychophysics are critical for integrating experiential and natural sciences describe how qualitative and quantitative methods can be merged and then apply this approach to the phenomena of pain placebo responses and background states of consciousness In the course of their argument they draw on empirical results that include qualitative studies quantitative studies and neuroimaging studies Finally they propose that the integration of experiential and natural science can extend efforts to understand such difficult issues as free will and complex negative emotions including jealousy and greed

Experience Sampling Method Joel M. Hektner,Jennifer Anne Schmidt,Mihaly Csikszentmihalyi,2007 No further information has been provided for this title

The Oxford Companion to Consciousness Tim Bayne,Axel Cleeremans,Patrick Wilken,2014-02-27 Consciousness is undoubtedly one of the last remaining scientific mysteries and hence one of the greatest contemporary scientific challenges How does the brain's activity result in the rich phenomenology that characterizes our waking life Are animals conscious Why did consciousness evolve How does science proceed to answer such questions Can we define what consciousness is Can we

measure it Can we use experimental results to further our understanding of disorders of consciousness such as those seen in schizophrenia delirium or altered states of consciousness These questions are at the heart of contemporary research in the domain Answering them requires a fundamentally interdisciplinary approach that engages not only philosophers but also neuroscientists and psychologists in a joint effort to develop novel approaches that reflect both the stunning recent advances in imaging methods as well as the continuing refinement of our concepts of consciousness In this light the Oxford Companion to Consciousness is the most complete authoritative survey of contemporary research on consciousness Five years in the making and including over 250 concise entries written by leaders in the field the volume covers both fundamental knowledge as well as more recent advances in this rapidly changing domain Structured as an easy to use dictionary and extensively cross referenced the Companion offers contributions from philosophy of mind to neuroscience from experimental psychology to clinical findings so reflecting the profoundly interdisciplinary nature of the domain Particular care has been taken to ensure that each of the entries is accessible to the general reader and that the overall volume represents a comprehensive snapshot of the contemporary study of consciousness The result is a unique compendium that will prove indispensable to anyone interested in consciousness from beginning students wishing to clarify a concept to professional consciousness researchers looking for the best characterization of a particular phenomenon

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