



Shamanic Healer

Pamela Rae Heath, M.D.



Shamanic Healer:

The Book of Shamanic Healing Kristin Madden, 2015-01-08 This groundbreaking book offers a complete healer's toolkit for shamanic practitioners. Along with an in-depth discussion of the theories, practices, and ethics of shamanic healing work, this guide gives you first-hand accounts of healing experiences from the author's practice, exercises to help you develop your skills and abilities, and ceremonies to use in your own practice. The Book of Shamanic Healing covers all aspects of shamanic healing in a practical manner with instructions on how to create sacred space and healing ceremonies. Partner with your drum to create healing. Develop your shamanic and psychic abilities. Free your voice and seek your power song. Communicate quickly and easily with spirit guides. Explore your shadow side. Perform soul retrievals and extractions safely. Use dreams, stones, crystals, and colors in healing work. Connect to the healing universe and live in balance. Shaman, Healer, Sage Alberto Villoldo, Ph.D., 2000-12-19 A renowned medical anthropologist offers a practical and revolutionary program to alleviate the effects of disease, prevent illness, and revitalize relationships using traditional shamanic healing methods. At last, a deeply committed seeker, scholar, and teacher has brought the rich legacy of Native America forward to take its rightful place among the world's great spiritual traditions. Rudolph Ballentine, M.D., author of *Radical Healing*. Alberto Villoldo has studied shamanic healing techniques among the descendants of the ancient Inkas for decades. In *Shaman Healer*, Sage, he draws on his vast body of knowledge to create a program based on the ancient healing methods used by these shamans, methods that have long been inaccessible to most of the world. Villoldo explains the Luminous Energy Field, the central concept to shamanic healing that is believed to surround our material bodies, and teaches us how to see and influence the imprints that disease leaves on this field and thereby heal ourselves and others as well as ward off illness. Villoldo masterfully weaves personal anecdotes throughout his teachings that showcase the power of the energy medicine of the Americas. In one story, he recounts when antibiotics failed to control his pneumonia after he contracted the infection in Peru. His mentor, the shaman Don Antonio, used the process of Illumination to remove the toxins that had invaded Villoldo's body. These same shamanic techniques later allowed Villoldo to remove stagnant energy from a young woman whose marriage was suffering due to her past experience with abandonment. With the aid of shamanic work, the woman regained her trust in others, and her marriage was revitalized. Rich with ancient wisdom and contemporary techniques, *Shaman Healer*, Sage, is an invaluable resource to helping ourselves and others. Shamanic Healing, Itzhak Beery, 2017-05-25 A story-based guide to the techniques of shamanic healing. Details indigenous medicine tools and soul healing techniques, including diagnosis and energy cleansing with plants, stones, fire, flower essences, and sound. Offers protection and self-defense techniques for confronting negative energies such as spirit attachment and possession. Shares healing stories that each address a specific condition such as panic attacks, PTSD, depression, cancer, chronic pain, grief, and relationship problems. Shamanic healing is making an astonishing comeback all over the modern technology-driven and consumerist world. Millions of people have felt

called to integrate both ancient and modern healing systems into a new model of healthcare But what makes shamanic healing so powerful Why have indigenous healers kept it alive for thousands of years Revealing his personal journey and stories from his more than 20 years as a shamanic healer Itzhak Beery explains who a shaman is and how he or she works demystifying and destigmatizing the shamanic healing worldview He shares shamanic wisdom from two of his teachers a Yachak from Ecuador and a well known Brazilian Pag He details indigenous medicine tools and soul healing techniques that you can practice with your own clients or in your own personal healing including diagnosis and energy cleansing with plants stones fire rum eggs flower essences and sound He shares protection and self defense techniques for confronting negative energies such as spirit attachment and possession Sharing healing stories that each address a specific condition such as panic attacks PTSD depression cancer chronic pain grief and relationship problems Beery explains how a shaman is not responsible for curing everyone and will consult with the patient s soul to determine its needs which sometimes includes learning from the illness experience By sharing these healing methods Beery reveals the importance of shamanic practices in resolving our 21st century emotional and physical problems and their importance to the future of humanity and the planet

Shaman Wisdom, Shaman Healing Michael Samuels, M.D., Mary Rockwood Lane, PH.D., 2010-12-22 Praise for Michael Samuels and Mary Rockwood Lane Filled with the truth about how spirit can heal us I was very moved by this powerful book Christiane Northrup M D on Spirit Body Healing Dr Michael Samuels provides us with new tools and ways of thinking about our capacity to heal He has been a wonderful teacher for me and can be for you His work is inspiring Bernie Siegel M D Healing is a creative process These heartfelt stories and beautiful visualizations inspire the reader to see all life as a healing journey David Simon M D on Spirit Body Healing Dr Michael Samuels is one of the leading pioneers in exploring creativity as an important part of every person s healing journey Dean Ornish M D Ancient spiritual wisdom practical results Long before there were medical doctors surgical procedures and prescription drugs shaman healers learned to combat illness and restore physical health using the tools and skills of the body mind and spirit Shaman Wisdom Shaman Healing shows you how to harness the power of these ancient shamanic traditions to expand your ability as a healer This practical prescriptive guide offers a step by step program that shows you how to focus the power of your mind open yourself to your visionary life and allow the healing spirit to flow through you You ll learn how to heal yourself and others using proven techniques drawn from both Native American and Asian traditions including Heeding the call Creating a sacred space Inviting spirit through prayer Using guided imagery and moving healing energy Invoking spirit animals and the spirits of ancient ones Using a medicine wheel and cultivating visions **The Shamanic Handbook of Sacred Tools and Ceremonies** Barbara Meiklejohn-Free, Flavia Kate Peters, 2015-07-31 The Shamanic Handbook of Sacred Tools and Ceremonies is the perfect companion book for all budding and well practiced shamans wise men and women who partake in sacred ceremonial ritual and healing work It also serves as an excellent introduction into the practical side of earth centred traditions As you begin

your path as a Shaman of the One who knows your journey will be one of remembrance as you connect with the oldest and most holistic traditions of the ancestors

A Shamanic Way: Penny Randall, 2014-02

You have all the pieces
You have the rhythm of the ritual
You have the gift
Now you have YOU

A Shamanic Way Rituals Rattles and Recipes for Awakening Your Inner Spirit PENNY RANDALL PALMOA CERVANTES

A Shamanic Way Rituals Rattles and Recipes for Awakening Your Inner Spirit will teach you how to approach your life in A Shamanic Way In so doing you will eliminate blocks identify your path and strategy for achievement heal old wounds allowing you to approach your life from a different perspective validate your worthiness and change your patterns allowing access to the magic of your life

The Shaman's Path to Recovery Pasquale De Marco, 2025-07-16

In the realm of ancient healing practices shamanism stands as a beacon of spiritual wisdom and transformative power This comprehensive guide invites you on a profound journey into the world of shamanic healing offering a roadmap for those seeking to restore harmony and balance to their lives Within these pages you will embark on an immersive exploration of shamanic principles and practices gaining insights into the nature of shamanic healing the role of the shamanic healer and the profound impact shamanism can have on modern life Discover the rich history and diverse expressions of shamanism across cultures and delve into the practical applications of shamanic techniques for healing physical emotional and spiritual ailments As you journey through this book you will discover the essential elements of shamanic healing including soul retrieval extraction power animal retrieval spirit releasement and divination You will learn how to create sacred space and healing ceremonies partner with your drum to create healing develop your shamanic and psychic abilities and explore your shadow side Whether you are a seasoned practitioner or a curious seeker this book provides a wealth of knowledge and guidance to deepen your understanding of shamanism and its transformative potential Embrace the wisdom of the shamans and embark on a journey of self discovery healing and profound transformation Step into the circle of the sacred and let the spirit of shamanism guide you on a path of healing and renewal Discover the power within you to heal yourself your community and the world around you Delve into the Heart of Shamanic Healing and Discover The profound teachings of the shamans and the wisdom of the spirit world The essential elements of shamanic healing including soul retrieval extraction and power animal retrieval How to create sacred space and healing ceremonies to promote healing and transformation Techniques for partnering with your drum to create healing and connect with the spirit world Methods for developing your shamanic and psychic abilities including journeying divination and spirit communication The importance of exploring your shadow side and integrating your inner darkness If you like this book write a review

The Temple of Shamanic Witchcraft Christopher Penczak, 2005

Is shamanism all that different from modern witchcraft According to Christopher Penczak Wicca s roots go back 20 000 years to the Stone Age shamanic traditions of tribal cultures worldwide A fascinating exploration of the Craft s shamanic origins The Temple of Shamanic Witchcraft offers year and a day training in shamanic witchcraft Penczak s third volume of witchcraft teachings corresponds to the water

element guiding the reader into this realm of emotion reflection and healing The twelve formal lessons cover shamanic cosmologies journeying dreamwork animal plant stone medicine totems soul retrieval and psychic surgery Each lesson includes exercises using modern techniques and materials assignments and helpful tips The training ends with a ritual for self initiation into the art of the shamanic witch culminating in an act of healing rebirth and transformation COVR Award Winner

The Shaman's Way: A Guide to Transformation and Healing Pasquale De Marco, 2025-07-15 The Shaman's Way A Guide to Transformation and Healing is an extraordinary journey into the ancient wisdom of shamanism offering a profound path to personal and global healing Drawing upon the teachings and practices of indigenous cultures from around the world this comprehensive guide invites you to rediscover the interconnectedness of all living things and harness the power of shamanism for your own transformation Within these pages you will embark on a transformative odyssey exploring the core principles of shamanism including the three worlds the spirit animal the power of dreams the importance of ritual and the art of shape shifting You will learn how to connect with the natural world access the wisdom of your dreams and create powerful rituals for healing and transformation The Shaman's Way provides step by step guidance on a variety of shamanic practices including dream interpretation divination ritual and shape shifting You will learn how to cast the shaman stones interpret your dreams and design and perform rituals that honor the sacredness of life You will also discover the art of shape shifting a powerful technique for accessing different states of consciousness and connecting with the spirit world As you delve deeper into the shamanic path you will discover the profound power of self discovery and the interconnectedness of all living things You will learn to embrace the wisdom of the natural world find balance and harmony in your life and contribute to the healing of our planet The Shaman's Way is more than just a book it is a gateway to a deeper understanding of yourself the world around you and your place in the vast web of life Join us on this extraordinary journey and unlock the transformative power of shamanism If you like this book write a review

A Spirit Walker's Guide to Shamanic Tools Evelyn C.

Rysdyk, 2014-07-01 Build Your Own Shamanic Toolkit In this beautifully illustrated guide artist and shamanic teacher Evelyn C Rysdyk shows you how to create decorate consecrate and use various sacred tools in ritual and healing Navaho traditional healers bring rattles corn pollen eagle feathers and sage smoke together with songs and dances to affect healing Ulchi shamans use drums rattles and larch tree wands called gimsacha to work healing magic Manchu shamans will perfume the air with incense and tie on a heavy bustle of iron jingles as a part of their ceremonial costume Modern shamanic practitioners likewise use sacred tools to facilitate our connection to helper spirits in the Upper Middle and Lower Worlds as well as the spirits of nature While you can purchase many of these tools there's nothing quite as powerful as making your own You'll find instructions for making rattles drums masks mirrors spirit figures fans bells pouches wands prayer bundles flutes whistles and more Plus suggestions for responsible ways to obtain the materials you'll need Having an intimate connection to all the spirits that came together in my favorite rattle knowing that the tiny pebbles came from the local riverbank the wood handle

from a lightning struck maple in my yard and the rawhide from a black bear that was hunted by a native friend for food gives it a far deeper meaning and power from the introduction The author s original artwork and photographs of shamans and their authentic tools appear throughout the book

Empowered Healer Susan Allison Ph.D.,2011-08-23 After years of not paying attention to the honest voices inside you you may not remember how to listen to your intuition This disconnection may have caused you to feel worn down or depressed weakened and powerless and left your immune systems vulnerable and open to illness In *Empowered Healer* author Dr Susan Allison helps you relearn how to access and listen to your inner guidance and become empowered to take action to heal yourself completelyboth physically and emotionally Allison has spent more than twenty years developing a formula to help you Believe in yourself and stop blocking your healing Fill with power and create a team to support you Tune into and listen to your physical symptoms Find the emotional causes of your distress Release physical and emotional pain Create and live the life of your dreams Using anecdotes and examples from her personal experiences as a healer Allison communicates the keys to believing in your own power to restore yourself to wholeness A powerhouse of wisdom *Empowered Healer* helps you heal from the inside out to create greater happiness in every area of your life

Growing a Healing Ministry Kathy Edmison,2004 This book is based directly on the experience and wisdom of those who have established energy touch healing ministries in congregational settings

Shamanic Knowledge Lennox Harlow,AI,2025-03-29 Shamanic Knowledge offers a fact based exploration into the world of shamanism examining the roles shamans play within indigenous cultures globally It moves past common romanticizations to deliver a nuanced understanding of their impact on healing practices spiritual beliefs and even community governance Readers will gain insights into how shamanic practices influence social structures and worldviews understanding the depth and complexity of these ancient traditions The book delves into the historical and cultural contexts of shamanism highlighting specific healing techniques like soul retrieval and plant medicine It also explores the significance of altered states of consciousness a core aspect of shamanic practice where shamans act as intermediaries between the human and spirit worlds By studying these practices the book suggests we can gain valuable insights into alternative approaches to healing spiritual connection and ecological balance challenging conventional perspectives on religion and medicine Beginning with core concepts the book traces the origins of shamanism then analyzes healing techniques and finally investigates its influence on indigenous societies This approach emphasizes the enduring relevance of shamanic knowledge and its potential applications in contemporary areas such as mental health and ecological restoration The book stands out by offering a balanced perspective acknowledging the complexities of shamanic traditions while highlighting their value for spiritual growth

Crystals: A Guide to Using the Crystal Compass for Energy, Healing, and Reclaiming Your Power Aisha Amarfi,2019-02-19 The ultimate guide to using crystals for healing wellbeing and creating harmony Crystals are teachers They conduct and transform our energy to help us to discover our true selves and attain our natural state of peace quiet joy and inspired creativity *Crystals A Guide to Using*

the Crystal Compass for Energy Healing and Reclaiming Your Power is the ultimate guide to using crystals in every aspect of your life Designed to accommodate the beginner crystal practitioner or merely someone who is interested in learning how crystals work the book explains the major types of crystals the best ways to use them and helps you select the right type of crystal depending on your needs and desires Using the knowledge in Crystals you ll be able to use these healing stones to Transmute stress tension and disharmony Unlock your internal wisdom and intuitive power Nourish your health and vitality Reclaim your power and follow your soul path Cleanse protect and purify your spaces Crystals provides an easy to use full color chart the Crystal Compass that helps you diagnose the root cause of tensions in your life so that you can select the crystal and healing method that you need to experience holistic healing and powerful transformation **The Shaman & His**

Daughter Gregory Drambour,2017-07-17 Come Quiet Your Mind Warm Your Heart Lift Your Spirit We all need a book that we can reach for that will make us smile and cry and laugh in joy words that can give us hope that we can survive the hard days that will come in anyone s life These pages will guide you to deeper levels of acceptance and letting go no matter what s happening in your life The Shaman His Daughter takes us inside the world of a 35 year veteran master shamanic healer spiritual teacher and his powerful apprentice daughter three years after a devastating loss Their journey will inspire and touch you in a deep part of your soul Through these 18 tender tales you ll learn how to trust that there is always a way out of tragedy out of the deepest sadness and a way out of not understanding why life can sometimes feel so unfair Come Experience a Journey of Recovery Hope and Magic What reviewers are saying This is a book I will keep on my bedside to read over and over again D Thaler The Shaman His Daughter is a wonderful heartwarming and insightful book J Renfro I have things I want to underline so I can go back quickly and receive the wisdom Gregory has shared Gloria Larimar An Indescribably Beautiful Treasure of a Book Heather Uva So blessed with the heartwarming love deep intimacy and sacred wisdom and sensitivity you have expertly shared in these pages Hard to put down Chris Cago This book warms my soul and emboldens me to look further dream bigger and DO more Highly recommended Angela Pugh Excellent and awe inspiring moments Can t wait till the sequel Marti Jo Caldwell This book completely enthralled me I laughed I cried and I held the book close to my heart as if it were one of Angel Girl s bear friends C Ward This was a beautiful and gentle book that I read all in one sitting Mandy Spay The Shaman His Daughter is a moving deeply emotional book If you like stories of inner strength spiritual warriors in training and the beauty of a powerful father daughter bond then you ll love Gregory Drambour s inspiring saga Buy The Shaman His Daughter to discover the real world of shamanism and the value it can bring to your life

Advanced Shamanism James Endredy,2018-02-20 A step by step guide to authentic advanced shamanic practices Offers hands on instructions for more than 30 practices including sacred Fire ceremonies direct shamanic viewing shamanic death and rebirth working with healing stones shamanic lucid dreaming shamanic healing and advanced methods for acquiring an animal spirit guide Allows solitary shamanic practitioners to advance their practice Examines the biological foundations of

spiritual experience the many ways that Psi phenomena and shamanism are linked and their relationship to the scientific concept of quantum entanglement In this step by step guide to more than three dozen advanced shamanic practices James Endredy shares the wisdom and techniques he has learned through 30 years of working with shamanic teachers from all over the globe including Huichol kawiteros Tibetan lamas Incan Mayan and Tukano shamans Indian siddhas the Kanaka Maoli of Hawai i and elders from many Native American tribes such as the Seneca Lenni Lenape Arapaho Sioux Tuscarora Yurok Navajo and Hopi Endredy offers hands on instructions for sacred Fire ceremonies direct shamanic viewing experiencing shamanic death and rebirth working with and acquiring healing stones shamanic lucid dreaming shamanic healing and advanced methods for acquiring an animal spirit guide including how to properly retain its spirit in a sacred bundle or altar and how to use its power responsibly for healing He provides a meticulous step by step approach to working with the five points of attention a Huichol teaching on sacred awareness and shamanic levels of attention He also examines the many ways that Psi phenomena and shamanism are linked and their relationship to the scientific concept of quantum entanglement Showing how quantum physics is the scientific expression of shamanism the author also explores the biological foundations of spiritual experiences including the roles of serotonin dopamine and opioid transmitters and the connections between altered consciousness and shamanic states Integrating modern research with ancient knowledge to provide an enlightened view of shamanism that marries science and spirit this guide offers authentic shamanic wisdom and techniques to help the solitary practitioner move forward on their shamanic path *Encyclopedia of Native American Healing* William S. Lyon,1998 Designed for ease of use with maps a detailed subject index an extensive bibliography and cross references this book is sure to fascinate anyone interested in Native American culture and heritage *A Jungian Perspective on the Therapist-Patient Relationship in Film* Ruth Netzer,2024-05-27 Within this book Ruth Netzer explores the archetypal components of therapist patient relations in cinema from the perspective of Jungian archetypal symbolism and within the context of myth and ritual Film is a medium that is attracted to the extremes of this specific relationship depicting the collapse of the accepted boundaries of therapy though on the other hand cinema also loves the fantasy of therapy as intimacy Through the medium of film and employing examples from over 45 well known films the author analyzes the successes and failures of therapists within film and reviews the concepts of transference and counter transference and their therapeutic and redemptive powers in contrast to their potential for destruction and exploitation within the context of a patient therapist relationship This book will be a fascinating read for Jungian analysts psychologists psychiatrists and therapists with an interest in the link between cinema and therapy as well as filmmakers and students and teachers of film studies

Mind-Matter Interaction Pamela Rae Heath, M.D.,2014-01-10 The power of the mind to influence the physical world has long been debated debunked studied for military applications and used in science fiction This historical and theoretical study of mind matter interaction or MMI explores the phenomena of levitation stigmata inedia paranormal activity bilocation fire

immunity luminosity and the teleportation of matter The results of more than a century of formal experimental research are discussed as are resultant training techniques theories and controlled experiments used to test or bolster psychokinetic abilities

The Calico Shaman Carla Person, Hillary Johnson, 2004 Magical narrative case studies of a shamanic animal communicators adventures in the land of the spirits as she uncovers the core causes for an animals illness and distress and enlists loving spirits to heal those problems roots and all Transcripts of Carla Persons shamanic sessions are brought to life by New York Times bestselling author Hillary Johnson

The Top Books of the Year Shamanic Healer The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Shamanic Healer : Delia Owens' "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is an exceptional and thrilling novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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Table of Contents Shamanic Healer

1. Understanding the eBook Shamanic Healer
 - The Rise of Digital Reading Shamanic Healer
 - Advantages of eBooks Over Traditional Books
2. Identifying Shamanic Healer
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Shamanic Healer
 - User-Friendly Interface
4. Exploring eBook Recommendations from Shamanic Healer
 - Personalized Recommendations
 - Shamanic Healer User Reviews and Ratings
 - Shamanic Healer and Bestseller Lists
5. Accessing Shamanic Healer Free and Paid eBooks
 - Shamanic Healer Public Domain eBooks
 - Shamanic Healer eBook Subscription Services
 - Shamanic Healer Budget-Friendly Options
6. Navigating Shamanic Healer eBook Formats
 - ePub, PDF, MOBI, and More
 - Shamanic Healer Compatibility with Devices
 - Shamanic Healer Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Shamanic Healer
 - Highlighting and Note-Taking Shamanic Healer
 - Interactive Elements Shamanic Healer
8. Staying Engaged with Shamanic Healer

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Shamanic Healer
- 9. Balancing eBooks and Physical Books Shamanic Healer
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Shamanic Healer
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Shamanic Healer
 - Setting Reading Goals Shamanic Healer
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Shamanic Healer
 - Fact-Checking eBook Content of Shamanic Healer
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Shamanic Healer Introduction

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