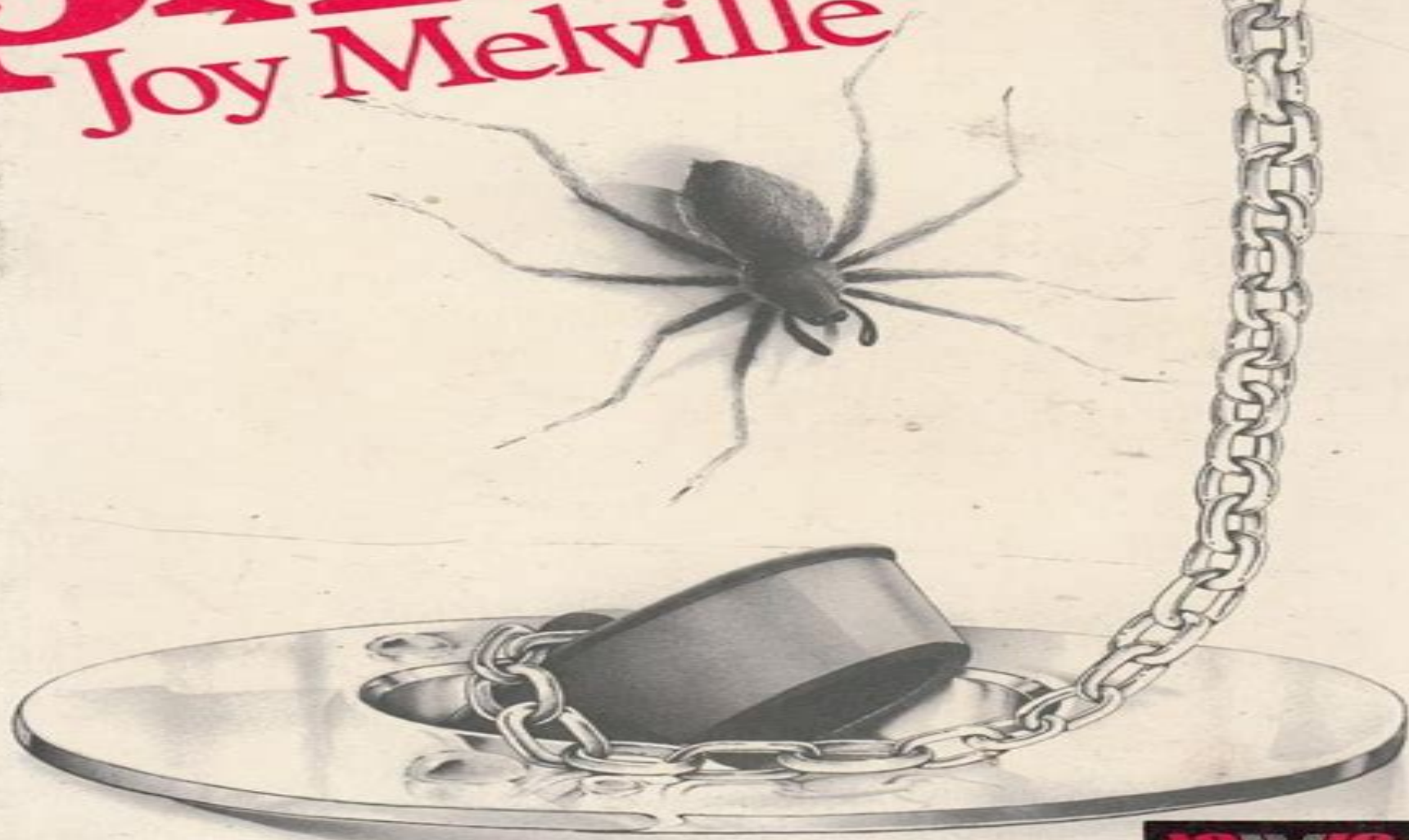


Phobias

Joy Melville



Phobias And Obsessions Their Understanding And Treatment

Marco Cascella



Phobias And Obsessions Their Understanding And Treatment:

Phobic and Obsessive-Compulsive Disorders Paul M.G. Emmelkamp, 2012-12-06 In the last decade the literature of phobic and obsessive compulsive disorders has increased enormously In view of this explosive growth it becomes increasingly difficult for the practitioner to keep abreast of important developments that have led to significant changes in treatment procedures The purpose of this volume is to present a critical account of the current status of theory research and practice in the field of phobic and obsessive compulsive disorders More specifically this book attempts to bridge the gap between theory laboratory investigation and application For purposes of clarity the volume has been divided into several parts Parts I and II provide it is hoped a reasonably comprehensive account of the theory and research relevant to the etiology assessment and treatment of these disorders Part I deals with phobic disorders and Part II with obsessive compulsive disorders The third part of the text is devoted to the clinical management of these disorders The opening chapter deals with phenomenology classification and prevalence of the various disorders In addition the status of analog research vis a vis clinical research is discussed The chapters on etiology discuss the many variables inherent in a comprehensive theory of the development of phobic Chapter 2 and obsessive compulsive behavior Chapter 6 An explicit effort has been made to extend the discussion beyond the boundaries of learning theory Attention is devoted to examining the contributions from other areas e.g biological cognitive psychoanalytical

Psychiatric Nursing Skills Graham Dexter, Michael Wash, 2013-12-01 In this book we have attempted to identify skills which are needed by the psychiatric nurse and in doing so to identify a body of knowledge unique to the professional psychiatric nurse The book has been written to demonstrate the basis of a skills approach for both the experienced and the inexperienced nurse to build upon for we believe that psychiatric nurses due to both their training and their particular mixture of interests are well equipped to be in the forefront of psychiatry as a developing art and science We hope that this book in some small way helps this development Some of the more recent advances in psychiatric nursing have been reinforced by the publication of a training syllabus for mental nurses English and Welsh National Boards 1982 This document highlights the need for a change from a medical model to a social model and from a task oriented learning experience to a skills approach We have attempted to reflect this change in emphasis by including such aspects as personal development and self awareness human sexuality the nursing process and counselling skills

The Treatment of Phobic and Obsessive Compulsive Disorders J. C. Boulougouris, 1977

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The Oxford Handbook of Obsessive-Compulsive and Related Disorders David F. Tolin, 2023 The second edition of the Oxford Handbook of Obsessive Compulsive and Related Disorders presents the latest information on the conceptualization of obsessive compulsive disorder and its associated spectrum conditions The volume begins by reviewing the prevalence and profiles of obsessive compulsive disorder body dysmorphic disorder hoarding disorder trichotillomania hair pulling disorder and excoriation skin picking disorder The chapter authors include leaders in the field about the epidemiology phenomenology

assessment and treatment of ORCDs who discuss modern conceptualizations of the OCRDs including neurocircuitry genetic behavioral and cognitive models **Cognitive Behaviour Therapy for Obsessive-compulsive Disorder** Victoria Bream, Fiona Challacombe, Asmita Palmer, Paul Salkovskis, 2017-07-13 Obsessive compulsive disorder can be a very disabling and distressing problem Cognitive behavioural therapy CBT has been shown to be very effective in helping people to overcome OCD However OCD is a highly heterogeneous disorder often complicated by contextual factors and therapists are often left wondering how to apply their knowledge of treatment to the particular problems as they face them in clinical practice This book provides the reader with an understanding of the background to and principles of using CBT for OCD in a clear practical how to style It also elucidates the particular challenges and solutions in applying CBT for OCD using illustrative case material and guidance on formulation driven intervention The book also addresses commonly occurring complexities in the treatment of OCD for example working with comorbidity perfectionism shame and family involvement in symptoms Throughout the book the authors provide tips on receiving and giving supervision to trouble shoot commonly encountered problems resulting in a guide that can help clinicians at all levels of experience The British Journal of Psychiatry ,1986-07 **Nursing Times** ,1979 **Subject Catalog, 1978** Library of Congress,1978 The Journal of Neurology and Psychopathology ,1921

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