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TIMOTHY J. SMITH, M.D.

# Renewal The Breakthrough Program For The Anti Aging Revolution

**Timothy J. Smith** 

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photography covering everything from politics and food to theater and fashion the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an The Ladies' Home Journal, 2005 Uncivil Society Stephen Kotkin, 2010-10-12 Twenty years ago the Berlin Wall fell idea In one of modern history s most miraculous occurrences communism imploded and not with a bang but with a whimper Now two of the foremost scholars of East European and Soviet affairs Stephen Kotkin and Jan T Gross drawing upon two decades of reflection revisit this crash In a crisp concise unsentimental narrative they employ three case studies East Germany Romania and Poland to illuminate what led Communist regimes to surrender or to be swept away in political bank runs This is less a story of dissidents so called civil society than of the bankruptcy of a ruling class communism s establishment or uncivil society The Communists borrowed from the West like drunken sailors to buy mass consumer goods then were unable to pay back the hard currency debts and so borrowed even more In Eastern Europe communism came to resemble a Ponzi scheme one whose implosion carries enduring lessons From East Germany's pseudotechnocracy to Romania's megalomaniacal dystopia from Communist Poland s cult of Mary to the Kremlin s surprise restraint Kotkin and Gross pull back the curtain on the fraud and decadence that cashiered the would be alternative to the market and democracy an outcome that opened up to a deeper global integration that has proved destabilizing Ladies' Home Journal ,2005

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