

A. MURRAY: *Being Unhappy: and Depression: General Atmosphere and Interrelationships*. Springer, New York (1967). pp. vi + 145. DM 75.

This collection of the author's papers could form the basis of endless thoughts about eating and personality. Hundreds of apparently decent Californian undergraduates completed lengthy questionnaires purporting to measure personality and eating behaviour and leading to suspicious correlation matrices and factor analyses from which we are invited to draw conclusions about which eating styles go with which personality. The book depends entirely on self-reported measures of emotional state and behaviour without evidence indicating whether the results are valid in terms of behaviour and mood. The students completed questionnaires as part of their undergraduate course. It is not explained how spending trivial hours completing hundreds of semantic differentials contributed to their education. The subjects' consequent attitudes to their task is unknown, and the results obtained must be treated with a fair degree of circumspection. Some of the names given to factors derived from the analysis, such as 'predisposition to anorexia' and 'predisposition to obesity' indicate that such caution is lacking. Indeed, the former subset showed no correlation with ponderal index and was determined using the means of three scales, totalling 28 items, with no accepted measure of symptoms of anorexia nervosa such as the Ewing Anorexia Test which might have been used to validate the measure.

The book might prove valuable to those who believe that much can be learnt by subjecting large questionnaires to correlation and factor analysis. At the original studies were published in reputable journals, such individuals might not be all that deceived.

PAUL ROBINSON

L. F. FILLICK and E. M. WAKING (Eds): *Marital Therapy in Psychiatric Practice: an Overview*. Brunner/Mazel, New York (1987). pp. xiv + 316. \$25.00.

This book is based on the proceedings of a 2-day conference held in 1984 at the University of Western Ontario, Canada. The topics covered are: Indications for Marital Therapy; The Initial Interview in Conjugal Therapy; Assessment of Marital Types of Marital Therapy in Psychiatric Practice; Outcome Research, Transference and Countertransference in Marital Therapy; The Relationship of Sexual Therapy to Marital Therapy in Psychiatric Practice; and, Combined Therapies. The format followed is that the lecture is written in chapter form, followed by a respondent's reaction comments and then a transcript of the questions and answer session.

As a clinician particularly involved in family therapy practice, and increasingly so in marital therapy, I approached the text with considerable interest. The added interest was to ask the question: what does a medical psychiatric perspective on marital therapy add for me as a non-medical clinician? As regards this book, the answer was mixed. It is good in parts, but sometimes repetitive as is frequently the case in conference proceedings. Also, the question and answer transcripts are at times rather flat and do not always add substantially to the text.

The chapter on indications for marital therapy was disappointing, being heavy on lists of indications and contraindications and light on discussion. The other chapter I found disappointing was the attempt to integrate the field of combined therapies. However, the chapter dealing with the initial interview provides a useful structure for engaging in marital therapy, and the subsequent chapter on assessment focuses both on the problems of engaging couples as well as the effects this may have on the therapist.

The chapter dealing with transference and countertransference examines these phenomena both from a marital and a family therapy perspective, making useful distinctions. And finally, the chapter looking at the relationship of sexual and marital therapy provides useful pointers for the clinician as to which area should be focused on depending on type of problem presentation.

Although there were frequent references to assessment for major affective disorder, and the use of appropriate medication, it seemed that this was often an area where there was disagreement about procedure. There was a general lack of examination of the context for depression in the text and a consideration that severe depressive or other symptomatic behaviour may be functional for a particular marital relationship. Some of the contributors showed a surprising lack of awareness of the recursive nature of relationships. The most obvious example is where an interview focused on an older son who had run the family business with parents both described as 'battered' over in a typical depressive posture (p. 183), and a younger brother who was abusing drugs. The author continues:

'After questioning, that revealed major affective disorders in both spouses, it was suggested that both parents might benefit from a trial of antidepressant medication, initiated by the oldest son'.

It appears that 2 weeks later 'they were a different family' with father assuming responsibility for the business, the couple being 'spontaneous and bright' and with considerable improvement in both sons. The author concludes: 'One wonders whether it was the family assessment, the medication, the combination, or some other unknown factor that produced this dramatic result' (p. 183).


This excerpt highlights the varying consequences of systemic approaches to therapy, where a structural therapist might talk of intensifying by challenging the family structure, or a strategic therapist might describe the effects of prescribing symptomatic patterns of behaviour in relation to therapeutic change.

In summary, I found parts of this book very useful, showing a wide range of different theoretical approaches, and others surprisingly limited. The chapters would have benefited from being longer, so allowing for more exploration of issues, rather than relying on the question and answer format. And tighter editing would have removed unnecessary repetition which is to be expected in a single theme conference which is not advantageous in book form. This is a useful text for those interested in learning something about marital therapy, but rather light for anyone already familiar with the field.

HELEN JORDAN

Marital Therapy In Psychiatric Practice An Overview

**Theodore A. Stern, Maurizio
Fava, Timothy E. Wilens, Jerrold F.
Rosenbaum**



Marital Therapy In Psychiatric Practice An Overview:

Marital Therapy in Psychiatric Practice Linden F. Frelick, Edward M. Waring, 1987 Este libro surgio como resultado de una conferencia sobre terapia marital dentro de la practica psiquiatrica Las distintas contribuciones atienden a distintos aspectos de la relacion de pareja Standards and Guidelines for the Psychotherapies Paul M. Cameron, Jon Ennis, John Deadman, 1998-01-01 A comprehensive overview of the art and science of psychotherapy and a set of practice guidelines for psychiatrist developed from a report by the Joint Task Force on Standards and Guidelines for Medical Psychiatric Psychotherapy of the OPA and OMA **An Introduction to Marriage and Family Therapy** Joseph L. Wetchler, Lorna L. Hecker, 2014-08-27 Now in its second edition this text introduces readers to the rich history and practice of Marriage and Family Therapy with 32 professionals from across the US presenting their knowledge in their areas of expertise This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy The book is divided into three sections Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions but to the very concept of family Part 2 presents an overview of the 7 major theoretical models of the field structural strategic Milan social constructionist experiential transgenerational and cognitive behavioral family therapy Each chapter in this section Focuses on the founder of the theory its theoretical tenants and its key techniques Shows how the model focuses on diversity Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists such as sex therapy pre marital therapy research and ethics and legal issues As an introduction to the field of Marriage and Family Therapy this volume stands above the rest Not only will readers gain an understanding of the rich history of the field and its techniques but they will also see a complete picture of the context in which families are embedded such as gender culture spirituality and sexual orientation This knowledge is the key to understanding what differentiates Marriage and Family Therapy from individual psychotherapy Glossaries case studies tables figures and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives *Ebook: An Introduction to Family Therapy: Systemic Theory and Practice* Rudi Dallos, Ros Draper, 2024-06-06 Systemic family therapy owes a debt of gratitude to Rudi Dallos and Ros Draper who have delivered a fifth edition of the book that has provided essential scaffolding for systemic family therapists for over two decades This latest edition holds onto its original clear and coherent telling of the development of systemic family therapy Rachel Watson Institute of Family Therapy London UK Like a well constructed remix Rudi Dallos and Ros Draper have provided a tour through the landscape of family therapy and systemic practice from its historical beginnings through to the here and now I recommend this book without hesitation and reservation This remix should be listened to and returned to many times as it keeps on giving Dr Ram n Karamat Ali MSc Research Lead Manchester UK Director of Training and

Development at KA Conversations Ltd With genuine enthusiasm I wholeheartedly recommend An Introduction to Family Therapy 5th edition by Dallos Draper Dr Sonam Pelden Academic Lead for Counselling School of Arts and Humanities Edith Cowan University Australia The fifth edition of the bestselling An Introduction to Family Therapy provides a comprehensive overview of the core concepts informing family therapy and systemic practice covering the development of this innovative field from the 1950s to the present day The book considers both British and International perspectives and includes the latest developments in current practice regulation and innovation examining these developments within a wider political cultural and geographical context The fully revised fifth edition also contains new material on Developments in Neuropsychology and Trauma Theory and its relevance for family therapy practice Illustrations of the techniques of the core schools of Family Therapy Updates on the research basis of Family Therapy This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling psychology social work and the helping professions who deal with family issues Rudi Dallos is Emeritus professor of Clinical Psychology University of Plymouth External examiner D Clin Psychology University Canterbury Christ Church External examiner University of Roehampton He presents training courses for the Institute of Family Therapy and Bowlby Centre London on a yearly basis He also leads on a variety of training events Relate UK Australian FT association Holland family therapy association Associations for Family Therapy Ireland Jersey and Plymouth He offers clinical supervision in a variety of contexts including Gloucester Eating Disorder Services Formulation Psychotherapy centre Dublin and Art therapies Ireland Rudi is working independently as a family therapist and offer an early intervention service in Devon Ros Draper is an independent family therapist with decades of experience in practice including working as an organisational consultant working therapeutically with individuals couples families and groups as well as working as a supervisor for therapists and coaches

National Library of Medicine Current Catalog National Library of Medicine (U.S.),1987 Kaplan & Sadock's Synopsis of Psychiatry Robert Boland,Marcia L. Verduin,Pedro Ruiz,2021-04-14 Accurate reliable objective and comprehensive Kaplan Sadock s Synopsis of Psychiatry has long been the leading clinical psychiatric resource for clinicians residents students and other health care professionals both in the US and worldwide Now led by a new editorial team of Drs Robert Boland and Marcia L Verduin it continues to offer a trusted overview of the entire field of psychiatry while bringing you up to date with current information on key topics and developments in this complex specialty The twelfth edition has been completely reorganized to make it more useful and easier to navigate in today s busy clinical settings

Couples and Family Therapy in Clinical Practice Ira D. Glick,Douglas S. Rait,Alison M. Heru,Michael Ascher,2015-10-26 Couples and Family Therapy in Clinical Practice has been the psychiatric and mental health clinician s trusted companion for over four decades This new fifth edition delivers the essential information that clinicians of all disciplines need to provide effective family centered interventions for couples and families A practical clinical guide it helps clinicians integrate family systems approaches with pharmacotherapies for individual patients and their

families Couples and Family Therapy in Clinical Practice draws on the authors extensive clinical experience as well as on the scientific literature in the family systems psychiatry psychotherapy and neuroscience fields

EBOOK: An Introduction to Counselling and Psychotherapy: Theory, Research and Practice John McLeod, 2019-09-05 John McLeod's bestseller provides a comprehensive research informed overview of the theory and practice of counselling and psychotherapy This new edition has been expanded to cover emerging aspects of contemporary practice such as debates around neuroscience and integration third wave cognitive behavioural therapies such as ACT mindfulness and FAP the experience of being a client motivational interviewing interpersonal psychotherapy social dimensions of therapy leaving therapy gender and sexuality spirituality and key counselling and therapeutic skills and techniques This sixth edition has been fully updated and revised throughout and is separated into a four part structure for easy navigation Each chapter also enhances learning with the following resources Case studies Landmark and contemporary research studies Topics for reflection and discussion Suggested further reading

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Effective Treatments for PTSD Edna B. Foa, Terence M. Keane, Matthew J. Friedman, Judith A. Cohen, 2010-10-27 Developed under the auspices of the PTSD Treatment Guidelines Task Force of the International Society for Traumatic Stress Studies this tightly edited work is the definitive best practice reference for practitioners caring for any trauma population Leading clinical scientists thoroughly review the literature on widely used therapeutic approaches for both adults and children Succinct treatment guidelines are presented that feature standardized ratings of the evidence for each approach The book also offers insightful guidance to help clinicians select the most suitable therapy for particular patients and overcome frequently encountered obstacles

Effective Treatments for PTSD, Second Edition Edna B. Foa, Terence M.

Keane,Matthew J. Friedman,Judith A. Cohen,2008-10-24 This book has been replaced by Effective Treatments for PTSD Third Edition edited by David Forbes Jonathan I Bisson Candice M Monson and Lucy Berliner ISBN 978 1 4625 4356 4

Handbook of Cultural Psychiatry Wen-Shing Tseng,2001-06-06 Cultural psychiatry is primarily concerned with the transcultural aspects of mental health related to human behavior psychopathology and treatment At a clinical level cultural psychiatry aims to promote culturally relevant mental health care for patients of diverse ethnic or cultural backgrounds From the standpoint of research cultural psychiatry is interested in studying how ethnic or cultural factors may influence human behavior and psychopathology as well as the art of healing On a theoretical level cultural psychiatry aims to expand the knowledge and theories about mental health related human behavior and mental problems by widening the sources of information and findings transculturally and providing cross cultural validation This work represents the first comprehensive attempt to pull together the clinical research and theoretical findings in a single volume Key Features Written by a nationally and internationally well known author and scholar The material focuses not only on the United States but also on various cultural settings around the world so that the subject matter can be examined broadly from universal as well as cross cultural perspectives Proper combination of clinical practicalities and conceptual discussion Serves as a major source for use in the training of psychiatric residents and mental health personnel as well as students of behavior science in the areas of culture and mental health A total of 50 chapters with detailed cross referencing Nearly 2000 references plus an appendix of almost 400 books 130 tables and figures

Treatment Plans and Interventions in Couple Therapy Norman B. Epstein,Mariana K. Falconier,2024-03-29 Filled with rich case examples this pragmatic book provides a complete toolkit for couple focused cognitive behavioral therapy CBT The book presents guidelines for planning and implementing evidence based treatment for diverse couples It explains how to assess relationship functioning as well as the strengths and needs of each partner and the sociocultural factors that shape their experiences Drawing on decades of clinical experience and research the authors demonstrate ways to tailor CBT for couples struggling with partner aggression infidelity sexual problems financial issues parenting conflicts depression anxiety and other individual problems and more Therapists of any theoretical orientation will find tools they can easily incorporate into their work with couples More than 20 ready to use client handouts discussed in the book are available to download and print

Tasman's Psychiatry Allan Tasman,Michelle B. Riba,Renato D. Alarcón,César A. Alfonso,Shigenobu Kanba,Dusica Lecic-Tosevski,David M. Ndeti,Chee H. Ng,Thomas G. Schulze,2024-09-04 Authored by over 500 internationally acclaimed expert editors and chapter authors from around the world Completely updated and expanded with almost 40 new chapters Significantly increased attention to the role of culture in all aspects of evaluation and care New sections on Digital Mental Health Services and Technologies Treatment Issues in Specific Populations and Settings and on Prevention Systems of Care and Psychosocial Aspects of Treatment address key advances This edition is the first comprehensive reference work to cover the entire field of psychiatry in an updateable format ensuring access to state of the

art information Earlier editions were called the best current textbook of psychiatry by the New England Journal of Medicine and the gold standard by the American Journal of Psychiatry Tasman s Psychiatry 5th Edition builds on the initial vision in prior editions of approaching psychiatric evaluation and care from an integrative bio psycho social cultural perspective It is designed to be an essential and accessible reference for readers at any level of experience This editorial approach encompasses the importance of the first encounter between patient and clinician followed by the complex task of beginning to develop a therapeutic relationship and to develop and implement a treatment plan in collaboration with the patient The importance of increasing attention to the role of culture and social determinants of mental health is reflected both in specific chapters and in components of many chapters throughout the book especially in those pertaining to clinical evaluation the therapeutic alliance and treatment The global scope of this edition is reflected throughout the book including the section on psychiatric disorders where evaluation using both ICD 11 and DSM 5 TR is discussed Most chapters are authored by experts from at least two different countries or continents adding a critically important dimension which often is missing in major psychiatric textbooks Tasman s Psychiatry 5th Edition is an essential reference for all medical professionals and students who need a trusted reference or learning tool for psychiatry psychology clinical research social work counseling therapy and all others

An Introduction To Family Therapy Dallos, Rudi, Draper, Ros, 2010-05-01 Lists of key texts and diagrams suggested reading organized by topic and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice

Massachusetts General Hospital Comprehensive Clinical Psychiatry Theodore A. Stern, Maurizio Fava, Timothy E. Wilens, Jerrold F. Rosenbaum, 2015-04-09 The Massachusetts General Hospital is widely respected as one of the world s premier psychiatric institutions Now preeminent authorities from MGH present the newly updated edition of Massachusetts General Hospital Comprehensive Clinical Psychiatry a unique medical reference book that continues to simplify your access to the current clinical knowledge you need both in print and online It provides practical approaches to a wide variety of clinical syndromes and settings aided by stunning graphics and hundreds of questions and answers geared to each chapter You ll have convenient access to all the authoritative answers necessary to overcome any clinical challenge User friendly highly templated organization with abundant boxed summaries bulleted points case histories algorithms references and suggested readings Peerless hands on advice from members of the esteemed MGH Department of Psychiatry helps you put today s best approaches to work for your patients Interactive and downloadable Q Neuroanatomical Systems Relevant to Neuropsychiatric Disorders Legal and Ethical Issues in Psychiatry Military Psychiatry and Approaches to Collaborative Care and Primary Care Psychiatry Features full new DSM 5 criteria new art tables and key points and new Alzheimer s Disease guidelines Highlights recent developments in the field such as neurotherapeutics new psychotropics military psychiatry collaborative care ensuring your knowledge is thoroughly up to date Expert Consult eBook version included with purchase This enhanced eBook experience allows you to

search all of the text figures and references from the book on a variety of devices Psychiatry Allan Tasman, Jerald Kay, Jeffrey A. Lieberman, Michael B. First, Mario Maj, 2011-10-11 Extensively revised and updated this edition reflects the progress and developments in the field With 127 chapters and over 400 contributors this book is a truly comprehensive exposition of the specialty of psychiatry Written by well known and highly regarded experts from around the world it takes a patient centered approach making it an indispensable resource for all those involved in the care of patients with psychiatric disorders For this new edition the section on the Neuroscientific Foundations of Psychiatry has been completely revised with a new author team recruited by Section Editors Jonathan Polan and Eric Kandel The final section Special Populations and Clinical Settings features important new chapters on today's most urgent topics including the homeless restraint and geriatric psychiatry Key features include Coverage of the entire field of psychiatry from psychoanalysis to pharmacology and brain imaging including family relations cultural influence and change epidemiology genetics and behavioral medicine Clinical vignettes describing current clinical practice in an attractive design Numerous figures and tables that facilitate learning and comprehension appear throughout the text Clear comparisons of the DSM IV TR and ICD 10 criteria for easy understanding in a global context Diagnostic and treatment decision trees to help both the novice and experienced reader The chapter on Cognitive Behavioral Therapies by Edward Friedman Michael Thase and Jesse Wright is freely available Please click on Read Excerpt 2 above to read this superb exposition of these important therapies **Behavioral, Humanistic-Existential, and Psychodynamic Approaches to Couples Counseling** Michael D. Reiter, Ronald J. Chenail, 2017-01-27 Couples counseling is distinct from individual and family therapy and while ideas from these other formats may be overlapping applying theoretical concepts to couples has distinctive challenges Behavioral Humanistic Existential and Psychodynamic Approaches to Couples Counseling is unique in that it addresses how to conceptualize various theories around a single case By discussing only one case the reader is more readily able to compare and contrast the theoretical ideas of each theory as well as the pragmatics of techniques Five theories are discussed around four consistent parts history theory of problem formation theory of problem resolution and case transcript *Abnormal Psychology* Ronald J. Comer, 2012-02 Ron Comer's Abnormal Psychology continues to captivate students with its integrated coverage of theory diagnosis and treatment its inclusive wide ranging cross cultural perspective and its compassionate emphasis on the real impact of mental illness on the lives of patients and their families Long acclaimed for being well attuned to the evolution of the field and changes in the classroom Comer's bestselling text returns in a timely new edition fully updated in anticipation of the DSM 5 and enhanced by powerful new media tools *Handbook Of Family Therapy* Alan S. Gurman, David P. Kniskern, 2014-07-22 First published in 1981 This volume is unique as to date no previous book and no collection of papers one could assemble from the literature addresses or achieves for the field of family therapy what is accomplished in this handbook It responds to a pressing need for a comprehensive source that will enable students practitioners and researchers

to compare and assess critically for themselves an array of major current clinical concepts in family therapy **Pocket**
Guide to Psychiatric Practice Donald W. Black, M.D., 2018-04-25 Table of Contents Diagnosis and classification
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