Measure Up 2008-2010

This campaign highlighted the link between increased waist measurement and the risk of chronic disease, such as heart disease, some cancers and Type 2 diabetes.





Swap It, Don't Stop It 2011-2013

This campaign built on the awareness created by the Measure Up campaign and showed people how they can make small lifestyle changes to improve their health.



More information: www.swapit.gov.au

2013 - present

Shape Up Australia

Shape Up Australia is an initiative through which the Australian Government will partner with organisations to support healthy lifestyle choices.



More information:

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Clemens Wendtner

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The Aboriginal Names of Rivers in Australia Philologically Examined Peter MacPherson, 1887 Reviews Aboriginal names of rivers streams and waters principles on which names have been given Names of islands root words for water and Just Words? Bernadette M. Brennan, 2008 Over the past decade Australians have witnessed a their bearing on grammar significant shift to more insular and conservative economic ethical and cultural norms. The problems of valuing and achieving justice seem more acute than ever yet the solutions to those problems are not obvious nor are those in power taking the lead In this powerful collection Australian writers including Gail Jones Eva Sallis and Frank Brennan explore the relationship between writing and justice a relationship utterly dependent on informed ethical readers. These essays from poets essayists academics playwrights critics and novelists demonstrate how it is possible for writing to articulate concerns of justice enlighten the broader community and move citizens to action BOOK JACKET **Grassfinches in Australia** Joseph Michael Forshaw, Mark Shephard, 2012 An up to date fully illustrated monograph on all Australian species of grassfinches Ethnography in Australia Nicolas Peterson, Anna Kenny, 2017-09-21 The contribution of German ethnography to Australian anthropological scholarship on Aboriginal societies and cultures has been limited primarily because few people working in the field read German But it has also been neglected because its humanistic concerns with language religion and mythology contrasted with the mainstream British social anthropological tradition that prevailed in Australia until the late 1960s The advent of native title claims which require drawing on the earliest ethnography for any area together with an increase in research on rock art of the Kimberley region has stimulated interest in this German ethnography as have some recent book translations Even so several major bodies of ethnography such as the 13 volumes on the cultures of northeastern South Australia and the seven volumes on the Aranda of the Alice Springs region remain inaccessible along with many ethnographically rich articles and reports in mission archives In 18 chapters this book introduces and reviews the significance of this neglected work much of it by missionaries who first wrote on Australian Aboriginal cultures in the 1840s Almost all of these German speakers in particular the missionaries learnt an Aboriginal language in order to be able to document religious beliefs mythology and songs as a first step to conversion As a result they produced an enormously valuable body of work that will greatly enrich regional ethnographies **Nests and Eggs of** Art in Australia ,1919 Birds Found Breeding in Australia and Tasmania Alfred John North, 1914 Foundations of Nursing: Enrolled Nurses Susie Gray, Leanne Ferris, Lois Elaine White, Gena Duncan, Wendy Baumle, 2018-08-31 Designed for the Diploma of Nursing Foundations of Nursing Enrolled Nurses Australia and New Zealand edition is mapped to the HLT54115 training package competencies and aligns to the revised Standards for Practice for the Enrolled Nurse Written to equip the enrolled nurse with current knowledge and basic problem solving and critical thinking skills to successfully meet the demanding challenges of today s health care the text clearly explains concepts and definitions and scaffolds knowledge The student

friendly text provides a clear and fresh approach to the study of nursing it is straightforward and heavily illustrated with Australia: Doing Business and Investing in Australia Guide Volume 1 Strategic, colour photos of procedures Practical Information, Regulations, Contacts IBP, Inc., 2015-06 Australia Doing Business and Investing in Guide Volume 1 Strategic Practical Information Regulations Contacts Borderwork in Multicultural Australia John O'Carroll, 2020-07-31 Refugees Border protection Ethnic gangs Terrorism History wars Pauline Hanson Australia s faith in multiculturalism has been shaken by fierce attacks from its enemies and a sense of crisis among its friends Multiculturalism has become a political tool to win votes and generate community anxiety What is left of the multicultural ideal Bob Hodge and John O Carroll take the pulse of multicultural Australia in the wake of September 11 They investigate the hot spots of multiculturalism showing how they cluster around fiercely defended boundaries and borders both literal and symbolic They tackle the issues of racism past and present and show how injustice impacts on many communities in Australia including Aboriginals as well as more recent migrant groups The authors argue that despite appearances multiculturalism is alive and well in Australia and a commitment to tolerance and diversity characterises daily life In fact Australia s multiculture is the best kind of borderwork against terrorism racism and injustice A timely original and optimistic discussion of Australia s multicultural past and our possible futures Graeme Turner Director Centre for Critical and Cultural Studies University of Queensland This clearly written book shines a welcome light on the fog of critique of Australian multiculturalism from both the Right and the Left Jock Collins Professor of Economics University of Technology Sydney South Australia. Official report of the National Australasian convention debates, Adelaide, Mar. 22 to May 5, 1897. 3rd session, Melbourne, 20th Jan. to 17th Mar., 1898. Australia nat. Australasian convention, 1898 **English, The Aussie Way** Lynne Maree Walsh, 2016-01-28 Written by a Sydney native English The Aussie Way A Fun Guide to Australia's Colourful Phrases Words and Expressions offers an amusing way for English or non English speakers around the world to learn the colloquial phrases for which Australia is famous This user friendly reference provides words phrases and meanings synonyms by using an example sentence Says the author For seven years I housed international students who were attending English language schools in Sydney and I realised that although they had a good grasp of formal grammar they struggled to understand not only colloquial English but many of the commonly used phrasal verbs which could not be found in a standard English Spanish French etc dictionary It was then that I decided to start writing some of them down for future reference and it grew from there House of Commons Debates, Official Report Canada. Parliament. House of Commons, 1912 Official Reports of the Debates of the House of Commons of the Dominion of Canada Canada. Parliament. House of Commons, 1912 The Publishers Weekly Thank You Hermann Goering Brian Scovell, 2010-10-15 The entertaining and hugely readable autobiography of one .1892 of sports journalism s most famous names Highway Safety Literature, 1978 APAIS 1992: Australian public affairs information service, The Parliamentary Debates Great Britain. Parliament, 1890 Social Psychology Australian &

New Zealand Edition Saul Kassin, Steven Fein, Hazel Rose Markus, Kerry Anne McBain, Lisa Williams, 2019-08-01 Using a balanced approach Social Psychology 2e connects social psychology theories research methods and basic findings to real world applications with a current events emphasis Coverage of culture and diversity is integrated into every chapter in addition to strong representation throughout of regionally relevant topics such as Indigenous perspectives environmental psychology and conservation community psychology gender identity and attraction and close relationships including same sex marriage in different cultures gendered behaviours when dating and updated data on online dating making this visually engaging textbook useful for all social psychology students Minding the Gap Peter Carroll, Chris Walker, Rex Deighton-Smith, Helen Silver, 2008-06-01 Mind the Gap is an almost iconic exhortation originating in the London Underground warning travellers to be careful when navigating the gap between the platform and train In this volume Peter Carroll Rex Deighton Smith Helen Silver and Chris Walker retrospectively assess the gap no less dynamic and perilous in a public policy context between the promise and performance of successive waves of regulation in Australia since the 1980s Regulatory bodies exist to exercise what might be broadly termed control functions and by nature tend to be conservative both in their culture and operations Institutional conservatism does not of necessity preclude the exercise of creativity and foresight both of which are sorely required if government is to successfully meet the challenge of delivering more effective and less costly regulation. The business and policy environment is complex the risks are great and the rewards of success and the costs of failure will be enormous The true measure of success will be how effectively we are able to close the gap between promise and performance

The Enigmatic Realm of **Shape Up Australia**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Shape Up Australia** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those that partake in its reading experience.

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