

Rowing it **Alone**

One Woman's
Extraordinary
Transatlantic
Adventure

'The winner is the
contestant who came last.'

THE TIMES

DEBRA VEAL

Rowing It Alone One Womans Extraordinary Transatlantic Advanture

Ed Bowker Staff,Staff Bowker, Ed

Rowing It Alone One Woman's Extraordinary Transatlantic Adventure:

Rowing It Alone Debra Veal, 2003-07-19 On 7 October 2001 Debra and Andrew Veal set off from Tenerife in a rowing boat. They were the only mixed pair in the Ward Evans Transatlantic Rowing Challenge. After two weeks Andrew, despite being the more experienced rower, abandoned ship, having realised he was terrified of the open seas. *Rowing it Alone* Debra Veal, 2002

Postcards from the Edge Ian Coffey, 2015-07-17 In *Postcards from the Edge* Ian Coffey will help you learn from eight Bible characters about how God can meet you in the hardest moments of your life. God often seems most distant when we are going through our hardest times. And yet many people have found that it is exactly at the moments of their greatest struggle that they have met God most closely. Through vivid retellings of the stories of eight biblical characters who met God at points of extremity in their lives, Ian Coffey offers us inspirational ways of making the struggles we face an opportunity for growth. By sharing both modern examples of people who have faced the same sorts of struggles and events in his own life, he gives us practical help and hope in our hardest moments. Esther and courage, Jeremiah and inadequacy, John and doubt, Paul and fear, Peter and imprisonment, Ruth and loss, Elijah and despair, Mark and failure. Full of rich reflection and thought-provoking questions, it will help us to discover the God who walks with his people through their darkest moments.

The British National Bibliography Arthur James Wells, 2002 Books In Print 2004-2005 Ed. Bowker Staff, Staff Bowker, Ed., 2004 **The Publishers Weekly**, 1976 **Publishers Weekly**, 1976 **Sports Illustrated**, 1963

Rowing the Atlantic Roz Savage, 2009-10-06 STUCK IN A corporate job rut and faced with an unraveling marriage at the age of thirty-six, Roz Savage sat down one night and wrote two versions of her own obituary: the one that she wanted and the one she was heading for. They were very different. She realized that if she carried on as she was, she wasn't going to end up with the life she wanted. So she turned her back on an eleven-year career as a management consultant to reinvent herself as a woman of adventure. She invested her life's savings in an ocean rowboat and became the first solo woman ever to enter the Atlantic Rowing Race. Her 3,000-mile trial by sea became the challenge of a lifetime. Of the twenty-six crews that set out from La Gomera, six capsized or sank and didn't make it to the finish line in Antigua. There were times when she thought she had hit her absolute limit, but alone in the middle of the ocean, she had no choice but to find the strength to carry on. In *Rowing the Atlantic*, we are brought on board when Savage's dreams of feasts are nourished by yet another freeze-dried meal. When her gloves wear through to her blistered hands. When her headlamp is the only light on a pitch-black night ocean that extends indefinitely in all directions. When one by one all four of her oars break. When her satellite communication fails. Stroke by stroke, Savage discovers there is so much more to life than a fancy sports car and a power-suit job. Flashing back to key moments from her life before rowing, she describes the bolt from the blue that first inspired her to row across oceans and how this crazy idea evolved from a dream into a tendinitis-inducing reality. And finally, Savage discovers in the rough waters of the Atlantic the kind of happiness we all hope to find. **Britannia: Rowing Alone Across the Atlantic** John

Fairfax,1972 An account of the harrowing details of a six month 4 500 nautical mile trip across the Atlantic Ocean from the Canary Islands to Fort Lauderdale Florida

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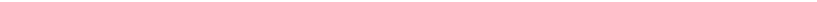
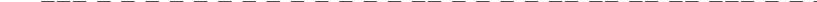
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