

Reinterpreting Menopause

Cultural and Philosophical Issues

Edited by
Paul A. Komesaroff, Philippa Rothfield
and Jeanne Daly



Reinterpreting Menopause

Alexandra Kokoli, Deborah Cherry



Reinterpreting Menopause:

Reinterpreting Menopause Paul A. Komesaroff, Philipa Rothfield, Jeanne Daly, 1997 First Published in 1997 Routledge is an imprint of Taylor Francis an informa company *Ecocritical Menopause* Nicole Anae, 2024-07-08 Ecocritical Menopause Women Literature Environment The Change is the first volume of its kind to bring together cross sectional ecofeminist voices privileging women s menopausal positionality within literary works This collection reexamines menopause across the disciplinary fields of ecofeminism and ecocriticism as clearly the most neglected phase of the menstrual cycle and aims to develop a critical discourse in counterpoint to the persistent cultural and critical legacies that sustain underrating women in midlife In highlighting selected literary representations of female being in transition this volume includes Exploration of the core motifs mediating the fashioning of menopausal women including biology the body body shaming climacterium hysteria the crone hag figure femininity gender identity reproduction sexlessness and asexuality Reexamination of histo cultural biases that continue to perpetuate a devaluation of women after menopause such as ageism degeneration loss of fertility and myths of essentialism patriarchy and hegemony social taboos the medicalization of menopause and cultural menophobia Analysis of literature genres in which we find portraits of peri post menopause subjectivity such as autofiction crime fiction detective fiction folktales frame tale fiction mystery poetry short story and the whodunit *Menopause Transitions and the Workplace* Vanessa Beck, Jo Brewis, 2024-01-10 The symptoms of menopause transitions have profound implications for work and are in turn affected by work Despite this the topic is rarely discussed in management and organization studies Providing an overview of existing knowledge in the field of menopause in the workplace this collection re theorizes the management of human resources as it relates to the connections between gender age and the body in the workplace environment with an intersectional analysis Offering theoretical frameworks from experts as well as possible practical approaches that can be implemented in workplaces to support women transitioning through menopause this is a go to reference for academics and policy makers working in the field *Menopause* Lynnette Leidy Sievert, 2006 Menopause is a biological reality for all women in their forties and fifties Yet the way we think about the cessation of menstruation is influenced by a variety of factors Cultural and technological influences combine with biology to transform this universal phenomenon into an experience that varies considerably between cultures and individuals In this concise book Lynnette Leidy Sievert draws on her own case studies from Puebla Mexico and western Massachusetts as well as on comparative data from other studies in places such as Slovenia Paraguay and Hawaii to explore the different ways that women experience menopause around the world Sievert suggests that attempts by medical professionals to define the normal occurrence of menopause including its typical onset and symptoms may not be realistic when considering how lifestyle nutrition and workload can contribute to diverging realities She explores how women feel about hysterectomies chemotherapy and other medical procedures and treatments that stop menstruation prematurely She also considers recent advances in technology

including post menopausal birth which have turned what was previously an unavoidable end of fertility into something that can be postponed A unique comparative look at women s experiences this text brings new perspectives to the mainstream literature on the subject and invites readers to consider compelling questions about menopause its meanings and its future

The Health and Wellbeing Coaches' Handbook Jonathan Passmore,Badri Bajaj,Lindsay G. Oades,2024-12-30 This comprehensive volume offers ideas examples and guidance to help coaches develop skills in their coaching practice specifically in the areas of health and wellbeing as they are experienced by their clients The book also explores the growing importance of wellbeing coaching within the wider coaching world and the health sector Starting with definitions of wellbeing and health coaching then delving into health and wellbeing issues faced by clients and tools for coaches along with their practical applications this book includes theory case studies and reflection exercises so that readers can use it in a personal and practical way The Health and Wellbeing Coaches Handbook is an essential resource for coach practitioners supervisors and consultants working with clients as well as for students in post graduate programmes including coaching health and allied health professional programmes and human resource professionals focusing on employee wellness

Lectures on the Psychology of Women Joan C. Chrisler,Carla Golden,Patricia D. Rozee,2012-12-21 Designed as a supplement in courses on the psychology of women the psychology of gender and gender role development this collection of short accessible lectures written by experienced and committed teachers spotlights topics that often receive less in depth coverage in core textbooks While topically arranged to align with standard texts each favorite lecture stands alone essentially instructors can assign the readings to meet their own course needs Among the student friendly features are the informal writing styles with each author speaking directly to the reader questions and ideas that encourage critical thinking and biographical statements and photographs that introduce each contributor The authors represent a variety of personal backgrounds and experiences but they believe in the importance of gender equality To that point the book addresses common feminist themes including the social construction of gender power the value of diversity inclusive language the global status of women and the value of social activism

Women Ageing Miriam Bernard,Val Harding Davies,Linda Machin,Judith Phillips,2005-06-22 Women Ageing provides a better understanding of what ageing is like for women and challenges the myths which have grown up around the ageing process Blending the scholarly the personal and the political it reveals the range of strategies and identities women adopt to manage the transitions of the second half of the life course In doing so it uncovers not only the commonalities and the similarities between mid life and older women but also some of the variation and diversity relating to ethnicity and race class disability and sexual orientation Women Ageing makes the ordinary lives of ordinary women as in this instance they grow older more visible Its findings have important implications for policy and practice All those studying or working with older people will find it an illuminating text

Encyclopedia of Feminist Theories Lorraine Code,2002-06-01 The path breaking Encyclopedia of Feminist Theories is an accessible

multidisciplinary insight into the complex field of feminist thought The Encyclopedia contains over 500 authoritative entries commissioned from an international team of contributors and includes clear concise and provocative explanations of key themes and ideas Each entry contains cross references and a bibliographic guide to further reading over 50 biographical entries provide readers with a sense of how the theories they encounter have developed out of the lives and situations of their authors

The Wrong Prescription for Women Maureen C. McHugh, Joan C. Chrisler, 2015-07-14 This groundbreaking book challenges the medicalized approach to women's experiences including menstruation pregnancy and menopause and suggests that there are better ways for women to cope with real issues they may face Before any woman diets douches botoxes reduces reconstructs or fills a prescription for antidepressants statins hormones menstrual suppressants or diet pills she should read this book Contesting common medical practice the book addresses the many aspects of women's lives that have been targeted as deficient in order to support the billion dollar profits of the medical pharmacological industry and suggests alternatives to these remedies The contributors psychologists sociologists and health experts are also gender experts and feminist scholars who recognize the ways in which gender is an important aspect of the human experience In this eye opening work they challenge the marketing and science that increasingly render women's bodies and experiences as a series of symptoms diseases and dysfunctions that require treatment by medical professionals who prescribe pharmaceutical and surgical interventions Each article in the book addresses the marketing of a specific condition that has been constructed in a way that convinces a woman that her body is inadequate or her experience and behavior are not good enough Among the topics addressed are menstruation menopause pregnancy post partum adjustment sexual desire weight body dissatisfaction moodiness depression grief and anxiety

Managing the Monstrous Feminine Jane M. Ussher, 2006 Managing the Monstrous Feminine takes a unique approach to the study of the material and discursive practices associated with the construction and regulation of the female body Jane Ussher examines the ways in which medicine science the law and popular culture combine to produce fictions about femininity positioning the reproductive body as the source of women's power danger and weakness Including sections on regulation the subjectification of women and women's negotiation and resistance this book describes the construction of the monstrous feminine in mythology art literature and film revealing its implications for the regulation and experience of the fecund female body Critical reviews are combined with case studies and extensive interview material to illuminate discussions of subjects including the regulation of women through the body regimes of knowledge associated with reproduction intersubjectivity and the body women's narratives of resistance These insights into the relation between the construction of the female body and women's subjectivity will be of interest to those studying health psychology social psychology medical sociology gender studies and cultural studies The book will also appeal to all those looking for a high level introduction to contemporary feminist thought on the female body

Body Failure Wendy Mitchinson, 2013-01-01 In this energetic new study Wendy Mitchinson traces

medical perspectives on the treatment of women in Canada in the first half of the twentieth century. It is based on in-depth research in a variety of archival sources including Canadian medical journals, textbooks used in many of Canada's medical faculties, popular health literature, patient case records, and hospital annual reports, as well as interviews with women who lived during the period. Each chapter examines events throughout a woman's life cycle: puberty, menstruation, sexuality, marriage, and motherhood, and the health problems connected to them: infertility, birth control, and abortion; gynaecology, cancer, nervous disorders, and menopause. Mitchinson provides a sensitive understanding of the physician-patient relationship, the unease of many doctors about the bodies of their female patients, as well as overriding concerns about the relationship between female and male bodies. Throughout the book, Mitchinson takes care to examine the roles and agency of both patients and practitioners as diverse individuals.

Monster/Beauty Joanna Frueh, 2001-02-19 This book is as seductive as the phenomenon that it explores. With courage, love, and joy, Frueh crosses into unexplored terrains of beauty and pleasure where she finds a grotesquely captivating creature. *Monster Beauty*. By illuminating her journey with thoughtful insight and engaging prose, she encourages readers to join her in her quest to articulate fresh ways of thinking about the aesthetic and the erotic, and of theorizing the flux of lived experience. John Alan Farmer, senior editor of *Art Journal*. *Monster Beauty* is a daringly provocative experiment in personal and erotic writing and an important book for anyone interested in breaking normative codes of beauty, pedagogy, and authorial methodology. In a richly self-revealing text, Frueh proposes nothing less than a Rabellaisian re-ordering of aesthetic embodiments within social relations. Mira Schor, author of *Wet On Painting: Feminism and Art Culture*. Giving new meaning to embodied writing, this book goes farther than any other toward getting the body into the text. Joanna Frueh is a performance artist; first she is also an art historian, a singer, a poet, a bodybuilder, a professor, an academic celebrity of modest fame, but her performances collapse these distinctions. Frueh's intensely personal, intensely physical prose brings an aura of presence to the book that rivals the effect she achieves on stage. Robyn Warhol, co-editor of *Feminisms*. This book is monstrous, full of gorgeous hypermuscular women, step mothers, and vampires full of ravishing muscular sex, classroom erotics, splendid aging. It is a performance in which Frueh explores and celebrates her body, its powers and beauties, and those of her friends and lovers. Alphonso Lingis, author of *Excesses, Abuses, and Dangerous Emotions*. A welcome voice in contemporary feminist theory, Frueh's *Monster Beauty* reminds us of the pleasures of thinking, teaching, and creating in wholly embodied, sensual, and passionate acts. Frueh poetically enacts the self as an aesthetic, erotic project, affirming the many different and beautiful selves we can become. It is a joy to read. Marsha Meskimmon, author of *We Weren't Modern Enough: Women Artists and the Limits of German Modernism*. Joanna Frueh is a hero. I sleep better knowing she's out there writing and thinking. Michael Cunningham, author of *The Hours*. *Age Becomes Us* Leni Marshall, 2015-06-30 Deconstructs fiction and nonfiction to further understandings of how aging and old age are created. In lively, accessible prose, this book expands the reach and depth of age studies. A review of age studies methods in theory.

literature and practice leads readers to see how their own intersectional identities shape their beliefs about age aging and old age This study asks readers to interrogate the texts of menopause self help books on aging and foundational age studies works In addition to the study of these nonfiction texts the poetry and prose of Doris Lessing Lucille Clifton and Louise Erdrich serve as vehicles for exploring how age relations work including how they invoke readers into kinships of reciprocal care as othermothers otherdaughters and otherelders The literary chapters examine how gifted storytellers provide enactments portrayals and metaphorical uses of age to create transformative potential

The Body in Everyday Life

Sarah Nettleton, Jonathan Watson, 2002-03-11 We all have a body but how does it impact upon our day to day life This book sets out to explore how ordinary women men and children talk about their bodies through four central themes physical and emotional bodies illness and disability gender ageing A coherent collection of such empirical research The Body in Everyday Life provides an accessible introduction to the sociology of the body a field previously dominated by theoretical or philosophical accounts

Art into Life Alexandra Kokoli, Deborah Cherry, 2020-05-14 Tracey Emin has undergone an extraordinary metamorphosis from a young unknown artist into the bad girl of the Young British Art yBA movement challenging the complacency of the art establishment in both her work and her life Today she is arguably the doyenne of the British art scene and attracts more acclaim than controversy Her work is known by a wide audience yet rarely receives the critical attention it deserves In Art Into Life Essays on Tracey Emin writers from a range of art historical artistic and curatorial perspectives examine how Emin s art life and celebrity status have become inextricably intertwined This innovative collection explores Emin s intersectional identity including her Turkish Cypriot heritage ageing and sexuality reflects on her early years as an artist and debates issues of autobiography self presentation and performativity alongside the multi media exchanges of her work and the tensions between art and craft With its discussions of the central themes of Emin s art attention to key works such as My Bed and accessible theorization of her creative practice Art into Life will interest a broad readership

Testosterone Dreams J. Hoberman, 2005 Testosterone Dreams is a detailed and frightening look at the shifting balance between patients fantasies and the entrepreneurial bioscience that fuels these desires Hoberman reveals the darker side of medicine that enhances athletic performances and how the publicity given those performances generates wider demands for enhancement medicine This book is a crucial contribution to the ethical deliberation of who we humans want to be as bodies and as selves Arthur W Frank author of The Wounded Storyteller

Intersections of Ageing, Gender and Sexualities Andrew King, Kathryn Almack, Rebecca L. Jones, 2020-09-16 Available Open Access under CC BY NC licence With an increasingly diverse ageing population we need to expand our understanding of how social divisions intersect to affect outcomes in later life This edited collection examines ageing gender and sexualities from multidisciplinary and geographically diverse perspectives and looks at how these factors combine with other social divisions to affect experiences of ageing It draws on theory and empirical data to provide both conceptual knowledge and clear real world illustrations The

book includes section introductions to guide the reader through the debates and ideas and a glossary offering clear definitions of key terms and concepts

Agewise Margaret Morganroth Gullette, 2011-03-15 Let's face it almost everyone fears growing older We worry about losing our looks our health our jobs our self esteem and being supplanted in work and love by younger people It feels like the natural inevitable consequence of the passing years But what if it's not What if nearly everything that we think of as the natural process of aging is anything but In Agewise renowned cultural critic Margaret Morganroth Gullette reveals that much of what we dread about aging is actually the result of ageism which we can and should battle as strongly as we do racism sexism and other forms of bigotry Drawing on provocative and under reported evidence from biomedicine literature economics and personal stories Gullette probes the ageism that drives discontent with our bodies our selves and our accomplishments and makes us easy prey for marketers who want to sell us an illusory vision of youthful perfection Even worse rampant ageism causes society to discount and at times completely discard the wisdom and experience acquired by people over the course of adulthood The costs both collective and personal of this culture of decline are almost incalculable diminishing our workforce robbing younger people of hope for a decent later life and eroding the satisfactions and sense of productivity that should animate our later years Once we open our eyes to the pervasiveness of ageism however we can begin to fight it and Gullette lays out ambitious plans for the whole life course from teaching children anti ageism to fortifying the social safety nets and thus finally making possible the real pleasures and opportunities promised by the new longevity A bracing controversial call to arms Agewise will surprise enlighten and perhaps most important bring hope to readers of all ages

Feminist Reconstructions in Psychology Mary Gergen, 2000-10-03 Feminist Reconstructions in Psychology introduces a distinctive new mode of doing psychology This psychology is based on an increasingly popular range of ideas called social constructionism Within the book new forms of theory and methods of inquiry relating social constructionism to feminist topics are introduced Each chapter highlights different topics of special concern within gender studies especially the psychology of women The first chapter outlines the purposes of the book and positions social constructionism in relation to the more traditional feminist psychologies empiricist and feminist standpoint Given the trend toward social constructionism the author thinks the broad audience of people doing gender work will be interested in becoming familiar with this approach to the field The second and third chapters are focused on narrative methods as a means for studying gender differences in popular autobiographies The discussions center on differences in stories of achievement family love and embodiment Quotations from well known personalities such as Donald Trump and Martina Navratilova enrich the text The fourth fifth and sixth chapters involve issues of menopause with a focus group methodology a historical look at the male gaze as it is poised on the Naked Maja painting by Goya and how relationships function within imaginal conversations The two final chapters in the book are exemplars of a recent innovation in the field called performative psychology One monologue is about aging in contemporary society and the other is a feminist critique of aspects of

postmodernism itself The book draws from the central tenets of postmodern inquiry as played out in the positive framework of social constructionism Emphasized are reflexivity the social basis of reality making the breakdown of traditional narrative forms the loss of objectivity as a scientific standard and the possibilities for new forms of doing research In this respect the book is unique and serves to provide a point of view on an intriguing movement that is gaining momentum across the social sciences and humanities It is hoped that this book might serve as a catalyst for further innovative work in psychology This text encourages such moves by its own irreverence for traditions and its overt efforts to break down resistances to creativity in the field

A Certain Age Susan Feldman, 2020-08-26 Older women run their own businesses Older women go to aerobics classes Older women fall in love In fact older women have active lives and make a major contribution to the community despite the the public assumption that they are past their use by date A Certain Age explores the public and private worlds of older women Challenging the emphasis on declining health in other studies of ageing it looks at the interactions between older women and family friends and the community as well as their work and leisure activities The authors discuss the factors that are important in older woman s lives such as home menopause fitness learning widowhood and intimacy They show that many older women maintain good health and an independent lifestyle while others experience barriers that prevent them from continuing to be active members of their community A Certain Age is valuable reading for anyone who works with older people develops programs or policies for older people or is interested in the experience of growing older

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