

Nursing Metaparadigm of Different Nurse Theorists

	PERSON	HEALTH	NURSING	ENVIRONMENT
NIGHTINGALE	Human beings were not defined by Nightingale specifically.	Nightingale (1859/1992) did not define health specifically.	"What nursing has to do... is to put the patient in the best condition for nature to act upon him" (Nightingale, 1859/1992)	Nightingale's writings reflect a community health model in which all that surrounds human beings is considered in relation to their state of health.
OREM	Humans are defined as "men, women, and children cared for either singly or as social units," and are the "material object" of nurses and others who provide direct care.	Health is "being structurally and functionally whole or sound."	Nursing is an art through which the practitioner of nursing gives specialized assistance to persons with disabilities which makes more than ordinary assistance necessary to meet needs for self-care.	The environment has physical, chemical and biological features. It includes the family, culture, and community.
HENDERSON	Individuals have basic needs that are component of health and require assistance to achieve health and independence or a peaceful death.	Health was taken to mean balance in all realms of human life.	"The unique function of the nurse is to assist the individual, sick or well, in the performance of those activities contributing to health or its recovery that he would perform unaided if he had the necessary strength, will or knowledge. And to do this in such a way as to help him gain independence as rapidly as possible."	No explicit definition of the environment, though she stated that: "maintaining a supportive environment conducive for health is one of the elements of her 14 activities for client assistance."
PEPLAU	An organism that "strives in its own way to reduce tension generated by needs."	Health is defined as "a word symbol that implies forward movement of personality and other ongoing human processes in the direction of creative, constructive, productive, personal, and community living."	Hildegard Peplau considers nursing to be a "significant, therapeutic, interpersonal process."	Although Peplau does not directly address society/environment, she does encourage the nurse to consider the patient's culture and mores when the patient adjusts to hospital routine.
ROGERS	A person is defined as an indivisible, pan-dimensional energy field identified by a pattern, and manifesting characteristics specific to the whole, and that can't be predicted from knowledge of the parts.	Rogers defines health as an expression of the life process	Nursing aims to assist people in achieving their maximum health potential.	It is the study of unitary, irreducible, indivisible human and environmental fields: people and their world.
KING	Individuals are social beings who are rational and sentient. Humans communicate their thoughts, actions, customs, and beliefs through language.	Health is a dynamic life experience of a human being, which implies continuous adjustment to stressors in the internal and external environment through optimum use of one's resources to achieve maximum potential for daily living.	Environment is the background for human interactions. It is both external to, and internal to, the individual.	Nursing is a process of action, reaction, and interaction whereby nurse and client share information about their perceptions in the nursing situation.
WATSON	Human being is a valued person to be cared for, respected, nurtured, understood, and assisted; in general a philosophical view of a person as a fully functional integrated self.	Health is the unity and harmony within the mind, body, and soul; health is associated with the degree of congruence between the self as perceived and the self as experienced.	Society provides the values that determine how one should behave and what goals one should strive toward.	Nursing is a human science of persons and human health-illness experiences that are mediated by professional, personal, scientific, esthetic, and ethical human care transactions.

Nursing Theories And Models

**Hugh A. McKenna, Majda
Pajnkihar, Dominika Vrbnjak**



Nursing Theories And Models:

Nursing Theories and Models Hugh McKenna, 2006-09-07 Nursing theory is a major part of all nursing courses and nurses are encouraged to use theories in practice but it is not always easy for the student to make a real connection between the two. Drawing on many years experience of teaching and research, Hugh McKenna addresses the theory needs of both students and qualified staff. He demystifies the confusing terminology associated with nursing theory and shows how all nurses can build theory from practice through reflection and analysis. This text offers step by step guidelines on how to analyse concepts, how to generate and select theory, how to apply and test theory in practice. Written in a friendly, easy to read style, *Nursing Theories and Models* puts forward realistic strategies for bridging the theory practice gap. *Fundamentals of Nursing Models, Theories and Practice* Hugh A. McKenna, Majda Pajnkihar, Fiona Murphy, 2014-04-14 A concise, accessible introduction to the development, application and evaluation of nursing theories, this new edition of *Fundamentals of Nursing Models, Theories and Practice* provides a thorough overview of the body of knowledge on the topic and a clear outline of their relevance to everyday nursing practice. Linking the development of theory to practice, this full updated text features learning outcomes, key concept summaries and reflective exercises to aid the study of this key element of all modern nursing courses. **Special Features:** Clearly examines the relationship between nursing theory, clinical practice and nursing roles. Accessible and user friendly with a range of features to help study, including key concepts, learning objectives and reflective exercises. Useful for all pre-registration nursing students as well as newly qualified nurses. Accompanied by an online resource centre featuring case studies, multiple choice questions, exercises and activities. *Nursing Theories and Models* Ruby L. Wesley, Marylou K. McHugh, 1992 *Vital Notes for Nurses* Hugh McKenna, Oliver Slevin, 2011-11-28 *Vital Notes for Nurses* Nursing Models, Theories and Practice provides a concise, accessible introduction to the development, application and evaluation of nursing theories and clearly outlines their relevance to everyday nursing practice. It encourages the reader to view theories from a broader conceptual base, enabling them to be more objective when it comes to clinical practice. Suitable for nursing students and newly qualified nurses, the authors explore the relationship between nursing theories and practice, specifically analysing their origins, development, selection and use. It discusses how nursing theories evolve, how they relate to nursing roles, how to select a nursing theory relevant to your practice and how to evaluate theories critically. **Key Features:** Clearly examines the relationship between nursing theory, clinical practice and nursing roles. Written in a clear, accessible style which assumes no prior knowledge. Useful to all nursing students on the common foundation programme as well as newly qualified nurses. Each chapter includes features such as activities, case studies and learning objectives. In the *Vital Notes for Nurses* series. **Nursing Theories: A Framework for Professional Practice** Kathleen Masters, 2014-07-15 *Nursing Theories: A Framework for Professional Practice* Second Edition covers the work of those who have been central to nursing theory for decades as well as many newer theorists. The text draws content from topics such as philosophy, conceptual models

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