



## **Recent developments in Child and Adolescent Psychiatry in India**

Professor V. Sagar and Dr. E. Sharma (India)

### **Introduction**

India has approximately 40% of its population of 1.2 billion under the age of 18 years. The burden of mental illness in Indian children and the significant gap in access to treatment has been reported in the recent literature. The growth of Child and Adolescent Psychiatry (CAP) as a specialty in Psychiatry has happened in a very gradual manner over the past five decades. This article focuses on the recent developments in clinical services, training, research and policies related to CAP in India.

### **Clinical services**

The National Institute of Mental health and Neurosciences (NIMHANS) has recently extended its CAP outpatient services to 16- and 17-year old adolescents. In addition, a 24-bed inpatient facility named Adolescent Psychiatry Centre (APC), the first of its kind in India, started in the year 2015.

Special clinics have recently been initiated in institutions like NIMHANS and Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Pondicherry. The special clinics at JIPMER include a multidisciplinary monthly follow-up clinic for children with ASD, with the Paediatrician, Child Psychiatrist, Speech Pathologist and Occupational Therapist providing input; a multi-disciplinary child crisis counselling centre; and an adolescent mental health clinic. NIMHANS has initiated the following special clinics:

- o Weekly clinic for children with Specific Learning Disorders
- o Aasare Clinic for Parents of children with emotional, behavioural or learning problems. The term aasare is from the local vernacular language, Kannada, and means support.
- o Swatantra clinic for children referred from Child Protective Services. The term swatantra is also from the local vernacular language, Kannada, and means independence.

### **Training**

A 3-year Doctorate of Medicine (DM) in CAP is available in two institutes in India: NIMHANS, India and Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh. Postdoctoral Fellowship (PDF) training is available at NIMHANS; JIPMER; Christian Medical College (CMC), Vellore; Vijayawada Institute of Mental Health and Neurosciences (VIMHANS), Vijayawada; and Asha Hospital, Hyderabad. The PDF course duration is 1 year in all institutions except CMC, Vellore (where the duration is 2 years). Admission to these courses is open to candidates who have completed their postgraduate degree (MD/DNB) in Psychiatry. Recently NIMHANS has initiated a 6-month certificate course for child and adolescent therapy and family therapy. This course will be provided to clinical

# Recent Developments In Adolescent Psychiatry

**Masayuki Shimizu**



## **Recent Developments In Adolescent Psychiatry:**

**Recent Progress in Child and Adolescent Psychiatry** Masanori Hanada, 1999-02-01 In 1998 the birth rate in Japan fell to an unprecedented 1.39. Among the possible causative factors are a growing preference among women to remain unmarried, an increase in the mean age at marriage and a rise in the number of women who continue working after marriage. In contrast to the decreasing number of children in Japan or perhaps as a result, there has been an increase of such dysfunctional phenomena as violence at home and in schools, bullying, truancy and eating disorders among adolescents. These and other issues are among the topics considered by the contributors to *Recent Progress in Child and Adolescent Psychiatry* Vol 2, edited under the auspices of the Japanese Society of Child and Adolescent Psychiatry. The volume presents a broad ranging view of recent progress in the rapidly developing field of child and adolescent psychiatry, providing a valuable resource for practitioners, researchers and students of psychiatry and clinical psychology.

**Recent Progress in Child and Adolescent Psychiatry** Masayuki Shimizu, 2012-12-06 Child and adolescent psychiatry is a complex clinical discipline whose practitioners work in close cooperation with their professional colleagues in clinical medicine, education, social welfare, sociology, family relations, theory and legal affairs. This volume, the first of its kind to be published in Japan, provides a broad ranging view of recent progress in the rapidly developing field of child and adolescent psychiatry. Topics include infant psychiatry, developmental disorders, the interface between education and psychiatry, especially as it relates to the phenomenon of school refusal, neurotic disorders and adolescent psychoses, as well as parental power and child abuse and psychiatric problems surrounding organ transplantation in children. The section on autism and education focuses on problems of autistic children reaching adolescence, a subject that has rarely been treated so directly. Also of clinical interest and importance is the discussion presented here of high risk factors for adolescent psychosis. This volume, with contributions by leading professionals in the field, is a valuable source and reference for practitioners, researchers and students of child and adolescent psychiatry and clinical psychology.

**Recent Developments in Criminological Theory** Scott A.

Lukas, 2017-07-05 This volume contains recent and cutting edge articles from leading criminological theorists. The book is organized into ten sections, each representing the latest in the multi-disciplinary orientations representing a cross section of contemporary criminological theory. These sections include: 1. Classical and Rational Choice; 2. Biological and Biosocial; 3. Psychological; 4. Social Learning and Neutralization; 5. Social Control; 6. Social Ecology; Sub-cultural and Cultural; 7. Anomie and Strain; 8. Conflict and Radical; 9. Feminist and Gender; 10. Critical Criminologies: Anarchist, Postmodernist, Peacemaking. The articles were selected based on their contributions to advancing the field, including ways in which the authors of each chapter understand the current theoretical tendencies of their respective approaches and how they envision the future of their theories. Because of this, the articles focus on theory rather than empirical research. Of particular note is the tendency toward integration of different perspectives as described by editors Henry and Lukas in their original introduction to this volume.

*Recent Developments in Autism Research* Manuel F. Casanova, 2005 Autism is a condition worn for public scrutiny blending personal aspects of the patient's life with his/her social environment This book focuses on the physical aspects which make an individual autistic

*Child and Adolescent Psychiatry in Europe* Helmut Remschmidt, Herman van Engeland, 2012-12-06 The intention of this book is to provide an overview of child and adolescent psychiatry in Europe focusing on the historical development current situation and future perspectives of the specialty Child and adolescent psychiatry is now acknowledged as a medical specialty or subspecialty in almost all European countries Also the number of child psychiatrists has increased dramatically over the last decade However there are still enormous differences from country to country not only with regard to the number of specialists but also with regard to the extent and nature of services provided and their diagnostic and therapeutic orientation Furthermore important differences exist in the training curricula for child and adolescent psychiatry within medicine and other professional fields both inside and outside the universities and in the image and importance of this discipline to the public This diversity is also reflected in the reports on the historical development current situation and future perspectives of child and adolescent psychiatry in 31 European countries all following the same structure in order to facilitate comparability This structure comprises 1 the historical development and the current situation 2 classification systems and diagnostic and therapeutic methods 3 structure and organization of services 4 cooperation with other medical and non medical disciplines 5 training and continuing medical education 6 research and 7 future perspectives

*Recent Developments in Neuroscience Research on Human Motivation* Sung-il Kim, Johnmarshall Reeve, Mimi Bong, 2016-12-13 This volume provides new insight into motivation theory by integrating noteworthy neuroscience research findings on motivation This volume is dedicated to advancing our understanding of brain mechanisms of underlying motivational phenomena including reward approach autonomy intrinsic motivation learning effort curiosity and self control

*Recent Developments in Adolescent Psychiatry* L. K. George Hsu, Michel Hersen, 1989-01-17 An up to date review of recent findings in the growing field of adolescent psychiatry Contributors cover all the disorders commonly associated with adolescence as categorized in DSM III and DSM III R Surveys a wide range of therapeutic approaches addressing development diagnosis assessment management and legal issues and provides timely information on teenage suicide crisis management and substance abuse

**Lewis's Child and Adolescent Psychiatry** Andrés Martin, Fred R. Volkmar, Melvin Lewis, 2007 Established for fifteen years as the standard work in the field Melvin Lewis's *Child and Adolescent Psychiatry A Comprehensive Textbook* is now in its Fourth Edition Under the editorial direction of Andrés Martin and Fred R Volkmar two of Dr Lewis's colleagues at the world renowned Yale Child Study Center this classic text emphasizes the relationship between basic science and clinical research and integrates scientific principles with the realities of drug interactions This edition has been reorganized into a more compact clinically relevant book and completely updated with two thirds new contributing authors The new structure incorporates economics diversity and a heavy focus on evidence based

practice Numerous new chapters include genetics research methodology and statistics and the continuum of care and location specific interventions A companion Website provides instant access to the complete fully searchable text

**Rutter's Child and Adolescent Psychiatry** Anita Thapar, Daniel S. Pine, James F. Leckman, Stephen Scott, Margaret J. Snowling, Eric A. Taylor, 2017-12-26 Rutter's Child and Adolescent Psychiatry is the leading textbook in its field Both interdisciplinary and international it provides a coherent appraisal of the current state of the field to help researchers trainees and practicing clinicians in their daily work Integrating science and clinical practice it is a comprehensive reference for all aspects of child and adolescent psychiatry New to this full color edition are expanded coverage on classification including the newly revised Diagnostic and Statistical Manual of Mental Disorders DSM 5 and new chapters on systems neuroscience relationship based treatments resilience global psychiatry and infant mental health From an international team of expert editors and contributors this sixth edition is essential reading for all professionals working and learning in the fields of child and adolescent mental health and developmental psychopathology as well as for clinicians working in primary care and pediatric settings Michael Rutter has contributed a number of new chapters and a Foreword for this edition I greatly welcome this new edition as providing both a continuity with the past and a substantial new look Professor Sir Michael Rutter extract from Foreword Reviews of previous editions This book is by far the best textbook of Child Adolescent Psychiatry written to date Dr Judith Rapoport NIH The editors and the authors are to be congratulated for providing us with such a high standard for a textbook on modern child psychiatry I strongly recommend this book to every child psychiatrist who wants a reliable up to date comprehensive informative and very useful textbook To my mind this is the best book of its kind available today Journal of Child Psychology and Psychiatry

**New Developments in Parent-child Relations** Dorothy M. Devore, 2006 In the life of a person there are probably no events outside influences or genetic characteristics even approaching the significance of the broad category of acts and actions called parent child relations These include decisions and actions and lack thereof from the first day of life and sometimes throughout the life span They include learning by example schooling disciplining coping skills behavioural practices eating habits communication skills conflict management and a plethora of other actions This book presents new research in this dynamic field

**Pediatric Psychopharmacology** Andres Martin, Lawrence Scahill, Christopher Kratochvil, 2010-12-14 When the first edition of Pediatric Psychopharmacology published in 2002 it filled a void in child and adolescent psychiatry and quickly establishing itself as the definitive text reference in pediatric psychopharmacology While numerous short clinically focused paperbacks have been published since then no competitors with the scholarly breadth depth and luster of this volume have emerged In the second edition Christopher Kratochvil MD a highly respected expert in pediatric psychopharmacology joins the outstanding editorial team led by Dr Martin and Dr Scahill In the new edition the editors streamline the flow of information to reflect the growth in scientific data since the first edition appeared The overall structure of the book remains the same with major sections on

underlying biology somatic interventions assessment and treatment and special considerations      *Child and Adolescent Psychology for Social Work and Allied Professions* Gabriela Misca, Peter Unwin, 2018-10-17 This essential new textbook meets the challenges faced by those who work with children in order to provide safe and effective practice It identifies the ways in which social work and psychology need to work together to achieve this Misca and Unwin reflect on the need for research mindedness in social work education and offer an invaluable critical analysis of current knowledge of child and adolescent psychology theory and research to help inform best social work practice Whether a student on a qualifying course or an experienced practitioner this is essential reading for social workers and psychologists working with children and adolescents

Rutter's Child and Adolescent Psychiatry and Psychology Anita Thapar, Daniel S. Pine, Samuele Cortese, Cathy Creswell, Tamsin J. Ford, James F. Leckman, Argyris Stringaris, 2025-05-23 Up to date edition of a leading textbook on child and adolescent psychiatry with new information on COVID 19 digital technology and more Both interdisciplinary and international in scope Rutter s Child and Adolescent Psychiatry delivers an expansive overview of the current state of the field covering the latest research advancements and technological developments This Seventh Edition has undergone an extensive revision process including a comprehensive review of chapter outlines and two stages of critical review for each full chapter by the editorial team In this edition each author provides short video clips to give a taste of their chapter along with instructor slides for teaching and training New chapters cover changes in science and the needs of children around the world global threats including COVID 19 wars and natural disasters care in low resource settings diversity in relation to gender and sexual orientation and body dysmorphic disorder as well as digital technology detailing the growing interest in digital approaches to assessment and intervention Written by a team of expert editors and contributors Rutter s Child and Adolescent Psychiatry discusses sample topics including Diagnosis diagnostic formulations and classifications of developmental psychopathology as well as neurodevelopmental disorders and emotion emotional regulation and emotional disorders Child maltreatment and sexual abuse as well as influences on psychopathology including genetics epigenetics psychosocial adversity parental psychiatric disorders and physical treatment Available treatments including parenting programs cognitive behavioural therapy family interventions and relationship based treatments Contexts of clinical encounters including refugee and asylum seeking children children affected by HIV AIDS and children with specific sensory impairments The Seventh Edition of Rutter s Child and Adolescent Psychiatry is an essential resource for all professionals working and learning in the fields of child and adolescent mental health and developmental psychopathology along with clinicians working in primary care and paediatric settings      **Recent Advances in Information and Communication**

**Technology 2019** Pongsarun Boonyopakorn, Phayung Meesad, Sunantha Sodsee, Herwig Unger, 2019-05-11 This book presents the latest research on computer recognition systems Over the last few years computer scientists engineers and users have been confronted with rapid changes in computer interfaces and in the abilities of the machines and the services

available And this is just the beginning based on recent research findings we can expect more significant advances and challenges in the next decade Achievements in the area of artificial intelligence have made an important major contribution to these developments Machine learning natural language processing speech recognition image and video processing are just some of the major research and engineering directions that have made autonomous driving language assistants automatic translation and answering systems as well as other innovative applications such as more human oriented interfaces possible Those developments also reflect economic changes in the world which are increasingly dominated by the needs of enhanced globalization international cooperation including its competitive aspects and emerging global problems

Abnormal Child and Adolescent Psychology Linda Wilmschurst, 2017-03-03 Written from a developmental perspective Abnormal Child and Adolescent Psychology is organized around five prominent and recurring themes the course of normal development proceeds in an orderly and predictable direction maladaptive behaviors represent deviations from the normal path maladaptive behavior is represented by a continuum of severity symptoms syndromes disorders based on the degree to which behaviors deviate from the norm individual interpersonal contextual and cultural factors interact in a reciprocal way to influence normal development and abnormal deviations theoretical input from diverse perspectives can guide our understanding of underlying processes that precipitate and maintain behaviors and the different developmental pathways that might result The revision will be divided into 5 sections all integrating the DSM 5 and will include a new chapter on child maltreatment and self injurious behavior

Abnormal Child and Adolescent Psychology Allen C. Israel, Jennifer Weil Malatras, Rita Wicks-Nelson, 2020-10-29 Abnormal Child and Adolescent Psychology is a comprehensive introduction to the field It covers theoretical and methodological foundations and examines the characteristics epidemiology etiology developmental course assessment and treatment of disorders of childhood and adolescence At the heart of the text is the partnership of the developmental psychopathology perspective which analyzes problems of youth within a developmental context and a traditional clinical disorder approach which underscores the symptoms causes and treatments of disorders Woven throughout the text is the view that behavior stems from the continuous interaction of multiple influences that the problems of the young are intricately tied to their social and cultural contexts and that empirical approaches and the scientific method provide the best avenue for understanding the complexity of human behavior This edition explores the latest areas of research and tackles important contemporary topics including how to best classify and diagnose problems the Research Domain Criteria RDoC framework the roles of genetics and early brain development and their interaction with the environment the complex roles of family and peers sex gender and culture ethnicity and race in psychopathology progress in early intervention and prevention improvements in accessibility and dissemination of evidence based treatments social issues such as poverty child maltreatment substance use bullying victimization and terrorism and war This edition also features a new full color design and over 200 color figures tables and photos The text is written in a clear and engaging style and is

approachable for students with varying academic backgrounds and experiences It is rich in case descriptions that allow students to examine problems through the lens of youth and their families The Accent boxes foster discussion of current interest topics such as infant mental health scientific evidence regarding vaccines and autism suicidality in sexual minority youth and the impact of stigmatization The Looking Forward sections focus students attention on the central concepts to be addressed while the Looking Back sections provide students with a synopsis of the chapter for further study and reflection The text is also supplemented with online resources for students and instructors Adolescent Psychiatry, V. 24 Aaron H. Esman, 2013-05-13 Launched in 1971 Adolescent Psychiatry promised to explore adolescence as a process to enter challenging and exciting areas that may have profound effects on our basic concepts Further they promised a series that will provide a forum for the expression of ideas and problems that plague and excite so many of us working in this enigmatic but fascinating field The repository of a wealth of original studies by preeminent clinicians developmental researchers and social scientists specializing in this stage of life the series has become an essential resource for all mental health practitioners working with youth Volume 24 of The Annals surveys four broad areas of adolescent psychiatry that speak to the challenges and opportunities now before the field Part I offers three important reassessments of adolescent development they focus respectively on separation individuation theory the interpersonal matrix of adolescence and the psychology of belonging Part II explores the future of child and adolescent psychiatry in the context of school based mental health services Several assessments of ongoing school based mental health clinics provide the context for reflection on the future of school based delivery systems Part III examines forensic issues in adolescent psychiatry and includes an overview of forensic psychiatry for adolescent psychiatrists an update on juvenile justice and a review of the issue of competence in adolescents Finally Part IV offers a series of current perspectives on psychopharmacology in relation to adolescence Contributors review the current status of pharmacological treatment of different adolescent populations including adolescents with behavior disorders affective disorders anxiety disorders pervasive developmental disorders and psychosis The volume concludes with a timely examination of the role of psychiatric consultation on an adolescent medical service *Child and Adolescent Psychology* Stephen von Tetzchner, 2018-10-26 Child and Adolescent Psychology provides an accessible and thorough introduction to human development by integrating insights from typical and atypical development This integration cements understanding since the same processes are involved Knowledge about atypical development informs the understanding of typical development and knowledge about typical development is a necessary basis for understanding atypical development and working with children with disorders Based on international research and informed by biological social and cultural perspectives the book provides explanations of developmental phenomena with a focus on how children and adolescents at different age levels actually think feel and act Following a structure by topic with chronological developments within each chapter von Tetzchner presents and contrasts the major theoretical ideas in developmental psychology and discusses their



implications for different aspects of development He also integrates information about sensory physical and cognitive disabilities and the main emotional and behavioral disorders of childhood and adolescence and the developmental consequences of these disabilities and disorders Child and Adolescent Psychology is accompanied by online resources for lecturers and students to enhance the book including essay questions for each chapter Powerpoint slides and multiple choice questions The book and companion website will prove invaluable to developmental psychology students *Current Catalog* National Library of Medicine (U.S.),1993 First multi year cumulation covers six years 1965 70 Abnormal Child and Adolescent Psychology Rita Wicks-Nelson,2015-08-07 Abnormal Child and Adolescent Psychology with DSM 5 Updates 8 e presents students with a comprehensive research based introduction to understanding child and adolescent psychopathology The authors provide a logically formatted and easy to understand text that covers the central issues and theoretical and methodological foundations of childhood behavior disorders Rich with illustrations and examples this text highlights the newest areas of research and clinical work stressing supported treatments and the prevention of behavior problems of youth

## Unveiling the Energy of Verbal Beauty: An Emotional Sojourn through **Recent Developments In Adolescent Psychiatry**

In a world inundated with displays and the cacophony of quick conversation, the profound power and psychological resonance of verbal art frequently fade in to obscurity, eclipsed by the constant onslaught of noise and distractions. However, located within the lyrical pages of **Recent Developments In Adolescent Psychiatry**, a captivating function of fictional elegance that pulses with natural feelings, lies an wonderful journey waiting to be embarked upon. Published by way of a virtuoso wordsmith, this exciting opus courses readers on a mental odyssey, gently exposing the latent potential and profound influence embedded within the complex internet of language. Within the heart-wrenching expanse of this evocative examination, we shall embark upon an introspective exploration of the book is main subjects, dissect their charming publishing style, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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