AGING IN PLACE

TIPS ON MAKING HOME SAFE AND ACCESSIBLE

Many older adults want to "age in place"
—stay in their own homes as they get older—but
may have concerns about safety, getting around,
or other daily activities.



A few changes could make your home easier and safer to live in and help you continue to live independently.

Don't use are a rugs and check that all carpets are fixed firmly to the floor.

Replace handles on doors or faucets with ones that are comfortable for you to use.

Install grab bars near toilets and in the tub or shower.

Install a ramp with handrails to the front door. Reduce fall hazards: place no-slip strips or non-skid mats on tile and wood floors or surfaces that may get wet. Place light switches at the top and bottom of stairs and remember to turn on night lights.



Making Aging In Place Work

Rosina Ehmann

Making Aging In Place Work:

Uncover the mysteries within is enigmatic creation, Discover the Intrigue in **Making Aging In Place Work**. This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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