

REBIRTHING MADE EASY

A Gateway
to Self-knowledge,
Aliveness and
Compassion.

COLIN P. SISSON

Rebirthing Made Easy A Gateway To Selfknowledge Aliveness And Compassion

D W Thorpe, Thorpe, D. W., Staff



Rebirthing Made Easy A Gateway To Selfknowledge Aliveness And Compassion:

Spirit Being Human Hazel Rose, 2023-01-20 Everything happens for a reason Soon after the initial trauma has subsided the universe provides a golden opportunity to hear the language of light within to grow heal and become a stronger wiser and healthier person In a unique journey of self discovery Hazel Rose leads others through her traumatic experiences while growing up in a small island community in North Queensland and later as she encountered tragedy accidents a family breakdown domestic violence drugs and alcohol rape confrontations with the law and repeated violent relationships While detailing her life journey Hazel also documents her accounts of the fight fright and freeze responses in her body and how this propelled her spiritual growth as she found a new path from her darkest challenges to a remarkable recovery where she reconnected with spirit through yoga meditation and the arts discovered an inner sanctuary and realized the importance of community family and friends Spirit Being Human shares a journey of self discovery as a trauma survivor discovers resilience through yoga the arts her spiritual connection and much more *New Zealand Books in Print 1996* D W Thorpe, Thorpe, D. W., Staff, 1996-02 With complete bibliographic information on titles from New Zealand the Pacific Islands this is an essential guide to the publishing industry in the Pacific Entries are indexed by title publisher subject Also included are a book trade FAX directory all literary awards association addresses bookseller libraries more *New Zealand Books in Print* , 1987

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In some sort of inundated with displays and the cacophony of fast connection, the profound power and mental resonance of verbal art often fade into obscurity, eclipsed by the regular barrage of noise and distractions. However, set within the musical pages of **Rebirthing Made Easy A Gateway To Selfknowledge Aliveness And Compassion**, a captivating work of literary elegance that impulses with organic feelings, lies an unique trip waiting to be embarked upon. Published with a virtuoso wordsmith, this mesmerizing opus instructions viewers on an emotional odyssey, gently exposing the latent possible and profound affect embedded within the delicate internet of language. Within the heart-wrenching expanse of the evocative analysis, we shall embark upon an introspective exploration of the book is main themes, dissect its fascinating writing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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