

MY ONE GOOD NERVE

Rhythms • Rhymes • Reasons

by
RUBY DEE

Introduction
by
OSSIE DAVIS



My One Good Nerve

Ruby Dee



My One Good Nerve:

My One Good Nerve Ruby Dee, 2008-04-21 Intimate reflections on loving and living from an American treasure My One Good Nerve draws me back into my sweetest past a work of memory and art Maya Angelou My One Good Nerve is an exuberant collection of writings in the down home tradition by that incomparable icon of the human spirit Ruby Dee Married for 50 years to fellow actor Ossie Davis Dee has led an astonishingly full life But she has never forgotten where she comes from as an African American woman Fans who have admired and drawn strength over the years from Dee s outspoken human rights advocacy and unforgettable characters are rewarded here with many glimpses into her memories and convictions Based on her long running one woman show this book is an inspiration and a blessing Ruby Dee New Rochelle NY grew up in Harlem and graduated from Hunter College in New York City Inducted into the Theater Hall of Fame in 1989 she was an original cast member of Broadway classics such as A Raisin in the Sun and South Pacific and appeared in Spike Lee s Do the Right Thing and the landmark adaptation of Alex Haley s Roots She performs her one woman show My One Good Nerve in theatres across the country

Sister Days Janus Adams, 2008-04-21 Stories from the Amazing journey of African American Women Whether read as history or practical inspiration the stories of bravery intelligence and fortitude revealed give a unique road map to rediscovering sister power The New American A collection of moving stories that celebrate the lives of black women who have overcome the many obstacles in their paths to pursue their dreams African Sun Times Now in paperback Sister Days offers you a daily invitation to share in the life affirming legacy of African American women Here are 365 uplifting meditations on courage daring and resistance that bring us valuable reminders of how real women in real times from Harriet Tubman to aviator Bessie Coleman to Wild West legend Stagecoach Mary to world renowned writer Maya Angelou created a better way of life for themselves and a better world for others In reading their stories we ensure that these women live on as shining beacons to light our own quests for happier more fulfilled lives

Biographical Dictionary of African Americans, Revised Edition Rachel Kranz, 2021-01-01 For centuries African Americans have made important contributions to American culture From Crispus Attucks whose death marked the start of the Revolutionary War to Oprah Winfrey perhaps the most recognizable and influential TV personality today black men and women have played an integral part in American history This greatly expanded and updated edition of our best selling volume The Biographical Dictionary of Black Americans Revised Edition profiles more than 250 of America s important influential and fascinating black figures past and present in all fields including the arts entertainment politics science sports the military literature education the media religion and many more

Puttin' on My Big Girl Panties Michelle Kindle-Clyburn, 2007-07-17 Meet Renee an up and coming professional in the world of loans and financing She didnt come to this path easily surviving a childhood in East Los Angeles in a single parent home with plenty of siblings to forge a less than successful path for her But Renee saw something different out there for herself a world full of opportunity and promise The fact that she was a big girl never stopped her from pursuing

a career until the 10 year friendship with Robert bloomed into romance Tall and rather lean Robert was not at all what you would call a leading man but Renee fell in love with Robert and he fell hard for her Things looked promising until the Colonel Roberts father met Renee All bets were off Suddenly Renees weight became the deal breaker You will laugh you will cry but ultimately you will be fighting this battle right along with Renee cheering her on while shes putting on her big girl panties

Encyclopedia of African American Actresses in Film and Television Bob McCann,2022-09-23 The first work of its kind this encyclopedia provides 360 brief biographies of African American film and television actresses from the silent era to 2009 It includes entries on well known and nearly forgotten actresses running the gamut from Academy Award and NAACP Image Award winners to B film and blaxpoitation era stars Each entry has a complete filmography of the actress s film TV music video or short film credits The work also features more than 170 photographs some of them rare images from the Schomburg Center for Research in Black Culture African American Lives Henry Louis Gates,Evelyn Brooks Higginbotham,2004-04-29 The first book of its kind since 1982 s Dictionary of American Negro Biography African American Lives leads us into a new era of African American biographical scholarship In collaboration with Oxford University Press and the American Council of Learned Societies and with contributions from over four hundred scholars and experts in many fields the editors and their staff at the W E B Du Bois Institute for African and African American Research at Harvard University have collected in this single volume the lives of many of the most important and most interesting names in African American history BOOK JACKET The New York Times Theater Reviews 1997-1998 C. S. Smith,Times Books,2014-10-13 First published in 2001 Routledge is an imprint of Taylor Francis an informa company **American Theatre** Thomas S. Hischak,2001-02-08 Volume Four of the distinguished American Theatre A Chronicle of Comedy and Drama series offers a thorough candid and fascinating look at the theater in New York during the last decades of the twentieth century **Enter the Players** Thomas S. Hischak,2003 Each player is discussed in a brief biography followed by a complete list of every play and character they performed in New York Also included are plays and musicals that were heading to New York but closed before opening Cast replacements are indicated as well as Tony nominations and awards Within Enter the Players each actor comes alive as his or her career is revealed step by step role by role This book is an invaluable reference work and provides hours of fascinating browsing for anyone who loves theatre BOOK JACKET **Black Authors and Illustrators of Books for Children and Young Adults** Barbara Thrash Murphy,Deborah L. Murphy,2006-12-21 Black Authors and Illustrators of Books for Children and Young Adults is a biographical dictionary that provides comprehensive coverage of all major authors and illustrators past and present As the only reference volume of its kind available this book is a valuable research tool that provides quick access for anyone studying black children s literature whether one is a student a librarian charged with maintaining a children s literature collection or a scholar of children s literature The Fourth Edition of this renowned reference work illuminates African American contributions to children s literature and books for young adults The new

edition contains updated and new information for existing author/illustrator entries, the addition of approximately 50 new profiles, and a new section listing online resources of interest to the authors and readers of Black children's literature.

Whispering the Strategies of Language: An Emotional Quest through **My One Good Nerve**

In a digitally-driven earth wherever screens reign great and immediate transmission drowns out the subtleties of language, the profound strategies and psychological nuances hidden within words often get unheard. However, nestled within the pages of **My One Good Nerve** a fascinating fictional value sporting with organic feelings, lies an extraordinary quest waiting to be undertaken. Published by an experienced wordsmith, that charming opus encourages readers on an introspective trip, softly unraveling the veiled truths and profound affect resonating within the cloth of every word. Within the emotional depths of this moving evaluation, we will embark upon a honest exploration of the book's key themes, dissect its fascinating writing fashion, and succumb to the strong resonance it evokes heavy within the recesses of readers' hearts.

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