

Chicken and Walnut Pâté

185 g (6 oz) liver
sausage
1 clove garlic,
crushed
3 tablespoons
medium sherry
125 g (4 oz) cooked
chicken, chopped
½ cup walnuts,
roughly chopped
pepper
parsley sprigs to
garnish

Mash the liver sausage thoroughly with the garlic and sherry until smooth.

Add the chicken, walnuts and pepper to taste. Spoon into individual dishes and garnish with parsley.

Serve with buttered wholemeal toast.

Serves 4

Smoked Mackerel Pâté

130 g (5 oz) butter
1 teaspoon drained
horseradish
250 g (8 oz) frozen
smoked mackerel
fillet, flaked
juice of 1 lemon
pinch of cayenne
pepper
salt and pepper
lemon twists to
garnish

Cream the butter with the horseradish until very soft. Remove the skin from the mackerel flake and add to the butter. Beat to a fairly smooth paste. Add the lemon juice, cayenne and salt and pepper to taste.

Pile the mixture into a small tureen and garnish with lemon twists. Serve with thin slices of buttered toast.

Serves 4



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