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Marie Rama,Bryan Miller



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negative water balance in general fluid intake should be less than 800 ml day in patients with a highly concentrated urine eg 500 mosmol kg or higher fluid restriction alone may be insufficient to correct hyponatremia

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web may 17 2022 if you have moderate chronic hyponatremia due to your diet diuretics or drinking too much water your doctor may recommend temporarily cutting back on fluids he or she may also suggest adjusting your diuretic use to increase the level of sodium in your blood if you have severe acute hyponatremia you ll need more aggressive treatment

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