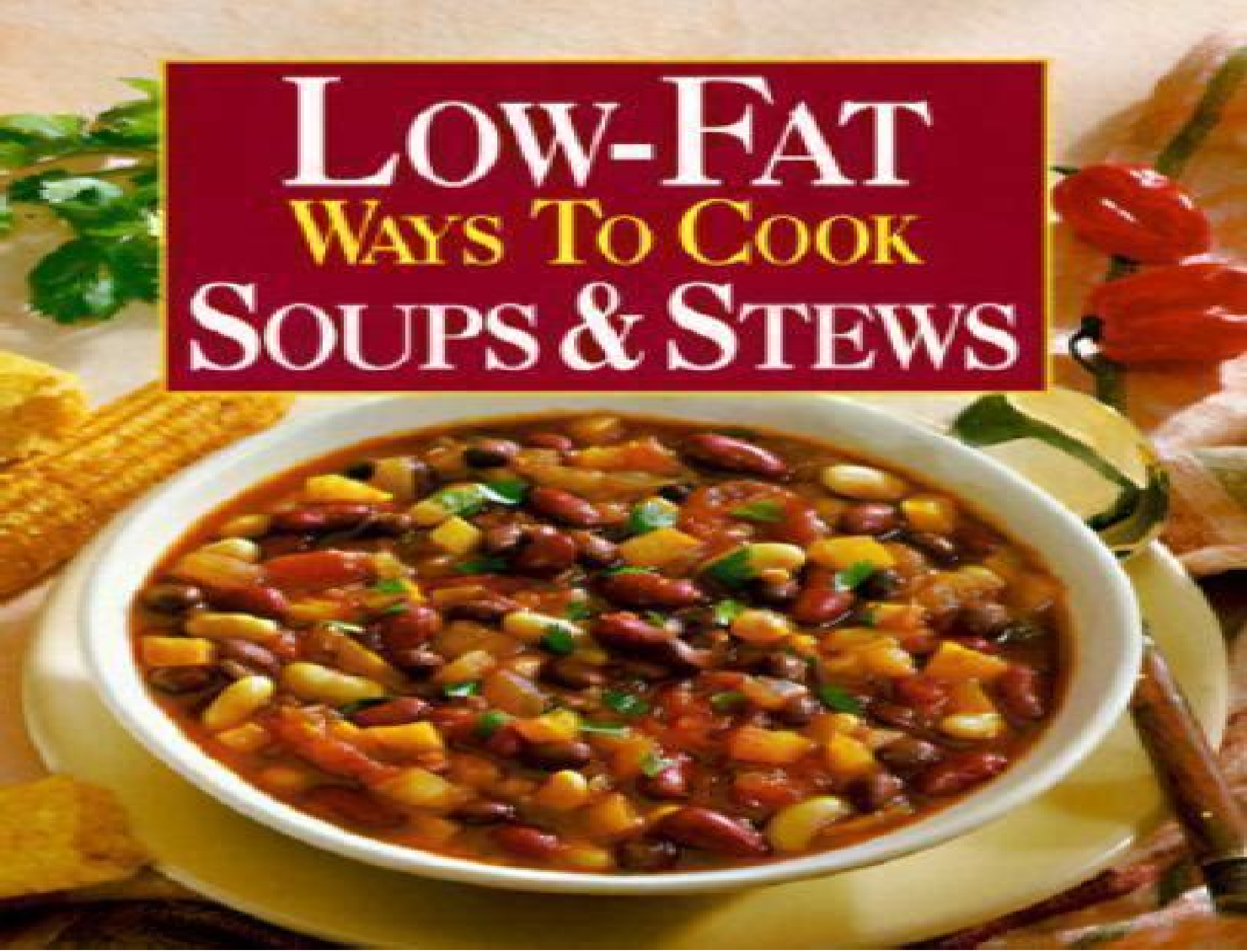


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Low Fat Ways To Cook Soups And Stews

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