# EMEDCAL COM

Assessment	Nursing Diagnosis	Planning	Nursing Intervention	Rationale	Evaluation
Subjective:  Restlessness Facial grimacing Fatigue Peripheral cyanosis Weak pulse Cold and clammy skin Palpitations Shortness of breath Elevated temperature Pain scale of 8/10	Acute Chest Pain  Related to: myocardial ischemia resulting from coronary artery occlusion with loss/restriction of blood flow to an area of the myocardiam and nocrosis of the myocardiam	Short Term Goal: Within 1 hour of nursing interventions, the client will have improved comfort in chest, as evidenced by: • States a decrease in the rating of the chest pain. • Is able to rest, displays reduced tension, and sleeps comfortably. • Requires decrease analgesia or nitroglycerin.  Long Term Goal: The client will have an improved feeling of control as evidenced by verbalizing a sense of control over present situation and future outcomes within 2 days of nursing interventions.	Independent:  1. Assess characteristics of chest pain, including location, duration, quality, intensity, presence of radiation, precipitating and alleviating factors, and as associated symptoms, have client rate pain on a scale of 1-10 and document findings in nurse's notes.  2. Obtain history of previous cardiac pain and familial history of cardiac problems.  3. Assess respirations, BP and heart rate with each episodes of chest pain.  4. Maintain bed rest during pain, with position of comfort, maintain relaxing environment to promote calmness.  5. Prepare for the administration of medications, and monitor response to drug therapy. Notify physician if pain does not abate.	1. Pain is indication of MI. assisting the client in quantifying pain may differentiate pre-existing and current pain patterns as well as identify complications.  2. This provides information that may help to differentiate current pain from previous problems and complications.  3. Respirations may be increased as a result of pain and associate anxiety.  4. To reduce oxygen consumption and demand, to reduce competing stimuli and reduces anxiety.  5. pain control is a priority, as it indicates ischemia.  6. to decrease myocardial oxygen demand and workload on the heart.	Short Term Goal: Within 1 hour of nursing intervention the client had improved comfort in chest, as evidenced by: • States a decreas in the rating of the chest pain. • Is able to rest, displays reduced tension, and sleep comfortably. • Requires decrease analgesis or nitroglycerin. Goal was met.  Long Term Goal: The client had an improved feeling of control as evidenced by verbalizing a sense of control ove present situation an future outcomes within 2 days of nursing intervention Goal was met.

# **Nursing Diagnosis Care Plans**

**Carol Green** 

#### **Nursing Diagnosis Care Plans:**

Nursing Care Plans - E-Book Meg Gulanick, Judith L. Myers, 2013-03-01 Updated content incorporates the latest evidence based data and best practice guidelines to help you provide the highest quality nursing care Revised and expanded rationales include explanations for nursing interventions to help you understand what the nurse does and why Expanded and more specific outcome statements for each nursing diagnosis help you develop measurable patient outcomes New content on patient safety and preventable complications addresses national initiatives and discusses the nurse s responsibility in preventing complications such as falls pressure ulcers infections etc QSEN competencies are integrated throughout 11 new disorder care plans include Pulmonary Hypertension Cystic Fibrosis Carpal Tunnel Syndrome Peptic Ulcer Fibromyalgia Solid Organ Transplant Hemodialysis Breast Reduction Pelvic Relaxation Disorder Hyperthyroidism Psoriasis 6 new nursing diagnoses care plans include Impaired Dentition Disturbed Energy Field Readiness for Enhanced Immunization Sedentary Lifestyle Post Trauma Syndrome Relocation Stress Syndrome Nursing Care Plans & Documentation Lynda Juall Carpenito-Moyet, 2009 The Fifth Edition of Nursing Care Plans and Documentation provides nurses with a comprehensive guide to creating care plans and effectively documenting care This user friendly resource presents the most likely diagnoses and collaborative problems with step by step guidance on nursing action and rationales for interventions New chapters cover moral distress in nursing improving hospitalized patient outcomes and nursing diagnosis risk for compromised human dignity The book includes over 70 care plans that translate theory into clinical practice Online Tutoring powered by Smarthinking Free online tutoring powered by Smarthinking gives students access to expert nursing and allied health science educators whose mission like yours is to achieve success Students can access live tutoring support critiques of written work and other valuable tools Nursing Care Plans Meg Gulanick, 2003 Nursing Care Plans includes 195 care plans for commonly encountered clinical problems in medical surgical nursing Written for students and or clinicians this book reflects the most current practice and professional standards in nursing yet its level and format are student friendly Nursing Care Plans Marilynn Doenges, Mary Frances Moorhouse, Alice Murr, 2024-10-03 The all in one care planning resource Here's the step by step guidance you need to develop individualized plans of care while also honing your critical thinking and analytical skills You ll find about 160 care plans in all covering acute community and home care settings across the life span Each plan features Client assessment database for each medical condition Complete listings of nursing diagnoses organized by priority Diagnostic studies with explanations of the reason for the test and what the results mean Actions and interventions with comprehensive rationales Evidence based citations Index of nursing diagnoses and their associated disorders Nursina Care Plans Marilynn E. Doenges, Mary Frances Moorhouse, 2000 Doenges a clinical specialist Moorhouse a nurse consultant and Geissler a contract practitioner nurse consultant all working out of Colorado Springs Colorado designed this text for both the practicing nurse and nursing student as a reference tool to use in acute care community and homecare settings Following introductory chapters on current issues in healthcare and care plan construction the book is organized by body systems presenting plans of care including information to assist the nurse in providing holistic care The enclosed CD ROM includes sample care plans for 172 disorders which can be customized to fit specific patient needs Annotation copyrighted by Book Maternal Newborn Nursing Care Plans Carol Green, 2011-04-15 Maternal Newborn Nursing News Inc Portland OR Care Plans Second Edition teaches students and professional nurses how to assess plan deliver and evaluate care for normal and abnormal pregnancy including delivery and recovery for both the mother and baby This new edition contains more than 65 of the most common and high risk care plans for maternal and newborn nursing care using the nursing process approach Organized according to clinical condition Maternal Newborn Nursing Care Plans Second Edition provides practical components for each care plan incorporating Key nursing activities Etiologies and risk factors Signs and symptoms Diagnostic studies Medical management Collaborative problems Individualized care plans complete with the Nursing Interventions Classification NIC Nursing Diagnosis Care Plans for Diagnosis-related Groups Margo Creighton Neal, 1990 The following in depth guide is following NANDA's Taxonomy I revised Page 3 **Nursing Care Plans** Meg Nursing Care Plans Meg Gulanick, 1998 A compilation of care plans for the most commonly Gulanick,2002-10-04 encountered clinical problems in nursing today this book reflects the most current practice and professional standards in nursing Features more than 200 nursing care plans including 54 nursing diagnosis care plans and Nursing Intervention Classification NIC Nursing Care Plans Meg Gulanick, Judith L. Myers, 2011-01-01 The bestselling nursing care planning book on the market Nursing Care Plans Diagnoses Interventions and Outcomes 8th Edition covers the most common medical surgical nursing diagnoses and clinical problems seen in adults It includes 217 care plans each reflecting the latest evidence and best practice guidelines NEW to this edition are 13 new care plans and two new chapters including care plans that address health promotion and risk factor management along with basic nursing concepts that apply to multiple body systems Written by expert nursing educators Meg Gulanick and Judith Myers this reference functions as two books in one with 147 disorder specific and health management nursing care plans and 70 nursing diagnosis care plans to use as starting points in creating individualized care plans 217 care plans more than in any other nursing care planning book 70 nursing diagnosis care plans include the most common important NANDA I nursing diagnoses providing the building blocks for you to create your own individualized care plans for your own patients 147 disorders and health promotion care plans cover virtually every common medical surgical condition organized by body system Prioritized care planning guidance organizes care plans from actual to risk diagnoses from general to specific interventions and from independent to collaborative interventions Nursing diagnosis care plans format includes a definition and explanation of the diagnosis related factors defining characteristics expected outcomes related NOC outcomes and NIC interventions ongoing assessment therapeutic interventions and education continuity of care Disorders care plans format includes synonyms for the disorder for easier cross referencing an

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