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una salud óptima

Dr. Michael Colgan

LA NUEVA NUTRICION

Una medicina para el próximo milenio

Este es un programa de nutrición y un estilo de vida que podría perfectamente ser el modelo a seguir en el siglo XXI. Lo recomiendo a todas las personas que deseen lograr una buena salud y quieran incrementar su vitalidad.

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Sirio

Nueva Nutricion Una Medicina Para El Proximo Milenio

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La Nueva Nutricion Michael Colgan,1998 Con su peculiar claridad y sentido del humor el Dr Colgan revela una serie de hechos importantes relacionados con nuestra salud que ni las grandes companias farmaceuticas ni el sistema medico oficial desearian que usted supiera Sexo y amor en tiempos de crisis Lydia Cacho,2014-10-06 Lo que debes saber antes de cumplir 40 por la autora bestseller Lydia Cacho Con m s de 200 entrevistas realizadas tanto a hombres como a mujeres la autora desvela las problem ticas de la sexualidad a la que se enfrentan ambos g neros a partir de los 40 a os Tras un profundo analisis de los datos y comentarios de especialistas Lydia Cacho abre un espacio para el dialogo sobre estas etapas en las vidas de hombres y mujeres que sorprendentemente siguen siendo desconocidas la ANDROPAUSIA y la MENOPAUSIA Hablo de la llegada de las crisis de la edad madura sus implicaciones emocionales en el amor y la pasi n las fisiol gicas sociales y sexuales Tambi n son parte del tema los mitos las mentiras y las tonter as que repetimos sistem ticamente respecto a lo que nos sucede cuando llegan los cambios fisiol gicos esos que la industria m dica y farmac utica aprovecha para exprimirnos como naranjas dulces Espero que este libro le haga pensar sorprenderse re r comprender Sobre todo que le ayude a entender que lo que hab a sentido y pensado no solamente tiene raz n de ser sino que adem s le puede ense ar a convivir y a escuchar a su cuerpo para llevar una vida m s plena sana y feliz Lydia Cacho *La medicina ante el nuevo milenio* José Martínez Pérez,2004 Edici n en carton con sobrecubiertas a todo color que incluye los siguientes textos seg n el ndice del volumen Introducci n Primera parte EL SABER M DICO G nero y saber m dico La adquisici n del saber y sus aplicaciones Saber m dico y construcci n de la enfermedad Segunda parte ESPACIOS DE LA PR CTICA M DICA El ejercicio profesional y sus diferentes espacios Espacio social y salud p blica Espacios cient fico asistenciales y especialismo m dico Tercera parte TEXTOS M DICOS Cuarta parte MESAS TEM TICAS Tecnolog as m dicas Filolog a cl sica y textos m dicos trabajos y l neas de investigaci n La invenci n de la perversi n La medicina y el r gimen de la sexualidad Enfermedades infecciosas en el siglo XX control y percepci n Resistencia o adaptaci n Ciencia m dica y conciencia obrera en la Espa a contempor nea Quinta parte EL PAPEL DE LA HISTORIA DE LA MEDICINA EN EL SIGLO XXI La Historia de la Medicina en el siglo XXI Reflexiones y perspectivas **Boletín bibliográfico mexicano** ,1997 **Libros españoles en venta** ,1998 *LEV* ,1999 Delibros ,1997 **Host Bibliographic Record for Boundwith Item Barcode 30112044669122 and Others** ,2013 Subject Guide to Books in Print ,1991 **Serviços Bibliográficos da Livraria Portugal** Livraria Portugal. Serviços Bibliográficos,1999

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