



Research Progress of Male Osteoporotic Fracture

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ABSTRACT

The diagnosis and recognition of male osteoporosis is still insufficient. The male patients with low-energy fracture were less evaluated and treated for osteoporosis. The risk of osteoporotic fracture in elderly men may be between 13% and 25%. With the extension of men's life, the risk of fracture increases, which makes the management of men with fracture risk challenging. A consensus is emerging on targeted treatment guidelines for male osteoporosis, especially for elderly patients with high fracture risk. This paper aims to seek evidence through literature review, and put forward the most effective clinical strategies and schemes for the diagnosis and treatment of senile osteoporosis, so as to provide some theoretical guidance for clinical practice.

1. Introduction

The evaluation and treatment of male osteoporosis face more obstacles. A few men receive osteoporosis evaluation or treatment after fracture [1] or after glucocorticoid treatment [2]. Nevertheless, there is sufficient information to enable clinicians to identify men at risk of fracture and to treat them appropriately. The new research helps to determine which men should be tested for bone mineral density (BMD) by dual energy X-ray absorptiometry (DXA), and a large number of studies support the hypothesis that current osteoporosis drugs can reduce the risk of fracture

in men.

2. Epidemiology

There are different ways to define osteoporosis. The classic method is defined by the occurrence of low-energy fractures. According to this definition, men aged 50 have a 13%-25% chance of developing osteoporotic fractures [3]. Especially after the age of 80, the risk of fracture is greater. The second method is to use the standard deviation that the BMD defined by the World Health Organization (WHO) is 2.5 or much lower than

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Progress In Fracture Research

Thomas Griffiths



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This book delves into Progress In Fracture Research. Progress In Fracture Research is a crucial topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Progress In Fracture Research, encompassing both the fundamentals and more intricate discussions.

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