

Short-Term
Psychotherapy
and
Emotional Crisis

Peter E. Sifneos

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Short Term Psychotherapy And Emotional Crisis 1972

**Theodore A. Stern, Maurizio
Fava, Timothy E. Wilens, Jerrold F.
Rosenbaum**

Short Term Psychotherapy And Emotional Crisis 1972:

Short-Term Psychotherapy Alex Coren,2020-09-12 This new edition reflects the growing use of short term therapy across a variety of settings Packed with new material on key issues the book explores the therapeutic relationship the length of therapy and the evidence base for various forms of therapy This is key reading for anyone wishing to incorporate a psychodynamic element in their work

Planned Short-term Treatment Richard A. Wells,1982 The first edition of Planned Short Term Treatment established itself as an essential guide for social work and other clinical practitioners by showing them how by limiting the duration and scope of treatment they can help their clients solve the problems that bring them to therapy In this revised edition the author maintains this focus on social work practice while integrating several new approaches He includes a new chapter on marital and family intervention which clinically illustrates the practice applications of such theories as One Person Family Therapy and the Relationship Enhancement approach to marital therapy He also incorporates the new advances in the treatment of anxiety and depression through a discussion of both cognitive therapy and interpersonal psychotherapy and includes new sections dealing with very brief psychotherapy one to two sessions Planned Short Term Treatment Second Edition will be both an invaluable text for social work students and a comprehensive guide for the social work practitioner and other mental health professionals

Essential Papers on Short-Term Dynamic Therapy James E. Groves,1996-04 Brevity rigidity and length of time frame Treatment focus the patient in the outside World Therapist activity focusing on or away from the unconscious Patient selection in sickness and in health Brevity revisited when less means more

Doing More With Less Barbara Dane,Carol Tosone,Alice Wolson,2001-07-01 Confronting the challenge to provide sound clinical treatment in brief therapy this timely book will enrich the practices of all psychotherapists Designed and arranged according to the DSM IV diagnostic categories each chapter addresses the short term treatment of a specific condition or patient population Starting from the premise that psychodynamically trained clinicians already possess the requisite skills to conduct short term treatment the editors demonstrate how to adapt these skills to a time limited approach

Psychotherapy Revised E. Lakin Phillips,2014-04-04 First published in 1985 Over the past several decades psychotherapy has evidenced enormous activity without demonstrating much change The matter of outcome is still an important issue in psychotherapy How are we to judge the value of something unless we can study its consequences The opinion that the outcome problem has been left hanging is a judgment supported throughout this book

Massachusetts General Hospital Comprehensive Clinical Psychiatry Theodore A. Stern,Maurizio Fava,Timothy E. Wilens,Jerrold F. Rosenbaum,2015-04-09 The Massachusetts General Hospital is widely respected as one of the world's premier psychiatric institutions Now preeminent authorities from MGH present the newly updated edition of Massachusetts General Hospital Comprehensive Clinical Psychiatry a unique medical reference book that continues to simplify your access to the current clinical knowledge you need both in print and online It provides practical approaches to a wide variety of clinical syndromes

and settings aided by stunning graphics and hundreds of questions and answers geared to each chapter You ll have convenient access to all the authoritative answers necessary to overcome any clinical challenge User friendly highly templated organization with abundant boxed summaries bulleted points case histories algorithms references and suggested readings Peerless hands on advice from members of the esteemed MGH Department of Psychiatry helps you put today s best approaches to work for your patients Interactive and downloadable Q Neuroanatomical Systems Relevant to Neuropsychiatric Disorders Legal and Ethical Issues in Psychiatry Military Psychiatry and Approaches to Collaborative Care and Primary Care Psychiatry Features full new DSM 5 criteria new art tables and key points and new Alzheimer s Disease guidelines Highlights recent developments in the field such as neurotherapeutics new psychotropics military psychiatry collaborative care ensuring your knowledge is thoroughly up to date Expert Consult eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices

Stress Response Syndromes Mardi J. Horowitz, 2011-09-16 The first edition of this now classic work provided the basis for adding post traumatic stress disorders to diagnoses of mental conditions Each subsequent edition added new understanding summaries of empirical new research and new guides for clinicians The thoroughly revised fifth edition adheres to changes that will be made in DSM 5 and gives the reasons for symptom formation and how treatment can not only resolve symptoms but encourage post traumatic growth that leads to a more coherent sense of identity and renewed capacities for connecting compassionately with others *Stress Response Syndromes* takes the reader from surface to depth with many lucid case examples and how to advice for both trainees and experienced clinicians

Internal Perception Sara Dellantonio, Luigi Pastore, 2017-09-19 This book investigates how bodily information contributes to categorization processes for at least some conceptual classes and thus to the individual mastery of meanings for at least some word classes The bodily information considered is mainly that provided by the so called proprioceptive and interoceptive systems introduced by Sherrington The authors reconsider this in a new Gibsonian fashion calling it more generally proprioception which indicates the complex of all the bodily signals we are aware of and the qualitative experiences these give rise to The book shows that proprioceptive information understood in this sense is essential for explaining among others how we develop broad categories such as animate vs inanimate concepts denoting bodily experiences such as hunger or pain as well as emotions and abstract concepts such as friendship and freedom and in accounting for how we master the meanings of the corresponding words in our language

Essentials of Psychiatry Robert E. Hales, Stuart C. Yudofsky, Glen O. Gabbard, 2011 Revised and updated to incorporate the latest research findings this economical paperback abridgement of the Textbook presents in distilled form the core knowledge base of clinical psychiatry by focusing on information of greatest relevance to the practicing clinician

The Matrix of the Mind Thomas Ogden, 2018-03-26 This book contributes to the retrieval of the alienated through the author s own acts of interpretation of ideas introduced by Melanie Klein Donald Winnicott Ronald

Fairbairn and Wilfred Bion It is offered as an act of interpretation *Aspects of Preventive Psychiatry* G. N. Christodoulou,1980-12-09 *Ethical Issues in the Psychotherapies* Martin Lakin,1988-02-11 Mental health professionals face many complex questions in the course of their work with clients and patients Among the most difficult are dilemmas that involve ethical issues This book presents a forthright exploration of these dilemmas and the ethical considerations they raise Drawing on extensive interviews the author identifies common ethical problems that practitioners encounter What happens for example when personal interests intrude into therapy How can the therapist make an accurate assessment of his or her appropriateness as a care provider for a particular patient What about confidentiality How are problematic financial arrangements best addressed The author goes on to show how these dilemmas may be intensified by the unique assumptions of different therapeutic orientations individual group family marital and organizational and how professionals can learn from such experiences to better understand and apply their particular approach This analysis and the words of the therapists themselves provide both a guide to practice and a unique store of experience for the growing number of researchers and students concerned with ethical problems in psychotherapy National Library of Medicine Current Catalog National Library of Medicine (U.S.),1971 First multi year cumulation covers six years 1965 70 **Depression and Suicide** J.P. Soubrier,J. Vedrinne,2016-06-06 *Depression and Suicide* Essential Psychiatry Robin M. Murray,Kenneth S. Kendler,Peter McGuffin,Simon Wessely,David J. Castle,2008-09-18 This is a major international textbook for psychiatrists and other professionals working in the field of mental healthcare With contributions from opinion leaders from around the globe this book will appeal to those in training as well as to those further along the career path seeking a comprehensive and up to date overview of effective clinical practice backed by research evidence The book is divided into cohesive sections moving from coverage of the tools and skills of the trade through descriptions of the major psychiatric disorders and on to consider special topics and issues surrounding service organization The final important section provides a comprehensive review of treatments covering all of the major modalities Previously established as the *Essentials of Postgraduate Psychiatry* this new and completely revised edition is the only book to provide this depth and breadth of coverage in an accessible yet authoritative manner States of Mind Mardi Jon Horowitz,2013-12-01 *What Every Patient, Family, Friend, and Caregiver Needs to Know About Psychiatry* Richard W. Roukema,2008-08-13 If you care for someone with a mental illness whether as a family member friend or practitioner this hands on reference is for you The acclaimed *What Every Patient Family Friend and Caregiver Needs to Know About Psychiatry* is now available in a long awaited second edition Like the first it is written in a simple concise style for the layperson and is packed with need to know information on adult psychiatric disorders including their causes approaches to treatment and what caregivers can do to help It is an excellent resource for therapist s waiting room *What Every Patient Family Friend and Caregiver Needs to Know About Psychiatry* features a wealth of immediately usable guidance for caregivers It s an excellent text for introduction to psychiatry classes in colleges and

nursing schools for helping students develop valuable knowledge and skills to apply in practice This one stop resource is the first place to turn for practical guidance for the latest research based techniques You ll Get a solid understanding of the causes of psychiatric disorders including stress genetics and heredity and emotional and physical problems Develop hands on skills for the full range of emotional and mental disorders including psychosomatic disorders anxiety substance abuse sexual problems loss personality and mood disorders schizophrenia and cognitive disorders such as Alzheimer s disease Find out how the psychiatrist should function in the patient caregiver doctor relationship and learn how to choose a psychotherapist This second edition has been extensively revised and updated with new information on diagnostic techniques and brain scans the role of genetics new medications and psychotherapeutic approaches and more In addition it features a unique and illuminating look at mental health in our post 9 11 nation including the rising incidence of posttraumatic stress disorder Whether you re a social worker or psychologist nurse or other professional friend or family member you ll get a sound framework to help you achieve better results Caring for a person with mental illness requires knowledge skill understanding and strength What Every Patient Family Friend and Caregiver Needs to Know About Psychiatry gives you a source of guidance and techniques that will make you more confident and successful in your role as practitioner or caregiver

Handbook of Psychology, Clinical Psychology Irving B. Weiner, George Stricker, Thomas A. Widiger, 2012-10-16

Psychology is of interest to academics from many fields as well as to the thousands of academic and clinical psychologists and general public who can t help but be interested in learning more about why humans think and behave as they do This award winning twelve volume reference covers every aspect of the ever fascinating discipline of psychology and represents the most current knowledge in the field This ten year revision now covers discoveries based in neuroscience clinical psychology s new interest in evidence based practice and mindfulness and new findings in social developmental and forensic psychology Clinical Behavioral Medicine I.E. Wickramasekera, 2013-06-29 This book is an effort to integrate some clinical observations theoretical concepts and promising clinical procedures that relate psychological variables to physiological variables My primary emphasis is on what psychological and behavioral concepts and procedures are most likely to enable us to influence physiological functions The book covers ques tions that have fascinated me and with which I have struggled in daily clinical practice What types of people are most at risk for physical disor ders or dysfunctions Why do some people present psychosocial con flicts somatically and others behaviorally What is the placebo effect and how does it work How do you arrange the conditions to alter maladapt ive belief systems that contribute to psychopathology and patho physiology Do beliefs have biological consequences When I was in private clinical practice and even today in my medi cal school clinical practice situation I set aside one day each week to puzzle over the theoretical questions that my clinical experience gener ates Often isolating these underlying theoretical questions provides guidance into the most relevant empirical literature I have found that this weekly ritual which I started in private practice many years ago appears to increase my clinical efficacy

or at least makes clinical work more exciting I find the unexamined clinical practice hard to endure Kurt Lewin once said There is nothing so practical as a good theory Brief Interventions and Brief Therapies for Substance Abuse Kristen Lawton Barry,1999 This TIP presents the historical background outcomes research rationale for use and state of the art practical methods and case scenarios for implementation of brief interventions and therapies for a range of problems related to substance abuse This TIP is based on the body of research conducted on brief interventions and brief therapies for substance abuse as well as on the broad clinical expertise of the Consensus Panel Because many therapists and other practitioners are eclectically trained elements from each of the chapters may be of use to a range of professionals

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