

REGRESSION HYPNOTHERAPY

Transcripts of Transformation

Volume I



RANDAL CHURCHILL

The Regression Therapy Training Guide

Regression Hypnotherapy Transcripts Of Transformation V1

Lorna Jackson, John Jackson



Regression Hypnotherapy Transcripts Of Transformation V1:

Healing Deep Hurt Within Peter Mack,2011 It describes the amazing transformational journey of a young female patient in a hospital environment who had depression insomnia dissociative amnesia suicidal thoughts auditory hallucinations and flashbacks When the traditional medical approached did not work she underwent regression therapy with one of the surgeons in the hospital This rapidly brought her out of the depths of despair and helped her to move on in life It is a story of hope inspiration and the dedication of a doctor s courage in facing the medical community with his beliefs of the power of regression therapy **Life Between Lives** Michael Newton,2014-01-08 For hypnotherapists interested in spiritual regression therapy and aspiring spiritual regressionists this lucid book will be tremendously helpful New Age Retailer

Through Time Into Healing Brian Leslie Weiss,1992 Discovering the power of regression therapy to erase trauma and transform mind body and relationships Cover subtitle **Past Lives Hypnotic Regression** Melissa Jones,1901 Past Lives Hypnotic Regression is a step by step guide to discovering your past lives in a safe and secure manner This book of past life regression scripts is designed primarily for the amateur It is intended for use by friends and family It will also be a useful resource for professional hypnotists wishing to help clients to regress Many of us have a sense that we have experienced more than just this life D j vu is too often dismissed as coincidence What if these feelings are rooted in something real Well this is your opportunity to find out With this very simple guide you can and will revisit your past lives All the tools you need are contained within its pages it is not difficult as many so called experts would suggest it is in fact already built into our unconsciousness we just need to access the memories Once you have tried it for the first time you will be asking why you hadn t done it sooner It takes very little time and is completely safe Contrary to any myths you may have heard Get a friend to follow the instructions and open your life to new possibilities You can benefit in this life from the experiences in your previous ones Our past lives have helped to mould and shape us into the people we are today and today s experiences will contribute to who we will be in our next lives With several different scripts ensuring there is something for everyone Use the system with a friend or even on your own today It takes less than half an hour after reading this book to be in another time and place A powerful tool for everyone from individual s right through to therapists and spiritual leaders There is no end For the soul there is never birth nor death Nor having once been does it ever cease to be It is unborn eternal ever existing undying and primeval *Past Lives* Melisa Jones,2012-01-02 This book of past life regression scripts is designed primarily for the amateur It is intended for use by friends and family It will also be useful resource for professional hypnotists wishing to help clients to regress This is a step by step guide to discovering your past lives in a safe and secure manner Many of us have a sense that we have experienced more than just this life Deja vu is too often dismissed as coincidence What if these feelings are rooted in something real Well this is your opportunity to find out With this very simple guide you can and will revisit your past lives All the tools you need are contained within its pages it is not difficult as many so called experts would

suggest it is in fact already built into our unconsciousness we just need to access the memories Once you have tried it for the first time you will be asking why you hadn't done it sooner it takes very little time and is completely safe Contrary to any myths you may have heard Get a friend to follow the instructions and open your life to new possibilities You can benefit in this life from the experiences in your previous ones Our past lives have helped to mould and shape us into the people we are today and today's experiences will contribute to who we will be in our next lives With several different scripts ensuring there is something for everyone Use the system with a friend or even on your own today It takes less than half an hour after reading this book to be in another time and place A powerful tool for everyone from individuals right through to therapists and spiritual leaders There is no end For the soul there is never birth nor death Nor having once been does it ever cease to be It is unborn eternal ever existing undying and primeval

Regression Therapy Using Hypnosis Ursula Markham, 1991

Regression therapy is described in this book as one of the most positive tools in the hypnotherapist's toolbox The author sets out to explain what it is how it works and what can be achieved through it With the use of case histories she describes different types of problems which can be overcome what a patient can expect from therapy sessions and how hypnosis regression therapy has helped people in many walks of life She also offers advice on finding a good hypnotherapist and counsellor The difficulties commonly treated in this way include phobias depression anxiety impotence low self esteem guilt feelings stammers and weight problems The aim of the treatment is to regress the patient through hypnosis to the original occurrence of a problem and an examination of the circumstances involved so that sufficient insight can be gained to prevent the past having a continuing effect on the present and future The root cause may even lie in something which occurred in a previous life Ursula Markham is a professional hypnotherapist counsellor and stress management consultant and has written several books

New Lives, Old Souls Jim Alexander, 2020-05-02

Age regression is a technique used by hypnotherapists to enable people to explore hidden memories and decisions made by their subconscious minds Repressed memories and emotions can cause a wide range of anxiety related problems Rediscovering them at the right time allows the mind to change the earlier decision removing the cause of the anxiety Their mental health is restored and they can lead more fruitful lives Past life regression goes further back than the current life and results in amazing experiences that prompt us to question our understanding of life itself Driven by a passion to understand the purpose of life and explore the mystery of reincarnation Jim Alexander became an expert on regression and his research has featured in newspapers magazines radio and TV documentaries Perhaps his most intriguing case is that of Jenny Cockell featured on TV in *Strange but True* in her book *Yesterday's Children* and the American film of the same name Her incredible recollections from a past life in Ireland in the early 20th century reunited a family that had been broken up over 50 years earlier In this book updated with new research and a foreword by the eminent reincarnation expert Roy Stemman Jim shares his most fascinating experiences with hypnosis the amazing cases he encountered the evidence they presented and his conclusions after forty years studying the

phenomenon Hypnotherapy can provide enormous benefits for the growing number of people troubled or held back by mental health issues but it is so often misunderstood Jim is also passionate about alternative approaches to medical provision that is often ineffective At times provocative but sharing his real world experience Jim hopes to encourage understanding and use of the treatment available through hypnosis Written in an easy non academic and accessible style this book could change your life or reveal one long forgotten

New Lives, Old Souls Jim Alexander, 2021-01-29 Investigations in regression To past lives investigating the facts behind the stories To early life where the hidden causes of many people s anxiety problems lie and by discovering them the problem can be removed Jim Alexander became an expert in this field because he wanted to understand the phenomena and see if there is something more meaningful than our fragile physical existence There are aspects of every case that are revealing and thought provoking The first six in Part One and Part Three illustrate key parts of the past life memories phenomenon but the final two are particularly relevant The Jenny Cockell case is very well known but this is the only time that detailed research has been conducted to assess its validity and the research was carried out by the hypnotist involved The final case presents very powerful evidence in support of reincarnation Part Two makes the case for vastly increased use of Hypnotic Regression in the treatment of mental anxiety Not the occasional worries or doubts we all have but the irrational fears and habits or beliefs that a significant number of people suffer from but where the help that is possible is ignored by most of the medical profession who favour the use of drugs that merely suppress or the therapies that take years and rarely work Taking this approach will save the NHS millions of pounds and help thousands of people enjoy a normal life without wasting years being let down by poor advice The information in this book needs to be spread widely

Soul Regression Therapy Lorna Jackson, John Jackson, 2016-05-31 Soul Regression Therapy enables the healing of emotional wounds and trauma in the current life providing life changing resolution via the unconscious mind The information contained in this book will help you to discover how Past Life Regression and Between Life Regression can help heal your mind body and spirit The case studies and testimonials of amazing transformations that have taken place as a result of Soul Regression Therapy will reveal the true richness of the soul and its powerful innate healing ability This innate wisdom is available to us all through hypnotic regression allowing us to access the realm beyond ours a realm where master guides reside and universal wisdom is available to all Lorna and John Jackson are premier regression therapists having facilitated and explored over one thousand cases during the last twelve years They teach their unique form of Soul Regression Therapy throughout Australia and around the world They have trained extensively in the areas of Hypnotherapy Psychotherapy Healing Techniques and Regression Therapies with many of the worlds pioneers in these fields Their passion and interest has always been in Past Lives and the immortal Souls journey exploring their own Past Lives and wanting to help others do the same They are qualified and certified practising Clinical Regression Hypnotherapists and Soul Regression Therapists Lorna and John are also the founders and head trainers at The Jackson Institute Australia The mission of The Jackson Institute is to

help awaken consciousness and facilitate the healing of souls globally through building a network of enlightened healers

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