

## MEDICAL SURGICAL NURSING FINAL REVIEW NOTES AND TIPS FOR REVISION FOR A+ PASS

### Cardiac

- Cardiac output is the volume of blood in liters pumped by the heart in 1 minute, normal range 4-8L/min
    - $CO = HR \times SV$
  - Ejection fraction is the % of blood ejected with each heartbeat (Normal 55-65%)
  - Systemic vascular resistance (SVR) is the resistance in the systemic vascular bed. The resistance to blood flow
  - Peripheral vascular resistance (PVR) is the resistance of the pulmonary vasculature
  - Preload- is the volume of fluid within the ventricle at the end of diastole
  - Afterload- is the forces opposing ventricular ejection; the amount of resistance the heart must overcome for the next contraction
  - MAP is the Mean Arterial Pressure- the average BP during one cardiac cycle, normal range >60-65; to get MAP it is  $SBP + 2(DBP) / 3$
- ❖ Stable angina is where pt can get relief of chest pain with rest (last only a few min or less with rest and usually predictable)
- ❖ Unstable angina is chest pain that is unrelieved with rest, unpredictable and last longer than 10 min
- Medication to give to pt. with angina is NITROGLYCERIN
  - Educate patient that to take 1 pill Q5 min X3 under tongue and dissolve; store in dark room temp space and that it causes hypotension and HA
  - Labs for acute MI include Troponin (most reliable), CK-MB, BNP (normal <100), CRP, myoglobin

### Heart failure

- ❖ CM of right-sided HF

#### \*STUDY TIP REMEMBER SWELLING WITH RIGHT SIDE HF

- Peripheral edema, wt. gain, enlarged liver, JVD, lethargic, tachycardic, dysrhythmias, nocturia, ascites

- ❖ CM of left- sided HF

#### \*STUDY TIP REMEMBER THEY'RE DROWNING

- Dyspnea, crackles in lungs, weakness, orthopnea, nocturnal paroxysmal dyspnea, tachycardic, murmur (S3 heart sound), nagging cough, wt. gain

### Dysrhythmias

- ❖ Difference between cardioversion and defibrillation:
- Cardioversion you **SYNCH THE RHYTHM** before shocking
    - Rhythms to cardiovert include A-FIB, SVT, V-TACH WITH PULSE
  - Defibrillation you **JUST SHOCK, NO SYNCHING**
    - Rhythms to defib V-TACH WITH NO PULSE & V-FIB

# Revision Notes On Surgical Care

**Tao Wei**



## **Revision Notes On Surgical Care:**

Revision Notes on Surgical Care P.J. Wormald, J.D. Knottenbelt, University of Cape Town, 1991      Revision Notes in Surgical Care P Wormald, J Knottenbelt, 1995-03-17 The care of the surgical patient in the peri operative period forms the basis of the second part of the new FRCS examination All the major textbooks of surgery cover this topic but there is need for an accessible vade mecum for use on the ward and as a revision aid This book the first edition of which was published privately by the authors provides an easy to use guide to the peri operative patient It takes a problem oriented approach guiding the surgeon through a logical sequence of steps for the management of individual conditions The text is presented in note form with flow diagrams      *Veterans' Administration's Response to the Study of Health Care for American Veterans* United States. Veterans Administration, 1977      *Part 1 MRCOG Revision Notes and Sample SBAs* Neelanjana Mukhopadhyaya, Jyotsna Pundir, Mala Arora, 2020-12-10 This concise yet comprehensive guide is focused on the curriculum and current exam style of the MRCOG Part 1 examination It integrates clinical knowledge with basic science providing readers with a deeper understanding of pathophysiology of medical disorders in obstetrics and gynaecology The lead editor is a member of the Part 1 Examination Committee and her insights are skilfully woven into the book's revision notes sample Single Best Answer SBA question and answer explanations and tips on exam technique The book encourages a structured thought process to develop making it easier for clinicians to make differential diagnoses and conduct relevant investigations and treatment plans The focus on basic sciences also endows readers with the ability to develop research ideas and evaluate findings Featuring easy to read text highlighted key points illustrations and plenty of practice papers this succinct guide is essential preparation reading for trainee obstetricians and gynaecologists taking the challenging Part 1 MRCOG exam

Essential Revision Notes in Surgery for Medical Students Irfan Halim, 2008 Essential Revision Notes in Surgery for Medical Students provides detailed need to know information for medical students Third year students wishing to reinforce their knowledge will find it invaluable as will 5th years wanting to prepare for their examinations This new title focuses on what is essential learning for medical undergraduates and gives readers an all round knowledge of surgery at this level It includes essential elements of theoretical knowledge and clinical diagnosis combined into a quick but thorough revision aid Popular conditions are used to illustrate key learning points Concise information is contained within an easy to follow format Each chapter is written by experienced authors within their fields      Essential Revision Notes in Medicine for Students Philip A. Kalra, 2006 Designed to help medical students through their exams Built around the successful Essential Revision Notes for MRCP this title focuses on what is essential learning for medical undergraduates and gives readers an all round knowledge of medicine at this level      *Revision Notes for the FRCEM Intermediate SAQ Paper* Ashis Banerjee, Clara Oliver, 2017-08-24 This is the only revision guide you will need to pass the FRCEM Intermediate examination A new edition of the popular and successful Revision Notes for the MCEM Part B this guide is mapped directly to the new FRCEM

Intermediate syllabus The book is tailored to match all areas on which you may be tested allowing candidates to revise accurately and efficiently for this challenging exam To ensure effective revision information is presented in concise notes and bullet points with visually memorable tools such as tables and diagrams Each chapter contains high quality example SAQs so candidates can practice their exam technique and key points and exam tips boxes to highlight the most important information Drawing on the authors experience and expertise Revision Notes for the FRCM Intermediate SAQ paper is a trustworthy revision guide for this difficult and clinically focused examination as well as a useful reference guide for practicing emergency medical doctors Veterans' Administration Response to National Academy of Sciences' Report Entitled "Health Care for American Veterans." United States. Veterans Administration,1977 **United States Code** United States,1959

**Health Care Financing Review** ,1987 **Veterans' Administration Plans to Implement Recommendations in the Study of Health Care for American Veterans** United States. Veterans Administration,1978 **Dynamic Capacity Management for Healthcare** Pierce Story,2010-12-08 While hospitals can learn from other industries they cannot be improved or run like factories With work that is more individualized than standardized and limited control over volume and arrivals even the leanest minded hospital must recognize that healthcare systems are more dynamic than nearly any work environment Written with the creativity n United States Code: Organic laws; Title 1-General provisions to Title 5-Government organization and employees United States,2001 **The Hands-on Guide to the Foundation Programme** Anna Donald,Mike Stein,Ciaran Scott Hill,Selina Chavda,2014-12-15 About to start the Foundation Programme Making the transition from medical school to professional life The Hands on Guide to the Foundation Programme Fifth Edition is a practical guide for medical students and foundation doctors dealing with the many challenges of the programme With hints tips and realistic advice on various aspects of the course from self care to prescribing this guide provides invaluable support with up to date information on postgraduate training and recruitment practical management skills and career pathways to help build confidence enabling you to hit the ground running This edition features newly expanded sections on emergencies psychiatric evaluation the Situational Judgement Test and the common calls and conditions you will encounter on a daily basis The Hands on Guide to the Foundation Programme is a perfect companion to assist the junior doctor in preparing for the intellectual and emotional challenges of the foundation years Take the stress out of the Foundation Programme with The Hands on Guide **Veterans' Administration Proposal for Implementing Recommendations Accepted by the Veterans' Administration from the National Academy of Sciences Report Entitled "Health Care for American Veterans** United States. Veterans Administration,1978 **Issues Regarding Graduate Medical Education** United States. Congress. House. Committee on Ways and Means. Subcommittee on Health,1995 The Subcommittee met in the first of a series of hearings on graduate medical education aimed at developing a new Medicare health professional education and teaching hospital payment policy The hearing examined new policies for training future health professionals future medical

manpower needs and the financing of teaching hospitals Current Medicare payment mechanisms for graduate medical education and teaching hospitals were also reviewed Among the witnesses were representatives of the American College of Surgeons advocating continued support for teaching hospitals the American Dental Association advocating continued funding for hospital based graduate dental education the American Medical Association in favor of adding third party payers support for graduate medical education the American Nurses Association advocating increased support for graduate nursing education the American Osteopathic Association advocating limiting residency funding to 110 percent of total graduates the American Podiatric Medical Association in favor of all third party payers sharing in the support of graduate training the Harvard Community Health Plan advocating different allocation to training sites and the Association of American Medical Colleges on two specific Medicare payments Also appearing were Doctor Kenneth Shine Doctor Robert Heyssel Professor Ruth S Hanft and Nurse Michael A Carter Includes the prepared testimony of witnesses and six submissions for the record JB

Annals of the Royal College of Surgeons of England Royal College of Surgeons of England,1996      **United States Code:**  
**Title 8-Aliens and nationality to Title 10-Armed forces** United States,1995      United States Code, 1994 Edition:  
Organic laws; Title 1-General provisions to Title 6-Surety bonds United States,1995      United States Code: Title 5:  
Government organization and employees, [sections] 6101-End to Title 7: Agriculture, [sections] 1-855 ,2013 Preface 2012  
edition The United States Code is the official codification of the general and permanent laws of the United States The Code was first published in 1926 and a new edition of the code has been published every six years since 1934 The 2012 edition of the Code incorporates laws enacted through the One Hundred Twelfth Congress Second session the last of which was signed by the President on January 15 2013 It does not include laws of the One Hundred Thirteenth Congress First session enacted between January 3 2013 the date it convened and January 15 2013 By statutory authority this edition may be cited U S C 2012 ed As adopted in 1926 the Code established prima facie the general and permanent laws of the United States The underlying statutes reprinted in the Code remained in effect and controlled over the Code in case of any discrepancy In 1947 Congress began enacting individual titles of the Code into positive law When a title is enacted into positive law the underlying statutes are repealed and the title then becomes legal evidence of the law Currently 26 of the 51 titles in the Code have been so enacted These are identified in the table of titles near the beginning of each volume The Law Revision Counsel of the House of Representatives continues to prepare legislation pursuant to 2 USC 285b to enact the remainder of the Code on a title by title basis into positive law The 2012 edition of the Code was prepared and published under the supervision of Ralph V Seep Law Revision Counsel Grateful acknowledgment is made of the contributions by all who helped in this work particularly the staffs of the Office of the Law Revision Counsel and the Government Printing Office John A Boehner Speaker of the House of Representatives Washington D C January 15 2013 Page VII

Revision Notes On Surgical Care: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read : Colleen Hoovers "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Revision Notes On Surgical Care : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and thrilling novel that will keep you speculating until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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