# Selecting the Right Interventions to Support Students' Mental Health Needs

CONSIDERATIONS WHEN CHOOSING SCHOOL-BASED INTERVENTIONS



- types of mental health challenges that students face
- stressors contributing to these challenges
- how different students manifest these challenges



- current efforts to support students' mental health needs and mitigate stressors
- resources that can be leveraged to increase mental health supports
- which community partners to engage to increase mental health supports



# Select...

- intervention(s) that address students' needs
- intervention(s) that can be implemented given current resources and capacities
- intervention(s) that are most likely to work

Refer to the Menu of Trauma Informed Programs

Adapted from Substance Abuse and Mental Health Services Administration. (2018). Selecting Best St programs and practices: Guidance for substance misuse prevention practitioners. Retrieved from https://www.spmhos.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/default/Tires/ebg.prevention.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/sites/ebg.gov/si

See back side for questions to consider for each step.





# **Preventive Educational Intervention For Mental Health**

**RJ Alexander** 

**Preventive Educational Intervention For Mental Health:** 

### Preventive Educational Intervention For Mental Health Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has be more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Preventive Educational Intervention For Mental Health**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

https://pinsupreme.com/About/publication/default.aspx/rollsroyce%20armaments.pdf

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#### Preventive Educational Intervention For Mental Health Introduction

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