

Prenatal Care

The care a woman receives during pregnancy is aimed at **decreasing complications** during pregnancy and **improving its outcomes**.

BENEFITS



- Lowers risk of low birth weight, premature birth, & neonatal death
- Promotes mother's health
- Spots complications early on
- Ensures healthy weight gain
- Offers counseling

GOOD PRENATAL CARE



1. Prenatal visits

- Weeks 1-28: 1x month
- Weeks 28-36: Every 2 weeks
- Weeks 36-40: Every week

2. Prenatal testing (Routine & specialized)

3. Wholesome practices

- Vitamins
- Exercise
- Diet
- Stress relief

COST



Prenatal care + vaginal birth

- About **\$13,000**

Prenatal care + C-section

- About **\$17,000**

* Federal programs are available for uninsured mothers

Prenatal Care

**Elsie Pamuk, National Center for
Health Statistics (U.S.)**



Prenatal Care:

A Community Trust Survey of Prenatal Care in Chicago Chicago Community Trust, Mrs. Kenneth F. Rich, 1922

Perinatal Nursing Kathleen Rice Simpson, Patricia A. Creehan, 2008 Co published with the Association of Women's Health Obstetric and Neonatal Nurses AWHONN this book is a comprehensive clinical resource for practicing perinatal nurses and an excellent staff educator's guide and textbook It provides commonly accepted guidelines for practice and evidence based care and includes algorithms to support decision making Numerous photographs complement the text and summary boxes highlight key points Appendices provide patient care examples and practice guidelines This edition has been extensively revised and updated New features include more than 650 end of chapter review questions and answers and selected AWHONN protocols *Expecting Trouble* Thomas H. Strong, Jr., 2002-03-15 A controversial volume dispelling current misconceptions about prenatal care In this controversial volume Dr Strong dispels widespread misconceptions about the effectiveness of prenatal care in its current form and explains how mothers themselves may influence the course and outcome of their pregnancies to a greater degree than do their obstetricians He provides specific questions that parents should be asking their health care providers to ensure that they and their babies receive the best care possible Health Aspects of Pregnancy and Childbirth, United States, 1982-88 Anjani Chandra, 1995 Fetal Mortality by Maternal Education and Prenatal Care, 1990, 1996 *Prenatal and Postnatal Care* Robin G. Jordan, Cindy L. Farley, Karen Trister Grace, 2018-04-03 Prenatal and Postnatal Care The second edition of the comprehensive and award winning text on prenatal and postnatal care The updated edition of Prenatal and Postnatal Care offers a comprehensive text for the care of the woman during the childbearing year The expert author team presents information needed to master foundational knowledge in anatomy physiology psychology culture the structure of preconception prenatal and postnatal care as well as the management of common health problems This edition has been revised throughout and contains six new chapters on the following topics prenatal ultrasound triage of the pregnant woman assisting women to develop confidence for physiologic birth pregnancy after infertility oral health and issues around diversity and inclusion in prenatal and postnatal care Additional highlights include new and updated content on pregnant women in the workplace prenatal genetic testing trauma informed care and transgender pregnancy care The second edition also includes commonly used complementary therapies and offers more detailed information on shared decision making and planning for birth Prenatal and Postnatal Care Provides expanded faculty resources with case studies and test questions for each chapter Offers a comprehensive text that covers essential aspects of prenatal and postnatal care of the childbearing woman Builds on the edition that won the Book of the Year award from the American College of Nurse-Midwives ACNM in 2015 This revised authoritative text is an ideal resource for midwifery nurse practitioner and physician assistant students and healthcare providers working with pregnant and postpartum women **Health Aspects of Pregnancy and Childbirth, United States, 1982** Elsie Pamuk, National Center

for Health Statistics (U.S.),1988 *Public Health Reports* ,2001 Trends in the Well-being of America's Children and Youth , *Index-catalogue of the Library of the Surgeon General's Office, United States Army (Army Medical Library)*. Army Medical Library (U.S.),1948 Collection of incunabula and early medical prints in the library of the Surgeon general s office U S Army Ser 3 v 10 p 1415 1436

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