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# The Sense of Humor Explorations of a Personality Characteristic

Edited by  
**Willibald Ruch**

*Mouton de Gruyter*

# Sense Of Humor Explorations Of A Personality Characteristic

**E Durkheim**



## **Sense Of Humor Explorations Of A Personality Characteristic:**

**The Sense of Humor** Willibald Ruch, 2007 This volume brings together the current approaches to the definition and measurement of the sense of humor and its components It provides both an overview of historic approaches and a compendium of current humor inventories and humor traits that have been studied Presenting the only available overview and analysis of this significant facet of human behavior this volume will interest researchers from the fields of humor and personality studies as well as those interested in the clinical or abstract implications of the subject     Character Strengths and Virtues Christopher Peterson, Martin E. P. Seligman, 2004-04-08 Character has become a front and center topic in contemporary discourse but this term does not have a fixed meaning Character may be simply defined by what someone does not do but a more active and thorough definition is necessary one that addresses certain vital questions Is character a singular characteristic of an individual or is it composed of different aspects Does character however we define it exist in degrees or is it simply something one happens to have How can character be developed Can it be learned Relatedly can it be taught and who might be the most effective teacher What roles are played by family schools the media religion and the larger culture This groundbreaking handbook of character strengths and virtues is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits They approach good character in terms of separate strengths authenticity persistence kindness gratitude hope humor and so on each of which exists in degrees Character Strengths and Virtues classifies twenty four specific strengths under six broad virtues that consistently emerge across history and culture wisdom courage humanity justice temperance and transcendence Each strength is thoroughly examined in its own chapter with special attention to its meaning explanation measurement causes correlates consequences and development across the life span as well as to strategies for its deliberate cultivation This book demands the attention of anyone interested in psychology and what it can teach about the good life     The Psychology of Humor Jon Roeckelein, 2002-02-28 This work traces the origins and evolution of the concept of humor in psychology from ancient to modern times with an emphasis on an experimental empirical approach to the understanding of humor and sense of humor In addition to more than 3 000 important citations and references pertaining to the history theories and definitions of the concept of humor this reference guide contains more than 380 recent post 1970 annotated entries on the psychology of humor in its bibliographic section The book describes various psychological nonpsychological and philosophical theories and definitions of humor and focuses on the methodological concerns of psychologists regarding the scientific investigation of humor The bibliography is organized under 10 categories including Bibliographies and Literature Reviews of Humor Cognition and Humor Methodology and Measurement of Humor and Social Aspects of Humor     *The Psychology of Humor* Rod A. Martin, Thomas Ford, 2018-07-14 Most of us laugh at something funny multiple times during a typical day Humor serves multiple purposes and although there is a sizable and expanding research literature on the

subject the research is spread in a variety of disciplines The Psychology of Humor 2e reviews the literature integrating research from across subdisciplines in psychology as well as related fields such as anthropology biology computer science linguistics sociology and more This book begins by defining humor and presenting theories of humor Later chapters cover cognitive processes involved in humor and the effects of humor on cognition Individual differences in personality and humor are identified as well as the physiology of humor the social functions of humor and how humor develops and changes over the lifespan This book concludes noting the association of humor with physical and mental health and outlines applications of humor use in psychotherapy education and the workplace In addition to being fully updated with recent research the second edition includes a variety of new materials More graphs tables and figures now illustrate concepts processes and theories It provides new brief interviews with prominent humor scholars via text boxes The end of each chapter now includes a list of key concepts critical thinking questions and a list of resources for further reading Covers research on humor and laughter in every area of psychology Integrates research findings into a coherent conceptual framework Includes brain imaging studies evolutionary models and animal research Integrates related information from sociology linguistics neuroscience and anthropology Explores applications of humor in psychotherapy education and the workplace Provides new research plus key concepts and chapter summaries

**An Introduction to the Psychology of Humor** Janet M. Gibson, 2019-01-31 An Introduction to the Psychology of Humor provides a comprehensive and accessible overview of psychologists research on humor Drawing on research from a variety of psychological perspectives from cognitive and biological to social and developmental the book explores factors that affect our detection comprehension liking and use of humor Throughout the book theories and paradigms of humor are explored with each chapter dedicated to a distinct field of psychological research Covering topics including humor development in children and older adults humor s effectiveness in advertisements cross cultural psychology and humor s functions in the workplace the book addresses the challenges psychologists face in defining and studying humor despite it being a universal and often daily experience Featuring a wealth of student friendly features including learning objectives and classroom activities An Introduction to the Psychology of Humor is an essential read for all students of humor

**Ha!** Scott Weems, 2014-03-04 An entertaining tour of the science of humor and laughter Humor like pornography is famously difficult to define We know it when we see it but is there a way to figure out what we really find funny and why In this fascinating investigation into the science of humor and laughter cognitive neuroscientist Scott Weems uncovers what s happening in our heads when we giggle guffaw or double over with laughter While we typically think of humor in terms of jokes or comic timing in Ha Weems proposes a provocative new model Humor arises from inner conflict in the brain he argues and is part of a larger desire to comprehend a complex world Showing that the delight that comes with getting a punchline is closely related to the joy that accompanies the insight to solve a difficult problem Weems explores why surprise is such an important element in humor why computers are terrible at recognizing what s funny and why it takes so

long for a tragedy to become acceptable comedic fodder From the role of insult jokes to the benefit of laughing for our immune system Ha reveals why humor is so idiosyncratic and why how to books alone will never help us become funnier people Packed with the latest research illuminating anecdotes and even a few jokes Ha lifts the curtain on this most human of qualities From the origins of humor in our brains to its life on the standup comedy circuit this book offers a delightful tour of why humor is so important to our daily lives

**Positive Psychology in Christian Perspective** Charles

Hackney, 2021-03-16 Positive psychology is about fostering strength and living well about how to do a good job at being human Charles Hackney connects this still new movement to foundational concepts in philosophy and Christian theology He then explores topics such as subjective states cognitive processes and the roles of personality relationships and environment

*Humor and Laughter, Playfulness and Cheerfulness: Upsides and Downsides to a Life of Lightness* Willibald Ruch, Tracey Platt, René T. Proyer, Hsueh-Chih Chen, 2019-08-12 The emergence of Positive Psychology has highlighted the importance of studying the good life and how to attain it Positive life outcomes such as well being thriving flourishing and happiness were discussed and investigated Among them different orientations to happiness were identified such as a life of pleasure life of meaning and life of engagement Other outcomes such as subjective and objective fulfillment in life or societal recognition have been less studied Among the characteristics that facilitate positive outcomes the VIA classification of strength and virtues distinguishes 24 strengths with humor playfulness being one of them Only a small segment of humor entered the definition of humor as character strengths namely the parts that contain some goodness Humor as a character strength facilitates a lot of positive outcomes such as positive emotions and positive relationships and there is a lightness accompanying humor playfulness The field is broader though and transcends the definition of humor as used in positive psychology in at least two ways First there is actually a family of overlapping but still distinct concepts with different research traditions We include next to humor and types of humor also laughter playfulness and cheerfulness We think that more research is needed on how they do overlap and what makes them distinct Second while positive psychology is interested in the goodness of we do want to stress that there is the need to study the non virtuous parts as well That is laughter may not only be expressing amusement but scorn directed at people humor may be benevolent but there is also sarcasm and playfulness may elicit positive emotions but also risk prone and immature types of behavior Therefore the aim of this Research Topic was to collect current perspectives on humor playfulness laughter and cheerfulness in both adults and children to study their full diversity but also interrelations and overlapping features to introduce new instruments or ways for their assessment in future studies and to study their causes and consequences in a variety of life domains We encouraged studies on differences due to gender or nationality the embodiment in different groups e g class clowns psychiatric patients or whether or not they can be trained We also welcomed contributions from adjacent disciplines e g education leisure studies or therapy counseling and different regions of the earth The outcome is a set of 33 manuscripts from altogether 101 authors

Not all areas are covered and not all aims were met while we made progress there is much left to do In this sense the merging of these topics may be the first milestone but like every milestone it only marks the beginning of a long journey

**Creativity and Humor**, 2018-09-28 Creativity and Humor provides an overview of the intersection of how humor influences creativity and how creativity can affect humor The book's chapters speak to the wide reach of creativity and humor with different topics such as play culture work education therapy and social justice covered As creativity and humor are individual traits and abilities that have each been studied in psychology this book presents the latest information Explains how and why humor enhances creativity Explores the thought processes behind producing humor and creativity Examines how childhood play is the basis for both creativity and humor Discusses cross cultural differences in humor and creativity Reviews creativity and humor in politics teaching and relationships *Understanding Laughter and Humor* John Charles Simon, Jennalee Donian, 2025-07-01 This book puts forward a revolutionary and comprehensive theoretical approach to understanding laughter and the humor we use to inspire it This new perspective applies an evolutionary and biological lens through which we can fully appreciate these complex universal human behaviors It distinguishes itself from all classical and contemporary theories by revealing laughter's singular message rather than simply its causes and effects and makes clear why perceptions of vulnerability and status are ever present in our conscious and subconscious thoughts The theory underscores our innate desire to cooperate our respect for those who compete fairly and our disdain for those who do not And it sheds light on the social dynamics governing human interactions both positive and negative by recognizing laughter not as a reflexive reaction to a certain class of stimuli but as a vital form of nonverbal communication not only for us but for our great ape cousins as well *Gender and Humor* Delia Chiaro, Raffaella Baccolini, 2014-05-09 In the mid seventies both gender studies and humor studies emerged as new disciplines with scholars from various fields undertaking research in these areas The first publications that emerged in the field of gender studies came out of disciplines such as philosophy history and literature while early works in the area of humor studies initially concentrated on language linguistics and psychology Since then both fields have flourished but largely independently This book draws together and focuses the work of scholars from diverse disciplines on intersections of gender and humor giving voice to approaches in disciplines such as film television literature linguistics translation studies and popular culture *Handbook of Positive Psychology Assessment* Willibald Ruch, Arnold B. Bakker, Louis Tay, Fabian Gander, 2022-10-01 Learn how to select the right positive psychology PP assessment tool for the right situation Written by internationally renowned authors Looks at well being traits states and behavior Presents the relevant psychometric properties Considers assessment challenges Recommends selection in different settings Explores new directions in PP A comprehensive guide to selecting positive psychology assessment tools This volume gives a state of the art overview of assessment in the field of positive psychology including a comprehensive survey of current theories approaches issues and assessment instruments In four sections leading experts look at different conceptualizations

of well being and discuss specific traits states and behaviors New directions in positive psychology are also explored including measuring primal world beliefs imagination self transcendent experiences and nostalgia Each chapter provides an introductory background to the positive psychology topic reviews the most relevant assessment instruments and discusses the specific assessment related challenges Recommendations for selecting assessment tools are included for specific settings such as school relationships health and clinical settings leisure and interventions This book is a must for positive psychology researchers instructors students and practitioners wanting to select the right positive psychology instrument for the right situation

The Psychology of Happiness Michael Argyle, 2013-10-23 What is happiness Why are some people happier than others This new edition of The Psychology of Happiness provides a comprehensive and up to date account of research into the nature of happiness Major research developments have occurred since publication of the first edition in 1987 here they are brought together for the first time often with surprising conclusions Drawing on research from the disciplines of sociology physiology and economics as well as psychology Michael Argyle explores the nature of positive and negative emotions and the psychological and cognitive processes involved in their generation Accessible and wide ranging coverage is provided on key issues such as the measurements and study of happiness mental and physical health the effect of friendship marriage and other relationships on positive moods happiness mental and physical health the effects of work employment and leisure and the effects of money class and education The importance of individual personality traits such as optimism purpose in life internal control and having the right kind of goals is also analysed New to this edition is additional material on national differences the role of humour and the effect of religion Are some countries happier than others This is just one of the controversial issues addressed by the author along the way Finally the book discusses the practical application of research in this area such as how happiness can be enhanced and the effects of happiness on health altruism and sociability This definitive and thought provoking work will be compulsive reading for students researchers and the interested general reader

Mistakes, Errors and Failures across Cultures Elisabeth Vanderheiden, Claude-Hélène Mayer, 2020-03-14 This volume provides comprehensible strength based perspectives on contemporary research and practice related to navigating mistakes errors and failures across cultures It addresses these concepts across cultural contexts and explores any or all of these three concepts from a positive psychology or positive organisational perspective highlighting their potential as resources The volume further discusses the consequences of errors and failures at individual organisational and societal levels ranging from severe personal problems to organisational and collective crises perspectives how those can be turned into opportunities for contingent and sustainable improvement processes The book shows that there are significant cultural differences in the understanding interpretation and handling of errors and failures This volume provides practical guidance for transcultural understanding of mistakes errors and failure through new models ideas for self reflection therapeutic and counselling interventions and organisational change management processes This book is a must for researchers and

practitioners working on mistakes errors and failures across cultures and disciplines A Philosophical Exploration of the Humanities and Social Sciences Giorgio Baruchello, Ársæll Már Arnarsson, 2022-11-07 Humor has been praised by philosophers and poets as a balm to soothe the sorrows that outrageous fortune's slings and arrows cause inevitably if not incessantly to each and every one of us In mundane life having a sense of humor is seen not only as a positive trait of character but as a social prerequisite without which a person's career and mating prospects are severely diminished if not annihilated However humor is much more than this and so much else In particular humor can accompany cruelty inform it sustain it and exemplify it Therefore in this book we provide a comprehensive reasoned exploration of the vast literature on the concepts of humor and cruelty as these have been tackled in Western philosophy humanities and social sciences especially psychology Also the apparent cacophony of extant interpretations of these two concepts is explained as the inevitable and even useful result of the polysemy inherent to all common sense concepts in line with the understanding of concepts developed by M Polanyi in the 20th century Thus a thorough nuanced grasp of their complex mutual relationship is established and many platitudes affecting today's received views and scholarship are cast aside Like Aristotle and Dewey Arnarsson and Baruchello do not define their terms at the outset but instead they relentlessly pursue the meanings of two ordinary words that everyone vaguely understads to arrive at a critical insight into the concepts these words represent which are both disparate and interrelated Richard Marc Rubin President George Santayana Society *Guilty Pleasures* Laura E. Little, 2019 In *Guilty Pleasures* legal scholar Laura Little provides a multi faceted account of American law and humor looking at constraints on humor and humor's effect on law humor about law and humor in law **The Social Psychology of Humor** Madelijn Strick, Thomas E Ford, 2021-04-05 This important new book provides a comprehensive analysis of humor from a social psychological perspective addressing questions about the use of humor and its effects in daily life It examines the social psychology of humor on micro level phenomena such as attitudes persuasion and social perception as well as exploring its use and effect on macro level phenomena such as conformity group processes cohesion and intergroup relations Humor is inherently a social experience shared among people essential to nearly every type of interpersonal relationship In this accessible volume Strick and Ford review current research and new theoretical advancements to identify pressing open questions and propose new directions for future research in the social psychology of humor The book explores fascinating topics such as humor in advertising political satire and the importance of a sense of humor in maintaining romantic relationships It also examines how racist or sexist humor can affect personal and intergroup relations and discusses how to confront inappropriate jokes Offering new precise and operational conceptions of humor in social processes this book will be essential reading for students and academics in social psychology media and communication studies *The Encyclopedia of Positive Psychology* Shane J. Lopez, 2012-09-11 Positive psychology the pursuit of understanding optimal human functioning is reshaping the scholarly and public views of how we see the science of psychology The Encyclopedia of Positive Psychology



provides a comprehensive and accessible summary of this growing area of scholarship and practice 288 specially commissioned entries written by 150 leading international researchers educators and practitioners in positive psychology covers topics of interest across all social sciences as well as business and industry the most current extensive and accessible treatment of the subject available topical primer clarifies basic constructs and processes associated with positive psychology will be useful to students teachers practitioners businesspeople and policy makers **Humor at Work in Teams,**

**Leadership, Negotiations, Learning, and Health** Tabea Scheel,Christine Gockel,2025-07-17 This 2nd edition provides a comprehensive updated review of current knowledge on the adaptive and maladaptive functions of humor Humor is a pervasive aspect of daily interaction including in the workplace Affiliative self enhancing self deprecating and aggressive humor can all occur at work and have unique and sometimes ambiguous effects This volume presents research on humor in five important workplace domains teams leadership negotiation learning and health It combines and integrates research from a range of fields including work and organizational psychology social psychology communication linguistics and sociology By highlighting research gaps and proposing future research questions the book provides a solid foundation for further research on humor in the aforementioned areas For practitioners the book offers tailored recommendations for each domain

*Evolutionary Perspectives on Human Sexual Psychology and Behavior* Viviana A. Weekes-Shackelford,Todd K. Shackelford,2014-07-08 This volume in the Springer Series in Evolutionary Psychology presents a state of the art view of the topic of sexuality and sexual behavior drawing on theoretical constructs and research of noted individuals in the field Comprehensive and multi disciplinary this book seeks to provide a broad overview without sacrificing the complexity of a multi faceted approach The book is framed by introductory and closing sections that provide a context for the range of ideas contained within Ample space is provided in designated sections that focus on key areas of sexuality from both male and female perspectives and that include information from primate studies This volume can serve as a graduate text in sexual behavior in evolutionary terms and as a guide for further research

## **Sense Of Humor Explorations Of A Personality Characteristic** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Sense Of Humor Explorations Of A Personality Characteristic**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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