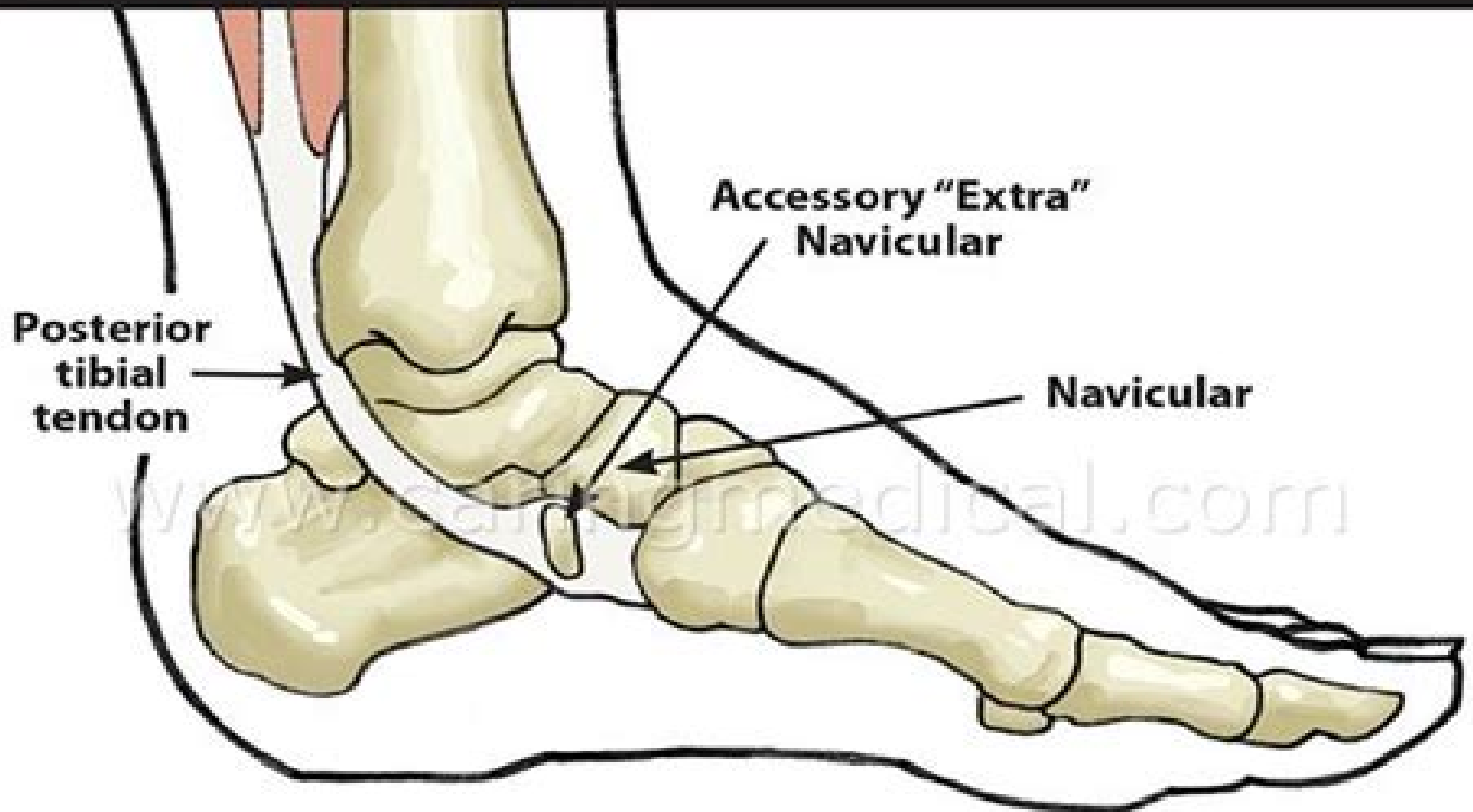


Accessory “extra” navicular bone, medial view of foot. About 5% of the population have an “extra” navicular bone that can irritate the posterior tibial tendon and cause accessory navicular syndrome. Prolotherapy is an effective treatment for this.



Navicular Syndrome Explained

M Lipman



Navicular Syndrome Explained:

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praise our songs and hymns kjv/dawn blue

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