



WILEY SERIES IN COUPLES AND FAMILY DYNAMICS AND TREATMENT

FLORENCE MC KAY, Series Editor

Relationship Enhancement FAMILY THERAPY

Barry G. Ginsberg

Relationship Enhancement Family Therapy

Joseph L. Wetchler, Lorna L. Hecker



Relationship Enhancement Family Therapy:

Relationship Enhancement Family Therapy Barry G. Ginsberg, 1997-03-28 Self sufficiency should be the goal of any therapeutic undertaking Pioneered by Bernard Guerney in the 1950s and proven effective over several decades relationship enhancement RE therapy aims at training clients in the skills they need to identify and resolve causes of stress and discord within the family for themselves Authored by a senior clinician who trained under Bernard Guerney Relationship Enhancement Family Therapy is the first comprehensive guide to the theory and practice of this valuable approach to family therapy Dr Ginsberg begins with a thorough review of the theoretical underpinnings of RE followed by a delineation of the role of the therapist in RE Bolstered by extensive case studies the remainder of the book is devoted to providing clinicians with practical guidelines for applying RE methods

Relationship Enhancement Therapy Robert F. Scuka, 2013-01-11 Relationship Enhancement Therapy RE is a couples therapy system conceived of designed and first implemented by Bernard Guerney Jr who integrated the client centered theory of Carl Rogers the interpersonal theory of Henry Stack Sullivan the behavior modification and learning theories of Skinner and Bandura and the psychodynamic theory of Freud in formulating RE In this book Dr Scuka presents an up to date comprehensive theoretical and practical treatment of RE in which he gives the reader a guide to implementing the principles of this dynamic theory The book is written principally with couples therapy in mind although there is an acknowledged relevance to family therapy and the author calls attention the many skills and therapy techniques that would be applicable to family therapy Though designed to allow a therapist of any level of experience to begin working with the RE model this book is more than a standard cookbook as it considers a variety of special RE therapy techniques discusses the entire clinical intake process the application of the RE model to the treatment of affairs use with difficult clients and family therapy issues such as domestic violence and stepfamilies

Relationship Enhancement Bernard G. Guerney, 1977 Outlines a practical method of therapy for developing the skills needed to enrich personal relationships and avoid problems that commonly occur Mindfulness and Acceptance in Couple and Family Therapy Diane R. Gehart, 2012-03-30 This book reviews the research and philosophical foundations for using mindfulness acceptance and Buddhist psychology in couple and family therapy It also provides a detailed and practical approach for putting these ideas into action in the therapy room including a mindful approach to therapeutic relationships case conceptualization treatment planning teaching meditation and intervention

Intimate Couple Jon Carlson, Len Sperry, 2013-06-17 As important as intimacy is in our personal and professional lives intimacy as a theoretical and clinical factor still remains a phenomenon Contributors to this work examine the many definitions of intimacy putting forth a provocative discussion of the multi faceted topic and offering the best possible clinical methods of creating intimacy and addressing its challenges

Preventive Approaches in Couples Therapy Rony Berger, Mo Therese Hannah, 2013-06-17 Preventive Approaches in Couples Therapy is the first thorough overview of the leading approaches to preventing marital distress and dissolution Written for

professionals paraprofessionals and lay people involved in the development and implementation of preventive programs the editors have created a resource accessible to all those in the field of couples therapy The volume serves as an important resource for programs that the therapist may already use and as an insightful introduction into new programs that can strengthen and invigorate these existing therapeutic approaches

An Introduction to Marriage and Family Therapy

Joseph L. Wetchler, Lorna L. Hecker, 2014-08-27 Now in its second edition this text introduces readers to the rich history and practice of Marriage and Family Therapy with 32 professionals from across the US presenting their knowledge in their areas of expertise This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy The book is divided into three sections Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions but to the very concept of family Part 2 presents an overview of the 7 major theoretical models of the field structural strategic Milan social constructionist experiential transgenerational and cognitive behavioral family therapy Each chapter in this section Focuses on the founder of the theory its theoretical tenants and its key techniques Shows how the model focuses on diversity Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists such as sex therapy pre marital therapy research and ethics and legal issues As an introduction to the field of Marriage and Family Therapy this volume stands above the rest Not only will readers gain an understanding of the rich history of the field and its techniques but they will also see a complete picture of the context in which families are embedded such as gender culture spirituality and sexual orientation This knowledge is the key to understanding what differentiates Marriage and Family Therapy from individual psychotherapy Glossaries case studies tables figures and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives

Handbook of Family Therapy Mike

Robbins, Tom Sexton, Gerald Weeks, 2004-03-01 This new Handbook of Family Therapy is the culmination of a decade of achievements within the field of family and couples therapy emerging from and celebrating the dynamic evolution of marriage and family theory practice and research The editors have unified the efforts of the profession s major players in bringing the most up to date and innovative information to the forefront of both educational and practice settings They review the major theoretical approaches and break new ground by identifying and describing the current era of evidence based models and contemporary areas of application The Handbook of Family Therapy is a comprehensive progressive and skillful presentation of the science and practice of family and couples therapy and a valuable resource for practitioners and students alike

Family Treatment of Personality Disorders

Malcolm M Macfarlane, 2014-02-25 Help families cope with the impact of personality dysfunction Family Treatment of Personality Disorders Advances in Clinical Practice examines the application of marital and family therapy approaches to the treatment of a wide range of personality disorders Valuable on its

own and doubly useful as a companion volume to Family Therapy and Mental Health Innovations in Theory and Practice Haworth the book integrates traditional individual models with family systems models to provide a multidimensional approach to treating personality disorders Each chapter is written by a family therapist with extensive experience treating personality disorders and includes a case example an exploration of the impact of the disorder on family members a look at cultural and gender issues and an examination of how the model is integrated with traditional psychiatric services and the proper application of medication Family Treatment of Personality Disorders is a single accessible source for significant contributions to the emerging literature on family treatment approaches that until now have been scattered through journals representing a variety of disciplines The book s strong clinical focus provides a concise summary of relevant theory and interventions for effective treatment including discussion of how to manage crises and acting out behavior Edited by a practicing frontline clinician the book provides an overview of the personality disorders field examines the Structural Analysis of Social Behavior model and the Interpersonal Reconstructive Therapy approach and presents detailed descriptions of key concepts and treatment approaches Family Treatment of Personality Disorders focuses on specific DSM IV personality disorders including borderline narcissistic histrionic obsessive compulsive passive aggressive avoidant dependent paranoid Family Treatment of Personality Disorders Advances in Clinical Practice is an excellent resource for clinicians treating mental health problems and for academic work in family psychopathology and family therapy and mental health

Psychotherapy Relationships That Work John C. Norcross, 2019 Volume 1 Evidence based therapist contributions Volume 2 Evidence based therapist responsiveness

Decoding **Relationship Enhancement Family Therapy**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Relationship Enhancement Family Therapy**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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