

the mexican american experience

Mexican Americans and Health

¡Sana! ¡Sana!



ADELA DE LA TORRE & ANTONIO ESTRADA

Mexican Americans And Health Sana Sana

Reynaldo Anaya Valencia



Mexican Americans And Health Sana Sana:

Mexican Americans and Health Adela de la Torre, Antonio Estrada, 2015-04-16 Given recent developments in health care and policy and a steadily increasing population of people of Mexican origin in the United States a comprehensive look at Mexican American health has never been more necessary Adela de la Torre and Antonio Estrada first accomplished such an overview with *Mexican Americans and Health* in 2001 and they have since continued to revise and expand their initial work With a multitude of additions and renovations *Mexican Americans and Health* 2nd Edition provides a timely and accessible description of current topics in Latino health De la Torre and Estrada once again present a broad and nuanced understanding of recent issues involving Mexican American health and well being this time with the addition of discussions on the new U S Human Development Index to contextualize the health education and income status of Mexican Americans relative to other population groups emerging diseases such as diabetes and obesity recent health care reforms under the Obama administration substance abuse sexual risk and psychological distress among HIV positive individuals in the gay bisexual community and predictions of future trends for the next decade This new volume has been updated throughout to reflect the many developments in health care since its first edition *Mexican Americans and Health* 2nd Edition continues to present data on a large number of health issues that are important and relevant to the Mexican American population while describing the social contexts in which they are occurring Its comprehensive and interdisciplinary approach brings originality and focus to a dynamic literature

Mexican Americans and Health Adela de la Torre, Antonio Estrada, 2015-04-16 By the middle of the twenty first century one out of every six Americans will be of Mexican descent and as health care becomes of increasing concern to all Americans the particular needs of Mexican Americans will have to be more thoroughly addressed *Mexican Americans and Health* explains how the health of Mexican origin people is often related to sociodemographic conditions and genetic factors while historical and political factors influence how Mexican Americans enter the health care system and how they are treated once they access it It considers such issues as occupational hazards for Mexican origin agricultural workers including pesticide poisoning heat related conditions and musculoskeletal disorders and women s health concerns such as prenatal care preventable cancers and domestic violence The authors clearly discuss the health status of Mexican Americans relative to the rest of the U S population interweaving voices of everyday people to explain how today s most pressing health issues have special relevance to the Mexican American community how values such as machismo familismo and marianismo influence care seeking decisions and treatment of illness how factors such as cultural values socioeconomic status peer pressure and family concerns can contribute to substance abuse how cultural attitudes toward sex can heighten the risk of AIDS and how approaches to AIDS prevention and education need to reflect core cultural values such as familismo respeto and confianza The book also addresses concerns of Mexican Americans regarding the health care system These include not only access to care and to health insurance but also the shortage of bilingual and bicultural health care professionals This

coverage stresses not only the importance of linguistic competency but also the need to understand folklore illnesses herbal remedies and spiritual practices that can delay the treatment of illness and either complement or compromise treatment Of all the issues that face the contemporary Mexican American community none is as important to its very survival as health and health care This timely book gives readers a broad understanding of these complex issues and points the way toward a healthier future for all people of Mexican origin Mexican Americans and Health and Chicano Popular Culture are the first volumes in the series The Mexican American Experience a cluster of modular texts designed to provide greater flexibility in undergraduate education Each book deals with a single topic concerning the Mexican American population Instructors can create a semester length course from any combination of volumes or may choose to use one or two volumes to complement other texts

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Mexican Americans & Health : Sana! Sana! Adela de la Torre, Antonio L. Estrada, 2001-08 By the middle of the twenty first century one out of every six Americans will be of Mexican descent and as health care becomes of increasing concern to all Americans the particular needs of Mexican Americans will have to be more thoroughly addressed *Mexican Americans and Health* explains how the health of Mexican origin people is often related to sociodemographic conditions and genetic factors while historical and political factors influence how Mexican Americans enter the health care system and how they are treated once they access it It considers such issues as occupational hazards for Mexican origin agricultural workers including pesticide poisoning heat related conditions and musculoskeletal disorders and women s health concerns such as prenatal care preventable cancers and domestic violence The authors clearly discuss

the health status of Mexican Americans relative to the rest of the U S population interweaving voices of everyday people to explain how today s most pressing health issues have special relevance to the Mexican American community how values such as machismo familismo and marianismo influence care seeking decisions and treatment of illness how factors such as cultural values socioeconomic status peer pressure and family concerns can contribute to substance abuse how cultural attitudes toward sex can heighten the risk of AIDS and how approaches to AIDS prevention and education need to reflect core cultural values such as familismo respeto and confianza The book also addresses concerns of Mexican Americans regarding the health care system These include not only access to care and to health insurance but also the shortage of bilingual and bicultural health care professionals This coverage stresses not only the importance of linguistic competency but also the need to understand folklore illnesses herbal remedies and spiritual practices that can delay the treatment of illness and either complement or compromise treatment Of all the issues that face the contemporary Mexican American community none is as important to its very survival as health and health care This timely book gives readers a broad understanding of these complex issues and points the way toward a healthier future for all people of Mexican origin Mexican Americans and Health and Chicano Popular Culture are the first volumes in the series The Mexican American Experience a cluster of modular texts designed to provide greater flexibility in undergraduate education Each book deals with a single topic concerning the Mexican American population Instructors can create a semester length course from any combination of volumes or may choose to use one or two volumes to complement other texts

Mexican American Health Antonio Estrada, 2024-07-05

Mexican American Health Historical Social and Cultural Perspectives helps readers better understand the multifaceted aspects that influence health disparities and inequities confronted by Mexican Americans today It departs from traditional medical models introducing readers to a broader in depth analysis that considers historical geopolitical sociocultural and economic dimensions of health The book delves into theories and models pertinent to Mexican American health including the examination of social determinants of health cultural determinants and theories of health inequalities applicable to Mexican Americans such as the Internal Colonial Model and Critical Race Theory It also offers an analysis of upstream factors that underlie these inequalities including epigenetics and social epigenetics which play a role in the intergenerational transmission of health and disease Mexican American Health is well suited for courses in public health social work sociology and ethnic studies particularly those addressing health disparities minority health and Latinx health It equips readers with the information they need to better understand and assist in dismantling health inequities faced by Mexican Americans

Mexican American Health Antonio Estrada, 2024-07-05 **Mexican American Health** Historical Social and Cultural Perspectives helps readers better understand the multifaceted aspects that influence health disparities and inequities confronted by Mexican Americans today It departs from traditional medical models introducing readers to a broader in depth analysis that considers historical geopolitical sociocultural and economic dimensions of health The book delves into theories

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Flores, 2013-05-02 Spirit mind and heart in traditional Mexican health beliefs all three are inherent to maintaining psychological balance For Mexican Americans who are both the oldest Latina o group in the United States as well as some of the most recent arrivals perceptions of health and illness often reflect a dual belief system that has not always been incorporated in mental health treatments Chicana and Chicano Mental Health offers a model to understand and to address the mental health challenges and service disparities affecting Mexican immigrants and Mexican Americans Chicanos Yvette G Flores who has more than thirty years of experience as a clinical psychologist provides in depth analysis of the major mental health challenges facing these groups depression anxiety disorders including post traumatic stress disorder substance abuse and intimate partner violence Using a life cycle perspective that incorporates indigenous health beliefs Flores examines the mental health issues affecting children and adolescents adult men and women and elderly Mexican Americans Through case studies Flores examines the importance of understanding cultural values class position and the gender and sexual roles and expectations Chicanas os negotiate as well as the legacies of migration transculturation and multiculturalism Chicana and Chicano Mental Health is the first book of its kind to embrace both Western and Indigenous perspectives Ideally suited for students in psychology social welfare ethnic studies and sociology the book also provides valuable information for mental health professionals who desire a deeper understanding of the needs and strengths of the largest ethnic minority and Hispanic population group in the United States Mexicanos, Third Edition Manuel G. Gonzales, 2019-06-05 Responding to shifts in the political and economic experiences of Mexicans in America this newly revised and expanded edition of Mexicanos provides a relevant and contemporary consideration of this vibrant community Emerging from the ruins of Aztec civilization and from centuries of Spanish contact with indigenous people Mexican culture followed the Spanish colonial frontier northward and put its distinctive mark on what became the southwestern United States Shaped by their Indian and Spanish ancestors deeply influenced by Catholicism and often struggling to respond to political and economic precarity Mexicans play an important role in US society even as the dominant Anglo culture strives to assimilate them With new maps updated appendixes and a new chapter providing an up to date consideration of the immigration debate centered on Mexican communities in the US this new edition of Mexicanos provides a thorough and balanced contribution to

understanding Mexicans history and their vital importance to 21st century America **Mexicanos** Manuel G. Gonzales,2009-08-20 Newly revised and updated Mexicanos tells the rich and vibrant story of Mexicans in the United States Emerging from the ruins of Aztec civilization and from centuries of Spanish contact with indigenous people Mexican culture followed the Spanish colonial frontier northward and put its distinctive mark on what became the southwestern United States Shaped by their Indian and Spanish ancestors deeply influenced by Catholicism and tempered by an often difficult existence Mexicans continue to play an important role in U S society even as the dominant Anglo culture strives to assimilate them Thorough and balanced Mexicanos makes a valuable contribution to the understanding of the Mexican population of the United States a growing minority who are a vital presence in 21st century America **Preventing Adolescent Depression and Suicide Among Latinas** Andrea J. Romero,Lisa M. Edwards,Sheri Bauman,Marissa K. Ritter,2013-09-20 Since the 1960s in comparison to other ethnic and gender groups a higher rate of depression and suicide ideation has been documented for Latina girls This Brief offers a concise summary of contemporary research on this critical topic Among the considerations are the influence of bullying families immigration and culture on Latina adolescent mental health Presenting cutting edge multiracial feminist frameworks for new and existing empirical findings this book serves to guide the future research agenda on this topic Clinical recommendations are also included **Chicano and Chicana Literature** Charles M. Tatum,2022-07-26 The literary culture of the Spanish speaking Southwest has its origins in a harsh frontier environment marked by episodes of intense cultural conflict and much of the literature seeks to capture the epic experiences of conquest and settlement The Chicano literary canon has evolved rapidly over four centuries to become one of the most dynamic growing and vital parts of what we know as contemporary U S literature In this comprehensive examination of Chicano and Chicana literature Charles M Tatum brings a new and refreshing perspective to the ethnic identity of Mexican Americans From the earliest sixteenth century chronicles of the Spanish Period to the poetry and narrative fiction of the second half of the nineteenth century and the first half of the twentieth century and then to the flowering of all literary genres in the post Chicano Movement years Chicano a literature amply reflects the hopes and aspirations as well as the frustrations and disillusionments of an often marginalized population Exploring the work of Rudolfo Anaya Sandra Cisneros Luis Alberto Urrea and many more Tatum examines the important social historical and cultural contexts in which the writing evolved paying special attention to the Chicano Movement and the flourishing of literary texts during the 1960s and early 1970s Chapters provide an overview of the most important theoretical and critical approaches employed by scholars over the past forty years and survey the major trends and themes in contemporary autobiography memoir fiction and poetry The most complete and up to date introduction to Chicana o literature available this book will be an ideal reference for scholars of Hispanic and American literature Discussion questions and suggested reading included at the end of each chapter are especially suited for classroom use Immigration Law and the U.S.-Mexico Border Kevin R. Johnson,Bernard

Trujillo,2011-11-01 Americans from radically different political persuasions agree on the need to fix the broken US immigration laws to address serious deficiencies and improve border enforcement In *Immigration Law and the US Mexico Border* Kevin Johnson and Bernard Trujillo focus on what for many is at the core of the entire immigration debate in modern America immigration from Mexico In clear reasonable prose Johnson and Trujillo explore the long history of discrimination against US citizens of Mexican ancestry in the United States and the current movement against illegal aliens persons depicted as not deserving fair treatment by US law The authors argue that the United States has a special relationship with Mexico by virtue of sharing a 2 000 mile border and a land grab of epic proportions when the United States acquired nearly two thirds of Mexican territory between 1836 and 1853 The authors explain US immigration law and policy in its many aspects including the migration of labor the place of state and local regulation over immigration and the contributions of Mexican immigrants to the US economy Their objective is to help thinking citizens on both sides of the border to sort through an issue with a long emotional history that will undoubtedly continue to inflame politics until cooler and better informed heads can prevail The authors conclude by outlining possibilities for the future sketching a possible movement to promote social justice Great for use by students of immigration law border studies and Latino studies this book will also be of interest to anyone wondering about the general state of immigration law as it pertains to our most troublesome border Chicana and Chicano Art Carlos Francisco Jackson,2009-02-14 This is the first book solely dedicated to the history development and present day flowering of Chicana and Chicano visual arts It offers readers an opportunity to understand and appreciate Chicana o art from its beginnings in the 1960s its relationship to the Chicana o Movement and its leading artists themes current directions and cultural impacts Although the word Chicano once held negative connotations students along with civil rights activists and artists adopted it in the late 1960s in order to reimagine and redefine what it meant to be Mexican American in the United States Chicanismo is the ideology and spirit behind the Chicano Movement and Chicanismo unites the artists whose work is revealed and celebrated in this book Jackson s scope is wide He includes paintings prints murals altars sculptures and photographs and of course the artists who created them Beginning with key influences he describes the importance of poster and mural art focusing on the work of the Mexican artist Jos Guadalupe Posada and the significance of Mexican and Cuban talleres print workshops He examines the importance of art collectives in the United States as well as Chicano talleres and community art centers for the growth of the Chicano art movement In conclusion he considers how Chicano art has been presented to the general American public As Jackson shows the visual arts have both reflected and created Chicano culture in the United States For college students and for all readers who want to learn more about this fascinating subject his book is an ideal introduction to an art movement with a social conscience **Mexican Americans & the Law** Reynaldo Anaya Valencia,2004-03 The experience of Mexican Americans in the United States has been marked by oppression at the hands of the legal system but it has also benefited from successful appeals to the same system Mexican

Americans and the Law illustrates how Mexican Americans have played crucial roles in mounting legal challenges regarding issues that directly affect their political educational and socioeconomic status Each chapter highlights historical contexts relevant laws and policy concerns for a specific issue and features abridged versions of significant state and federal cases involving Mexican Americans Beginning with *People v Zammora* 1940 the trial that was a precursor to the Zoot Suit Riots in Los Angeles during World War II the authors lead students through some of the most important and precedent setting cases in American law Educational equality from segregation concerns in *Mendez v Westminster* 1946 to unequal funding in *San Antonio Independent School District vs Rodriguez* 1973 Gender issues reproductive rights in *Madrigal v Quilligan* 1981 workplace discrimination in *EEOC v Hacienda Hotel* 1989 sexual violence in *Aguirre Cervantes v INS* 2001 Language rights *Iguez v Arizonans for Official English* 1995 *Garcia v Gloor* 1980 *Serna v Portales Municipal Schools* 1974 Immigration search and seizure questions in *U S v Brignoni Ponce* 1975 and *U S v Martinez Fuerte* 1976 public benefits issues in *Plyler v Doe* 1982 and *League of United Latin American Citizens v Wilson* 1997 Voting rights redistricting in *White v Regester* 1973 and *Bush v Vera* 1996 Affirmative action *Hopwood v State of Texas* 1996 and *Coalition for Economic Equity v Wilson* 1997 Criminal justice issues equal protection in *Hernandez v Texas* 1954 jury service in *Hernandez v New York* 1991 self incrimination in *Miranda v Arizona* 1966 access to legal counsel in *Escobedo v Illinois* 1964 With coverage as timely as the 2003 Supreme Court decision on affirmative action Mexican Americans and the Law offers invaluable insight into legal issues that have impacted Mexican Americans other Latinos other racial minorities and all Americans Discussion questions suggested readings and Internet sources help students better comprehend the intricacies of law

Moving from the Margins Adela de la Torre, 2002-02 Immigration reform Bilingual education Affirmative action Such issues trigger knee jerk reactions from many people and in California those reactions are likely to fall along strict ethnic lines A white majority has long called the shots in voter initiatives but with Mexican Americans becoming the majority population in southern California their views on these matters can no longer be ignored In *Moving from the Margins* an outspoken member of the Mexican American community explores issues that have molded politics over the past decade in a state where division seems more common than unity Addressing immigration education health care and economic and political concerns Adela de la Torre provides a distinctly Chicana perspective that often differs from that of mainstream readers and voters Drawn from the author's syndicated column in the Los Angeles Times along with writings from other publications *Moving from the Margins* includes incisive and often provocative commentaries that provide insights into the roots of ethnic tensions in the Golden State The book also includes readers reactions to the articles creating a dialogue of ideas while confronting fears of what many Americans view as an alien culture Whether addressing entitlements granted to noncitizens the future of public schools or access to health care de la Torre challenges readers to move beyond their own frame of reference and consider new points of view The issues she faces have shaped today's California and they also lie at the heart of urban public policy in America for

the twenty first century **Latinos in Libraries, Museums, and Archives** Patricia Montiel-Overall, Annabelle Villaescusa Nuñez, Verónica Reyes-Escudero, 2015-12-17 Written by three experienced LIS professionals *Latinos in Libraries Museums and Archives* demonstrates the meaning of cultural competence in the everyday work in libraries archives museums and special collections with Latino populations The authors focus on their areas of expertise including academic school public libraries health sciences archives and special collections to show the importance of understanding how cultural competence effects the day to day communication relationship building and information provision with Latinos They acknowledge the role of both tacit and explicit knowledge in their work and discuss ways in which cultural competence is integral to successful delivery of services to communication with and relationship building with Latino communities Mexican Americans and the Law Reynaldo Anaya Valencia, Sonia R. García, Henry Flores, José Roberto Juárez, 2022-11-01 The experience of Mexican Americans in the United States has been marked by oppression at the hands of the legal system but it has also benefited from successful appeals to the same system *Mexican Americans and the Law* illustrates how Mexican Americans have played crucial roles in mounting legal challenges regarding issues that directly affect their political educational and socioeconomic status Each chapter highlights historical contexts relevant laws and policy concerns for a specific issue and features abridged versions of significant state and federal cases involving Mexican Americans Beginning with *People v Zammora* 1940 the trial that was a precursor to the Zoot Suit Riots in Los Angeles during World War II the authors lead students through some of the most important and precedent setting cases in American law Educational equality from segregation concerns in *Mendez v Westminster* 1946 to unequal funding in *San Antonio Independent School District vs Rodriguez* 1973 Gender issues reproductive rights in *Madrigal v Quilligan* 1981 workplace discrimination in *EEOC v Hacienda Hotel* 1989 sexual violence in *Aguirre Cervantes v INS* 2001 Language rights *Iguez v Arizonans for Official English* 1995 *Garcia v Gloor* 1980 *Serna v Portales Municipal Schools* 1974 Immigration search and seizure questions in *U S v Brignoni Ponce* 1975 and *U S v Martinez* 1976 public benefits issues in *Plyler v Doe* 1982 and *League of United Latin American Citizens v Wilson* 1997 Voting rights redistricting in *White v Regester* 1973 and *Bush v Vera* 1996 Affirmative action *Hopwood v State of Texas* 1996 and *Coalition for Economic Equity v Wilson* 1997 Criminal justice issues equal protection in *Hernandez v Texas* 1954 jury service in *Hernandez v New York* 1991 self incrimination in *Miranda v Arizona* 1966 access to legal counsel in *Escobedo v Illinois* 1964 With coverage as timely as the 2003 Supreme Court decision on affirmative action *Mexican Americans and the Law* offers invaluable insight into legal issues that have impacted Mexican Americans other Latinos other racial minorities and all Americans Discussion questions suggested readings and Internet sources help students better comprehend the intricacies of law Chicano popular culture Charles M. Tatum, 2001 Over the past several decades Mexican Americans have made an indelible mark on American culture through the music of bands such as Santana and Los Lobos films such as *Zoot Suit* and a wide range of literature such as Sandra Cisneros's *The House on Mango Street* Now Charles Tatum introduces students to

these and other forms of artistic expression in the first volume to provide a wide ranging overview of Chicano popular culture Tatum explores the broad and complex arena of popular culture among Americans of Mexican descent and explains what popular culture can tell them about themselves Reviewing a range of expressive arts from traditional forms to electronic media he explains the differences and similarities between Chicano popular culture and that of other ethnic groups or of Anglo society and shows how Chicano arts reflect a people s traditions and heritage The book s coverage focuses on five areas of popular culture It explores Mexican American and Chicano music from the sixteenth century to the present day cinema focusing on Chicano films of the past three decades newspapers radio and television explaining the interrelationship between these media literature emphasizing fiction theater and poetry of the last thirty years and fiestas celebrations and art including mural and graffiti art Tatum provides a brief overview of Mexican American social history paying particular attention to changing cultural perspectives over the past 150 years and the evolution of el movimiento chicano He also introduces theories of popular culture and makes them accessible to students enabling them to better understand the material covered in the text No other book offers such a wide ranging introduction to these cultural expressions of Mexican Americans today Chicano Popular Culture invites readers to share the excitement of these vital arts and through them to learn more about the uniqueness of America s fastest growing minority Chicano Popular Culture and Mexican Americans and Health are the first volumes in the series The Mexican American Experience a cluster of modular texts designed to provide greater flexibility in undergraduate education Each book deals with a single topic concerning the Mexican American population Instructors can create a semester length course from any combination of volumes or may choose to use one or two volumes to complement other texts

Chicana/o Identity in a Changing U.S. Society Aída Hurtado, Patricia

Gurin, 2023-01-10 What does it mean to be Chicana o That question might not be answered the same as it was a generation ago As the United States witnesses a major shift in its population from a white majority to a country where no single group predominates the new mix not only affects relations between ethnic groups but also influences how individuals view themselves This book addresses the development of individual and social identity within the context of these new demographic and cultural shifts It identifies the contemporary forces that shape group identity in order to show how Chicana os sense of personal identity and social identity develops and how these identities are affected by changes in social relations The authors both nationally recognized experts in social psychology are concerned with the subjective definitions individuals have about the social groups with which they identify as well as with linguistic cultural and social contexts Their analysis reveals what the majority of Chicanas os experience using examples from music movies and the arts to illustrate complex concepts In considering Qui n Soy Who Am I they discuss how individuals develop a positive sense of who they are as Chicanas os with an emphasis on the influence of family schools and community Regarding Qui nes Somos Who Are We they explore Chicanas os different group memberships that define who they are as a people particularly reviewing the colonization

history of the American Southwest to show how Chicanas/os group identity is influenced by this history. A chapter on Language Culture and Community looks at how Chicanas/os define their social identities inside and outside their communities whether in the classroom neighborhood or region. In a final chapter the authors speculate how Chicana/o identity will change as Chicanas/os become a significant proportion of the U.S. population and as such factors as immigration intermarriage and improvements in social standing influence the process of identification. At the end of each chapter is an engaging exercise that reinforces its main argument and shows how psychological approaches are applicable to real life.

Chicana/o Identity in a Changing U.S. Society is an unprecedented introduction to psychological issues that students can relate to and understand. It complements other titles in the Mexican American Experience series to provide a balanced view of issues that affect Mexican Americans today.

Mexican Americans and Language Glenn A. Martínez, 2022-05-03

When political activists rallied for the abolition of bilingual education and even called for the declaration of English as an official language, Mexican Americans and other immigrant groups saw this as an assault on their heritage and civil rights. Because language is such a defining characteristic of Mexican American ethnicity, nearly every policy issue that touches their lives involves language in one way or another. This book offers an overview of some of the central issues in the Mexican American language experience, describing it in terms of both bilingualism and minority status. It is the first book to focus on the historical, social, political, and structural aspects of multiple languages in the Mexican American experience and to address the principles and methods of applied sociolinguistic research in the Mexican American community. Spanish and non-Spanish speakers in the Mexican American community share a common set of social and ethnic bonds. They also share a common experience of bilingualism. As Martínez observes, the ideas that have been constructed around bilingualism are as important to understanding the Mexican American language experience as bilingualism itself. Mexican Americans and Language gives students the background they need to respond to the multiple social problems that can result from the language differences that exist in the Mexican American community. By showing students how to go from word to deed, *del dicho al hecho*, it reinforces the importance of language for their community and for their own lives and futures.

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Mexican Americans And Health Sana Sana Introduction

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