

Measurement method	SBP (mmHg)		DBP (mmHg)
Office BP measurement	≥ 140	and/or	≥ 90
HBPM	≥ 135	and/or	≥ 85
ABPM			
Average of daytime BP	≥ 135	and/or	≥ 85
Average of nighttime BP	≥ 120	and/or	≥ 70
Average of BP in a day	≥ 130	and/or	≥ 80

SBP = systolic blood pressure, DBP = diastolic blood pressure, HBPM = home blood pressure monitoring,

ABPM = ambulatory blood pressure monitoring

Methods Hypertension

**Fernando Emilio Ballina, Ricardo
Armentano, Rubén Carlos
Acevedo, Gustavo Javier Meschino**

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