

THE OFFICIAL
PATIENT'S SOURCEBOOK
On

RESTLESS LEG SYNDROME



*A Revised and Updated
Directory for the Internet Age*

JAMES N. PARKER, M.D.
AND PHILIP M. PARKER, PH.D., EDITORS

A REFERENCE MANUAL FOR SELF-DIRECTED PATIENT RESEARCH

Full Internet Referencing – Essentials and Advanced Studies – Chapter Glossaries

Official Patients Sourcebook On Restless

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Buchfuhrer, Wayne A. Hening, Clete A.
Kushida, MD, Clete A. Kushida, Karla M.
Dzienkowski**

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The Official Patient's Sourcebook on Sleep Apnea James N. Parker, 2002 This book has been created for patients who have decided to make education and research an integral part of the treatment process Although it also gives information useful to doctors caregivers and other health professionals it tells patients where and how to look for information covering virtually all topics related to sleep apnea also central sleep apnea nocturnal upper airway occlusion obstructive sleep apnea Ondine's curse pediatric obstructive sleep apnea Pickwickian syndrome from the essentials to the most advanced areas of research The title of this book includes the word official This reflects the fact that the sourcebook draws from public academic government and peer reviewed research Selected readings from various agencies are reproduced to give you some of the latest official information available to date on sleep apnea Given patients increasing sophistication in using the Internet abundant references to reliable Internet based resources are provided throughout this sourcebook Where possible guidance is provided on how to obtain free of charge primary research results as well as more detailed information via the Internet E book and electronic versions of this sourcebook are fully interactive with each of the Internet sites mentioned clicking on a hyperlink automatically opens your browser to the site indicated Hard copy users of this sourcebook can type cited Web addresses directly into their browsers to obtain access to the corresponding sites In addition to extensive references accessible via the Internet chapters include glossaries of technical or uncommon terms

Restless Legs Syndrome Mark J. Buchfuhrer, MD, Mark J. Buchfuhrer, Wayne A. Hening, Clete A. Kushida, MD, Clete A. Kushida, Karla M. Dzienkowski, 2006-11-28 The hallmark of the neurologic disorder RLS is an irresistible urge to move most commonly at night Symptoms vary in severity and can result in sleeplessness fatigue and impaired function and can affect families and relationships as well Written by leaders in this field and sponsored by the American Academy of Neurology Restless Legs Syndrome explains what is known about RLS including its causes and manifestations and what can be done to manage it Specific chapters cover treatments including drug and non pharmacologic therapy RLS in children lifestyle changes resources and more

Clinical Management of Restless Legs Syndrome Wayne A. Hening, Mark J. Buchfuhrer, Hochang B. Lee, 2007-12 Describes etiologies and pathophysiology of the condition including secondary conditions and medications that can cause or accentuate RLS Reveals how to accurately diagnose RLS nonpharmacologic measures and details pharmacologic agents used to treat intermittent daily and refractory RLS

Restless Legs Syndrome Mark J. Buchfuhrer, 2011-01-23 The Restless Legs Syndrome Foundation estimates that up to 8 percent of the population suffers with restless legs syndrome RLS The hallmark of this neurologic disorder is an irresistible urge to move most commonly at night It causes uncomfortable sensations often described as creeping crawling tugging burning or aching feelings in the calves feet thighs and arms These disruptive symptoms vary in severity and can result in difficulty staying or falling asleep fatigue and impaired daytime function resulting from loss of sleep Written by respected leaders in this field and sponsored by the

American Academy of Neurology Restless Legs Syndrome explains what we know about RLS including its causes and manifestations and what can be done to manage it Topics covered include Causes symptoms and diagnosis Treatments including drug and non pharmacologic therapy RLS in children Personal relationships and RLS Resources Lifestyle changes dealing with daily activities RLS triggers and much more This indispensable guide will help millions of people to understand this condition so that they can take control of their lives and make informed decisions It also will be a useful resource for families caregivers and health care providers

Library Journal Melvil Dewey, Richard Rogers Bowker, L. Pylodet, Charles Ammi Cutter, Bertine Emma Weston, Karl Brown, Helen E. Wessells, 2005 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately *Library Journal*, 2005

The Ultimate Jack the Ripper Sourcebook Keith Skinner, Stewart Evans, 2013-02-07 Two experienced Ripperologists have applied their joint knowledge and expertise to the painstaking collation of all the known official records to produce the ultimate Ripper book a narrative account of the murders encompassing all the known evidence The most complete work on the Ripper case ever contains the entire contents of the Scotland Yard files covering the full series of murders extensive press reports witness statements and extracts from police notebooks documents missing from the official files and many rare photographs The Ultimate Jack the Ripper Sourcebook is not only an invaluable reference but is also a compelling account of the Victorian serial murderer whose identity remains one of criminology's greatest mysteries

Cosmetic and Reconstructive Surgery Sourcebook Karen Bellenir, 2007 Provides updated information about both surgical and minimally invasive procedures used to enhance appearance

Woman's Comfort Book Jennifer Loudon, 2005-02-01 With over 200 prescriptions for giving yourself a break this book helps the reader to sort out guilty feelings about self nurture and to define her comfort self nurture needs In this book the author delivers a host of creative and comforting programmes like the self care schedule creative selfishness creating a comfort network body delights a personal sanctuary the comfort journal bathing pleasures and comfort rituals Organised by topic and cross referenced throughout this guidebook is designed to appeal to women of all ages The new edition has been revised and updated for modern women

Ear, Nose, and Throat Disorders Sourcebook Sandra J. Judd, 2006 Provides consumers with updated health information on the most common disorders of the ear nose and throat

Alzheimer's Disease Sourcebook Karen Bellenir, 1999 It provides information to help patients and their families understand the differences between reversible and irreversible causes of dementia comprehend the results of current research initiatives and know what to expect as Alzheimer's disease progresses A glossary and resource listings provide additional sources of help and information

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