

Naturally occurring food Toxicants

Naturally occurring toxicants in foods	Food source	Toxic effects
Beta- oxaylaminoalanine (BOAA)	consumption large quantities Lathyrus sativus (kesary dal) or other lathyrus species	Lathyrism(crippling disease accompanied by paralysis of leg muscles/lower limbs, painful joints)
Hypoglycin A and Hypoglycin B (unusual amino acids)	partially cooked Ackee fruit (to be consumed only after 20 minutes)	vomiting, drowsiness , Hypoglycaemia leading to convulsions,coma and death
Goitrogen(1,5- vinyl -2-thio-oxazolidone)	Cabbage and turnip	goitre
Goitrogen (thioglycosides)	Rapseed, mustard	goitre
Goitrogen (polyphenolic glycosides)	red skin of groundnuts and almonds	goitre
Biogenic amines :Serotonin, histamine, epinephrine, tyramine	intake of plantains(green , ripe) in large quantity	endomyocardial fibrosis(due to inactivation mono-amino oxidase),hypertension
Sanguinarine from Argemone seeds	Rap seeds getting mixed with seeds of Argemone grow as weeds during harvest	epidemic dropsy in human

Natural Toxicants In Food

Lei Shi

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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