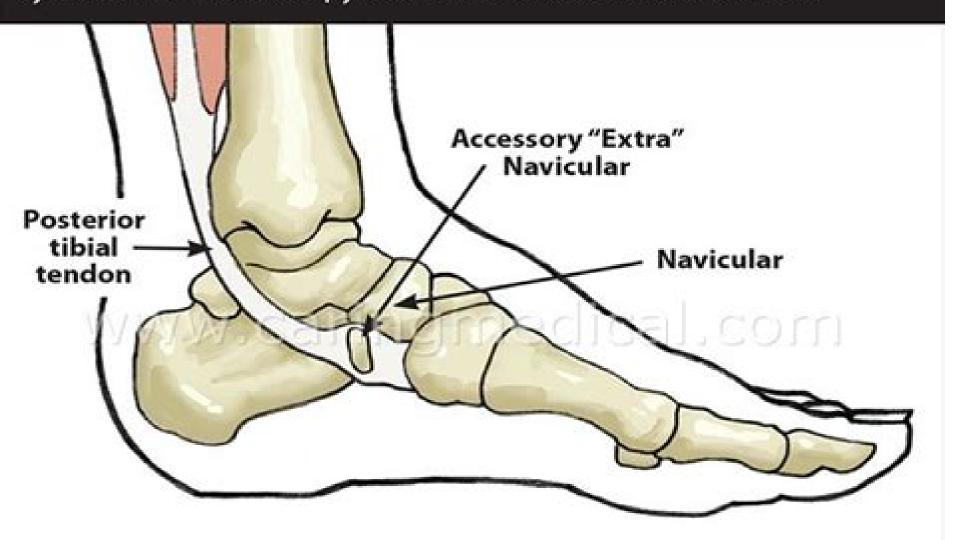
Accessory "extra" navicular bone, medial view of foot. About 5% of the population have an "extra" navicular bone that can irritate the posterior tibial tendon and cause accessory navicular syndrome. Prolotherapy is an effective treatment for this.



# **Navicular Syndrome Explained**

Steven D. Waldman, Robert S. D. S. D. Campbell

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