



Person Of The Therapist

Bruce Brodie



Person Of The Therapist:

The Person of the Therapist Training Model Harry J. Aponte, Karni Kissil, 2016-01-08 The Person of the Therapist Training Model presents a model that prepares therapists to make active and purposeful use of who they are personally and professionally in all aspects of the therapeutic process relationship assessment and intervention The authors take a process that seems vague and elusive the self of the therapist work and provide a step by step description of how to conceptualize structure and implement a training program designed to facilitate the creation of effective therapists who are skilled at using their whole selves in their encounters with clients This book looks to make conscious and planned use of a therapist's race gender culture values life experience and in particular personal vulnerabilities and struggles in how he or she relates and works with clients This evidence supported resource is ideal for clinicians supervisors and training programs

The Person of the Therapist Edward W.L. Smith, 2010-06-28 The techniques of psychotherapy are often given undue emphasis slighting the importance of the psychotherapist Research suggests that the same techniques are differently effective when used by equally trained and supervised therapists Not only are some therapists more effective irrespective of the type of therapy they practice but some because of their personal qualities may actually harm those with whom they work This research reflects the vast importance of the personality of the therapist evoking the question of how a therapist may develop personhood Aimed at training as well as practicing psychotherapists social workers counselors psychologists and psychiatrists this scholarly exploration of personhood includes various models for classifying the types of psychotherapy and the place of personhood in this context as well as a review of existing theory and research literature on specific personal therapist variables as they relate to therapy outcome The role of traditional spirituality in the development of personhood is given particular emphasis

Perceived Impact of Person-of-the-Therapist Training (POTT) Model on Drexel University Master of Family Therapy Postgraduates' Clinical Work Florina Lauriana Apolinar Claudio, 2016 The person of the therapist training POTT model developed by renowned family therapist Harry Aponte and implemented in the Drexel University Master of Family Therapy curriculum was the training model of focus for the study Postgraduates of the Drexel University Master of Family Therapy Program were interviewed using grounded theory methods on the perceived impact of person of the therapist training on clinical effectiveness The generated theory revealed that postgraduates developed a purposeful therapeutic presence participants believed that their presence way of being and the way that they provided therapy way of doing had transformed The stance they had was self accepting self aware compassionate empathic and grounded Therefore the therapy they provided was decisive thoughtful compassionate self aware and connected to self Although attention to the person or self of the therapist was present in the couple and family therapy literature research on the effectiveness of person of the therapist training is virtually nonexistent Thus the present study addressed this gap in the literature particularly because the American Association for Marriage and Family Therapy the field's primary professional

organization includes person of the therapist elements in established competency standards Moreover the marriage and family therapy profession is growing highlighting the importance of effective training to ensure competent clinical services

The Personhood of the Therapist Barbara Jo Brothers, 2019-07-23 You don't have to check your humanity at the office door Drawing on the teachings of Virginia Satir this humane volume is designed to help therapists bring their full selves into the therapeutic relationship The Personhood of the Therapist examines what happens when a therapist consciously enters the process of healing in an I Thou relationship with the client The techniques outlined in this volume will help you develop a greater sense of openness about yourself and your feelings enabling you to offer clients more effective services The Personhood of the Therapist explores the myriad ways in which a therapist's emotional responses and life experiences can contribute to the client's healing This approach is a dramatic departure from the traditional Freudian ideal of the aloof unresponsive analyst but the case studies in this volume will persuade you that it is powerfully effective In addition to case studies this thoughtful compassionate book offers dialogues personal reminiscences techniques and discussions of psychological theory The Personhood of the Therapist offers new ideas and fresh perspectives on such life changing issues as self disclosure and self awareness for therapists ways to respect and foster the full sacredness of the client the different roles of the therapist important new views on transference and countertransference It also contains deeply moving accounts of individual experiences including how an oncologist was affected by her own family's experience with cancer using Integrity Therapy to heal old wounds for a troubled couple along with the comments of the two clients a therapist's own emotional journey through a troubled marriage and the strange disappearance of her sister The Personhood of the Therapist will help you employ your knowledge about life not just theories to offer better services to clients and help you appreciate how clients can enrich your life

The SAGE Encyclopedia of Marriage, Family, and Couples Counseling Jon Carlson, Shannon B. Dermer, 2016-10-11 The SAGE Encyclopedia of Marriage Family and Couples Counseling is a new all encompassing landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field Marriage and family counseling programs are established at institutions worldwide yet there is no current work focused specifically on family therapy While other works have discussed various methodologies cases niche aspects of the field and some broader views of counseling in general this authoritative Encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the full scope and diversity of theories approaches and techniques and how they address various life events within the unique dynamics of families couples and related interpersonal relationships Key topics include Assessment Communication Coping Diversity Interventions and Techniques Life Events Transitions Sexuality Work Life Issues and more Key features include More than 500 signed articles written by key figures in the field span four comprehensive volumes Front matter includes a Reader's Guide that groups related entries thematically Back matter includes a history of the development of the field a Resource Guide to key associations websites and journals a selected

Bibliography of classic publications and a detailed Index All entries conclude with Further Readings and Cross References to related entries to aid the reader in their research journey **The Therapeutic Use of Self** Val Wosket,2002-05-03 The Therapeutic Use of Self is a ground breaking examination of the individual therapist s contribution to process and outcome in counselling Using many powerful case examples and extensive research findings from the author s own work this book presents the counsellor s evaluation of their own practice as the main vehicle for the development of insight and awareness in to individual therapeutic characteristics It addresses many of the taboos and infrequently discussed aspects of therapy such as the value of therapist failure breaking the rules of counselling working beyond the accepted boundaries of counselling The Therapeutic Use of Self will act as a spur to individual counsellors to acknowledge develop and value their own unique contribution to the counselling profession

Object Relations and Intersubjective Theories in the Practice of Psychotherapy Bruce Brodie,2019-12-06 The evolution of psychoanalytic psychodynamic psychotherapy has been marked by an increasing disconnect between theory and technique This book re establishes a bridge between the two In presenting a clear explanation of modern psychodynamic theory and concepts and an abundance of clinical illustrations Brodie shows how every aspect of psychodynamic therapy is determined by current psychodynamic theory In Object Relations and Intersubjective Theories in the Practice of Psychotherapy Brodie uses the theoretical foundation of the work of object relations theorist D W Winnicott showing how each of his developmental concepts have clear implications for psychodynamic treatment and builds on the contributions of current intersubjective theorists Thomas Ogden and Jessica Benjamin Added to this is Brodie s vast array of clinical material ranging from delinquent adolescents to high functioning adults and drawing on nearly 40 years of experience in psychotherapy These contributions are fresh and original and crucially demonstrate how clinical technique is informed by theory and how theory can be illuminated by clinical material Written with clarity and detail this book will appeal to graduate students in psychology and psychotherapy medical residents in psychiatry and young practicing psychotherapists who wish to fully explore why psychotherapists do what they do and the dialectical relationship between theory and technique that informs their work

The Use of Self in Therapy Michele Baldwin,2000 This new edition expands upon the first edition with new research numerous case studies tables figures interviews and diagnostic criteria You will benefit from the current and expanded material that will help you to realize and use the positive impact of self in therapy and give clients improved services

BOOK JACKET The Theory and Practice of Psychoanalytic Therapy Siri Gullestad,Bjørn Killingmo,2019-09-20 The Theory and Practice of Psychoanalytic Therapy Listening for the Subtext outlines the core concepts that frame the reciprocal encounter between psychoanalytic therapist and patient taking the reader into the psychoanalytic therapy room and giving detailed examples of how the interaction between patient and therapist takes place The book argues that the therapist must capture both nonverbal affects and unsymbolized experiences proposing a distinction between structuralized and actualized affects and covering key topics such as transference

countertransference and enactment It emphasizes the unconscious meaning in the here and now as well as the need for affirmation to support more classical styles of intervention The book integrates object relational and structural perspectives in a theoretical position called relational oriented character analysis It argues the patient s ways of being constitute relational strategies carrying implicit messages a subtext and provides detailed examples of how to capture this underlying dialogue Packed with detailed clinical examples and displaying a unique interplay between clinical observation and theory this wide ranging book will appeal to psychotherapists psychoanalysts and clinical psychologists in practice and in training

Handbook of Family Therapy Mike Robbins, Tom Sexton, Gerald Weeks, 2004-03-01 This new Handbook of Family Therapy is the culmination of a decade of achievements within the field of family and couples therapy emerging from and celebrating the dynamic evolution of marriage and family theory practice and research The editors have unified the efforts of the profession s major players in bringing the most up to date and innovative information to the forefront of both educational and practice settings They review the major theoretical approaches and break new ground by identifying and describing the current era of evidence based models and contemporary areas of application The Handbook of Family Therapy is a comprehensive progressive and skillful presentation of the science and practice of family and couples therapy and a valuable resource for practitioners and students alike

The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients Joy S. Whitman, Cynthia J. Boyd, 2013-12-19 Most therapy is set up in a heterosexist context Explore the issues facing your gay lesbian and bisexual clients and how to deal with them The Therapist s Notebook for Lesbian Gay and Bisexual Clients offers therapists treating lesbian gay and bisexual clients innovative practical interventions plus homework and hands on activities tailored to these populations Use the notebook to explore the issues surrounding coming out homophobia in the workplace spirituality identity formation and issues that require a non heterosexist approach such as domestic violence and relationship concerns Grounded in current theory each chapter explains the rationale for the activity it proposes includes contraindications and provides a list of helpful resources for therapists and clients Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections Section I Homework Handouts and Activities for Coming Out and Managing Homophobia and Heterosexism addresses conflicts in self perceptions obstacles to the growth of a healthy GLB identity dealing with the trauma and anxiety that result from discrimination using semi hypnotic visualization to treat internalized homophobia helping bisexuals decide whether to come out or to pass coping with internalized homophobic messages dealing with heterosexism in the workplace or at school Section II Homework Handouts and Activities for Relationship Issues will help you and your clients understand and work on issues involving choosing the right partner intimacy and gender roles financial stability assimilation queer pride and everything in between how ethnicity and coupling impact sexual identity negotiating a healthy open relationship sexual concerns sexual dysfunction and pleasuring sexual role values for bisexual and lesbian women Section III Homework Handouts and Activities for Gender Ethnic and Sexual Identity

Issues addresses who am I issues sexual orientation and gender identity the intersection of sexual and ethnic identity oppression on multiple fronts gender exploration for lesbians Section IV Homework Handouts and Activities for Specific Issues tackles concepts including enhancing resilience through spirituality reconciling with religion spiritual wellness and the spiritual autobiography body image disturbances unwanted sexual behavior creating a safety plan in case of same sex domestic violence alienation and finding a caring community medication adherence for HIV clients the difficulties faced by coupled lesbians with children family care planning addiction and recovery healing from the wounds of homophobia relationships with ex partners managing workplace stress If you re new to treating lesbian gay and bisexual clients you ll find rich material based in current literature to guide your work If you ve already worked extensively with LGBT clients the activities and fresh innovative strategies in *The Therapist s Notebook for Lesbian Gay and Bisexual Clients* will expand and invigorate your skills

The Therapist's Use of Self Matthew D. Selekman, 2023-12-22 This book encourages and trains students and practicing marriage and family therapists to bring themselves into the therapy room offering guidelines and strategies for being more present and personal with their clients Mental health professionals are often taught and trained that therapy is serious business to be cautious and conservative with therapeutic decision making and to stick to empirically supported and specific tools in sessions What gets lost in this positivistic formulaic and scientific way of working are therapists own unique voices their creativity flexibility and the sense of playfulness that make the change process fun and upbeat *The Therapist s Use of Self* equips therapists with the skills they need to deepen their alliances with clients to liberate themselves from an overreliance on models and to bring their whole selves to the therapeutic encounter Chapters cover pioneers in the field before exploring ways to bring ideas from outside the therapy room including from music art literature and film The book includes a key chapter on teletherapy and each chapter presents major therapeutic tools and strategies case examples the resulting outcomes and key takeaways Students of psychology social work nursing and marriage and family programs as well as mental health professionals will benefit from this book with a plethora of therapeutic tools guidelines and strategies for catalyzing change with even the most challenging couples and families

The Person-Centred Counselling and Psychotherapy Handbook: Origins, Developments and Current Applications Colin Lago, Divine Charura, 2016-04-16 From the origins of Carl Rogers person centred approach to the cutting edge developments of therapy today *The Person Centred Counselling and Psychotherapy Handbook* charts the journey of an ambitious vision to its successful reality In this book Lago and Charura bring together history theory research and practice to deliver a complete and unique perspective on the person centred approach Key topics include The groundbreaking journey of PCA s early decades spearheaded by Carl Rogers Developments and extensions of the original theory and practice The influence of PCA in developing new therapies and practice The frontier of contemporary PCA and therapists work with client groups of difference and diversity With its broad view that explores the origins variations and applications of PCA *The Person Centred*

Counselling and Psychotherapy Handbook gives a comprehensive overview of the knowledge required and the issues faced by practitioners making it an important resource for the seasoned and training practitioner alike This particularly welcome contribution is distinctive in fostering a contemporary contextualised and transcultural person centred practice edited as it is by two leading UK figures in the field of diversity in counselling and psychotherapy Review in Therapy Today October 2016

The Heart of the Matter Susan M. Johnson, Leslie S. Greenberg, 1994 First Published in 1995 Routledge is an imprint of Taylor Francis an informa company **Challenges in the Theory and Practice of Play Therapy** David Le Vay, Elise Cuschieri, 2016-01-08 Challenges in the Theory and Practice of Play Therapy provides an advanced and in depth exploration of the issues and challenges relating to the training theory and practice of Child Centred Play Therapy The ethos of the book is process orientated and it discusses the particular therapeutic challenges that are encountered on a day to day basis Drawing upon clinical material and cutting edge theory David Le Vay and Elise Cuschieri bring together experienced practitioners from the field to explore key topics such as The therapeutic use of self within play therapy Gender issues in play therapy The play therapist s experience of self doubt Working with acquired brain injury Working with developmental trauma The role of research within play therapy The role of experiential training groups in a play therapy training programme Original and stimulating Challenges in the Theory and Practice of Play Therapy will be of interest and value to all those working within the area of child mental health both in practice and in training and particularly those in the wider Arts and Play Therapy community who are working therapeutically with troubled children **The Heart Of The Matter:**

Perspectives On Emotion In Marital Susan M. Johnson, Leslie S. Greenberg, 2013-08-21 First published in 1995 Intimate relationships are at the core of our emotional life There is no other context so infused by and responsive to the ebb and flow of human emotion A large part of human communication is emotional communication involving minute signals concerning closeness and distance and dominance and submission This information is of central importance in organizing interactions with significant others In addition the social interactions most crucial to our senses of well being positive adaptation and physical and emotional health are those that occur with significant others on whom we depend for our sense of security and belonging in the world This book examines the role of affect in intimate relations and in the redefinition of such relationships in therapy

Listening to the Melody of the Mind Rima Brauer, Gerald Faris, 2008-10-17 Psychotherapy has been described humorously as the art of practicing a science which doesn t exist Brauer and Faris submit that the practice of psychodynamic psychotherapy draws on both art and science and should be conducted only by those who are properly trained with sufficient experience and steeped in the empirical literature based on solid research Insightful and well trained therapists should therefore draw heavily from the scientific disciplines of child development medical science biology neuroscience psychology and sociology To tap into the great body of research in such areas means the well read psychotherapist must be able to assimilate contributions from a rather broad array of specialties This is a daunting task and

is not for the intellectually faint of heart Listening to the Melody of the Mind attempts to provide a comprehensive exploration of the person who is the therapist

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy
Edward S. Neukrug, 2015-02-12 The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses This is a quick one stop source that gives the reader the who what where how and why of contemporary counseling and psychotherapy theory From historical context in which the theories were developed to the theoretical underpinnings which drive the theories this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter Features Benefits Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context A Master Bibliography and a Resource Guide to key books journals and organizations guide students to further resources beyond the encyclopedia The Reader s Guide a detailed Index and the Cross References combine for effective search and browse in the e version and helps students take the next steps in their research journeys This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory It is ideal for the public and professionals as well as for students in counselor education programs especially those individuals who are pursuing a Masters level degree

The Art of Integrative Counseling Gerald Corey, 2018-08-08 Useful as a supplemental text in advanced theories and practicum courses this fourth edition discusses the key concepts and techniques from many contemporary theories and how to develop an integrative approach to the counseling process to better meet individual client needs Dr Corey introduces the techniques that he draws from in his own integrative approach to counseling using a wide variety of case examples with diverse clients Topics covered include assessing presenting issues developing a productive working alliance establishing therapeutic goals understanding and addressing diversity working with resistant clients using evidence based practice in cognitive emotive and behavioral work with clients dealing with transference and countertransference and incorporating trends in integrative therapies To encourage active learning reflective exercises throughout the text provide readers with opportunities to put themselves in the role of therapist and client No one knows more about theory based counseling than Gerald Corey who has spent the past 50 years helping us to gain real insight into multiple models In this book Corey takes readers from forming a working alliance with clients through the processes for setting and achieving goals His skill at and understanding of the termination processes is worth the entire book Not only will The Art of Integrative Counseling be the core text for counseling process and skills courses it will provide the foundation for effective truly integrated counseling throughout one s career

James Robert Bitter EdD East Tennessee State University Gerald Corey's fourth edition of *The Art of Integrative Counseling* provides important concepts to consider when developing an integrative approach to working with clients. For beginning counselors, it demonstrates how one can be integrative, whether one is behaviorally, cognitively, or affectively oriented. For more advanced counselors, it reminds them of the wealth of information that all theories offer and how techniques or theories can be synthesized into a more effective approach. Whether you are a new counselor trying to figure out how to integrate the many theories you learned about or a seasoned professional seeking new ways of working with clients, this book has something for you.

Edward Neukrug EdD Old Dominion University Requests for digital versions from ACA can be found on www.wiley.com. To purchase print copies, please visit the ACA website. Reproduction requests for material from books published by ACA should be directed to publications.counseling.org.

Removing the Mask of Kindness Les Barbanell, 2006-10-16 Character traits may be used as defenses or coping mechanisms that may be developed by individuals in an exaggerated fashion in order to conceal psychological conflicts. When these mechanisms break down, previously repressed trauma erupts into consciousness. One such trait is selflessness. Les Barbanell examines the transformation of selflessness into the Caretaker Personality Disorder and how it is not always better to give than receive; that being good can go bad and that the disease to please can even be fatal.

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
































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