

August 10th

## PERFECTION IS THE ENEMY OF ACTION

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“We don’t abandon our pursuits because we despair of ever perfecting them.”

—EPICTETUS, *DISCOURSES*, 1.2.37b

Psychologists speak of cognitive distortions—exaggerated thinking patterns that have a destructive impact on the life of the patient. One of the most common is known as all-or-nothing thinking (also referred to as splitting). Examples of this include thoughts like:

- If you’re not with me, you’re against me.
- So-and-so is all good/bad.
- Because this wasn’t a complete success, it is a total failure.

This sort of extreme thinking is associated with depression and frustration. How could it not be? Perfectionism rarely begets perfection—only disappointment.

Pragmatism has no such hang-ups. It’ll take what it can get. That’s what Epictetus is reminding us. We’re never going to be perfect—if there is even such a thing. We’re human, after all. Our pursuits should be aimed at progress, however little that it’s possible for us to make.

# Perfection The Keynote Of Keyserlings Philosophy

**George Park Fisher, George Burton  
Adams, Henry Walcott Farnam, Arthur  
Twining Hadley, John Christopher  
Schwab, William Fremont  
Blackman, Edward Gaylord  
Bourne, Irving Fisher, Henry Crosby  
Emery, Wilbur Lucius Cross**

**Perfection The Keynote Of Keyserlings Philosophy:**

**The Yale Review** George Park Fisher, George Burton Adams, Henry Walcott Farnam, Arthur Twining Hadley, John Christopher Schwab, William Fremont Blackman, Edward Gaylord Bourne, Irving Fisher, Henry Crosby Emery, Wilbur Lucius Cross, 1924      **The New York Times Book Review** ,1970      **Subject Guide to Books in Print** ,1971      **If Thou Wilt be Perfect** Oswald Chambers, 1941      Perfection Michael J. Hyde, 2010

Perfection The Keynote Of Keyserlings Philosophy: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have captivated audiences this year. Perfection The Keynote Of Keyserlings Philosophy : Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Perfection The Keynote Of Keyserlings Philosophy : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Perfection The Keynote Of Keyserlings Philosophy : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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