

Leisure and Later Life: Past, Present and Future

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As the first of the Baby Boom Generation sit on the cusp of late adulthood and possibly retirement, it is an opportune time to reflect on what we know and what we should know about leisure in later life. To help me with this task I conducted an informal discussion forum via email with a group of researchers from Canada and the US who work in the area of leisure and aging. While much of this discussion has a North American focus, the content and suggestions for future action can be applied more universally.

During the early days of leisure studies, leisure and aging garnered a lot of attention, particularly in North America (notable exceptions include Parker, 1982; Long, 1987). Much of this work demonstrated through survey-based research that there is a link between leisure and later life satisfaction (e.g. Havighurst, 1961; Ragheb & Griffith, 1982; Riddick, 1985; Romsa *et al.*, 1985; Kelly, 1987; Kelly *et al.*, 1987; Russell, 1987). Nonetheless, while the findings of this era are still relevant today, many of us feel that it is time to move beyond activity theory (Hendricks & Hendricks, 1981), disengagement theory (Cumming & Henry, 1961) and continuity theory (Atchley, 1977) that framed much of this work. The question now arises, where do we go next?

Over the years, many scholars have attempted to raise the profile of our work among mainstream gerontologists. One of the obstacles to this is not necessarily the lack of respect that leisure as a concept garners from gerontologists, but the ways in which we conceptualize and operationalize leisure differently. While we may argue that leisure is more than activity, gerontologists consistently study the relationship between activity and later life well-being. They generally find that meaningful activity is beneficial in later life and they reconfirm the tenets of activity theory, thereby not moving the body of knowledge further than we did in the 1970s. However, because they view leisure in a way that is less nebulous than we

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Research About Leisure Past Present And Future

Clemens Wendtner



Research About Leisure Past Present And Future:

This book delves into Research About Leisure Past Present And Future. Research About Leisure Past Present And Future is a crucial topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Research About Leisure Past Present And Future, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Research About Leisure Past Present And Future
 - Chapter 2: Essential Elements of Research About Leisure Past Present And Future
 - Chapter 3: Research About Leisure Past Present And Future in Everyday Life
 - Chapter 4: Research About Leisure Past Present And Future in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of Research About Leisure Past Present And Future. The first chapter will explore what Research About Leisure Past Present And Future is, why Research About Leisure Past Present And Future is vital, and how to effectively learn about Research About Leisure Past Present And Future.
 3. In chapter 2, the author will delve into the foundational concepts of Research About Leisure Past Present And Future. The second chapter will elucidate the essential principles that must be understood to grasp Research About Leisure Past Present And Future in its entirety.
 4. In chapter 3, this book will examine the practical applications of Research About Leisure Past Present And Future in daily life. This chapter will showcase real-world examples of how Research About Leisure Past Present And Future can be effectively utilized in everyday scenarios.
 5. In chapter 4, the author will scrutinize the relevance of Research About Leisure Past Present And Future in specific contexts. This chapter will explore how Research About Leisure Past Present And Future is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about Research About Leisure Past Present And Future. The final chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Research About Leisure Past Present And Future.

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Research About Leisure Past Present And Future Introduction

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