

Moderation as a Goal or Outcome of Treatment for Alcohol Problems

A Dialogue

Mark B. Sobell and Linda C. Sobell
Editors



Moderation As A Goal Or Outcome Of Treatment For Alcohol Problems

Wenbin Ji



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Moderation as a Goal Or Outcome of Treatment for Alcohol Problems Mark B. Sobell, Linda C. Sobell, 1987 Here is a compendium of authoritative viewpoints about the advantages and disadvantages of moderation outcomes and moderation oriented treatments for alcoholic persons This important and highly controversial contemporary issue in alcoholism is explored from both pro and con positions by leading experts in the field providing an up to date balanced and scholarly exchange [The Treatment of Drinking Problems](#) E. Jane Marshall, Keith Humphreys, David M. Ball, 2010-09-30 The

[Treatment of Drinking Problems](#) has become the definitive text in the field of alcohol problems It addresses the frontline realities of clinical practice in an informed and empathetic way whilst grounding this approach in critical scientific review Now in its fifth edition the text has been thoroughly revised and updated with new sections covering interventions for hazardous and harmful drinking dependent drinking and the different settings in which alcohol problems are encountered Clinical vignettes are used throughout the text to bring the discussion to life and to address the frontline realities of clinical practice This is a highly readable and practical guide for anyone generalist or specialist treating or caring for someone with an alcohol problem [Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery](#) Gary L. Fisher, Nancy A.

Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more **Prevention and Treatment of Alcohol**

Problems Institute of Medicine, Committee to Identify Research Opportunities in the Prevention and Treatment of Alcohol-Related Problems, 1989-02-01 A thorough examination of nearly everything known about the prevention and treatment of alcohol problems this volume is directed particularly at people interested in conducting research and at agencies supporting research into the phenomenon of drinking The book essentially is two volumes in one The first covers progress and potential in the prevention of alcohol problems ranging from the predispositions of the individual to the temptations posed by the environment The second contains a history and appraisal of treatment methods and their costs including the health consequences of alcohol abuse A concluding section describes the funding and research policy emphases believed to be necessary for various aspects of research into prevention and treatment **Guidelines for the Treatment**

of Alcohol Problems Paul S. Haber, Benjamin C. Riordan, 2021-04-01 The Australian Guidelines for the Treatment of Alcohol Problems have been periodically developed over the past 25 years In 1993 the first version of these guidelines titled An outline for the management of alcohol problems Quality assurance in the treatment of drug dependence project was published Mattick Haber et al 2009 The present version of the Guidelines was also commissioned by the Commonwealth of Australia to remain current and integrated with the updated NHMRC consumption guidelines 2020 In order to ensure that guidelines remain relevant the next set of guidelines should be updated in 2025 consistent with NHMRC recommendation

that guidelines be updated every five years These guidelines aim to provide up to date evidence based information to clinicians on available treatments for people with alcohol problems and are largely directed towards individual clinicians in practice such as primary care physicians general practitioners nursing staff specialist medical practitioners psychologists and other counsellors and other health professionals Some chapters highlight service or system level issues that impact on clinicians and their patients These include recommendations concerning Aboriginal and Torres Strait Islander peoples culturally and linguistically diverse groups stigma and discrimination Elsewhere organisation capacity is implied such as medical resources for withdrawal management where recommendations indicate use of medications As all forms of treatment will not be readily available or suitable for all populations or settings these guidelines may require interpretation and adaptation

Special Report to the U.S. Congress on Alcohol and Health from the Secretary of Health and Human Services, 1997 **Psychopathology** W. Edward Craighead, David J. Miklowitz, Linda W. Craighead, 2013-08-02 Fully revised

to incorporate DSM 5 criteria and informed by the most current research in its discussions of diagnosis and treatment Now in a second edition Psychopathology History Diagnosis and Empirical Foundations thoroughly explores psychopathology with contributions from leading scholars in psycho pathology The Second Edition offers an overview of various topics in the context of major changes included in the DSM 5 With new chapters on contextual factors affecting diagnoses and non alcohol substance abuse Psychopathology Second Edition covers the history theory and assessment of anxiety disorders posttraumatic stress disorder mood disorders schizophrenia the psychotic spectrum disorders eating disorders borderline personality disorder alcohol use disorders psychopathy sexual dysfunction and sleep disorders In addition each chapter of the Second Edition contains A description of the disorder including brief history case example and epidemiological findings Empirical foundations of each disorder including findings regarding neurobiological behavioral cognitive and emotional factors Assessment of each disorder including interviews self reports neurobiological assessment and clinical rating scales Brief description and evaluation of the current interventions for each disorder Summary and future directions Practical and thorough this text is an essential reference for all mental health professionals and a solid introduction for students in psychopathology courses

Broadening the Base of Treatment for Alcohol Problems Institute of Medicine, Committee on Treatment of Alcohol Problems, 1990-02-01 In this congressionally mandated study an expert committee of the Institute of Medicine takes a close look at where treatment for people with alcohol problems seems to be headed and provides its best advice on how to get there Careful consideration is given to how the creative growth of treatment can best be encouraged while keeping costs within reasonable limits Particular attention is devoted to the importance of developing therapeutic approaches that are sensitive to the special needs of the many diverse groups represented among those who have developed problems related to their use of man s oldest friend and oldest enemy This book is the most comprehensive examination of alcohol treatment to date *Treating Alcohol and Drug Problems in Psychotherapy Practice* Arnold M. Washton, Joan E.

Zweben,2022-12-27 Providing a framework for treating substance use disorders SUDs in office based psychotherapy the second edition of this trusted work has been updated throughout and features two entirely new chapters The authors show how clinicians from any background can leverage the therapeutic skills they already have to address clients alcohol and drug problems competently and effectively Vivid case examples demonstrate ways to engage clients at different stages of change set collaborative treatment goals address SUDs concurrently with other psychological problems and interweave motivational cognitive behavioral and other interventions tailored to each individual s needs Reproducible forms and handouts can be downloaded and printed in a convenient 8 1 2 x 11 size Subject areas key words substance use disorders SUDs psychotherapists counselors counseling clients with patients addictions addictive behavior abuse harm reduction nonspecialists treatments practical guide alcoholism in recovery drinking and opioids Clinical audience clinical psychologists psychiatrists clinical social workers mental health counselors and psychiatric nurses The Essential Handbook of Treatment and Prevention of Alcohol Problems Nick Heather,Tim Stockwell,2004-02-06 The last three decades have seen an explosion of social psychological and clinical research to identify effective strategies to prevent and treat alcohol related problems This Essential Handbook contains an updated selection of reviews of what works drawn from the critically acclaimed International Handbook of Alcohol Dependence and Problems Selected specifically for health and other professionals who need to provide effective responses in their work these authoritative science based reviews are a distillation of the more practical elements designed to save time for the busy practitioner *Task Strategies* William James Reid,1992 An in depth examination of intervention strategies suitable for common problems encountered by clinical social workers difficulties of families and children anxiety depression alcohol abuse inadequate resources and psychosocial problems associated with mental and physical illness Introduction to Addictive Behaviors Dennis L. Thombs,Cynthia J. Osborn,2019-04-05 Now revised and updated this widely used text comprehensively reviews theories of addiction to give students and professionals a multidisciplinary foundation for clinical practice It explores the causes and mechanisms of substance and behavioral addictions as well as implications for helping people recover Providing a science based perspective the text emphasizes the importance of using treatment and prevention strategies that are grounded in evidence Thoroughly updated chapters address disease models public health approaches understanding and treating comorbidity psychoanalytic behavioral cognitive and family systems models sociocultural approaches behavioral addiction and motivational models Student friendly features include end of chapter summaries and review questions New to This Edition Updated throughout with current research and clinical advances Discussions of cutting edge topics genetics of addiction addiction stigma and the opioid epidemic New and revised clinical vignettes and review questions **Introduction to Addictive Behaviors, Fourth Edition** Dennis L. Thombs,Cynthia J. Osborn,2013-07-08 This book has been replaced by Introduction to Addictive Behaviors Fifth Edition ISBN 978 1 4625 3922 2 **Changing Addictive Behavior** Jalie A. Tucker,Dennis M. Donovan,G. Alan

Marlatt,2001-02-15 This volume proposes that prevailing clinical approaches to treating addictive behaviors are actually best suited to a minority of the population with problems in the case of substance abusers those with substantial functional impairment and physical dependence But what about persons with mild to moderate addictive behavior problems for whom intensive treatment may prove unnecessarily costly disruptive and stigmatizing Or those substance abusers who are unable or unmotivated to abstain but want to reduce the harm associated with drug use Contributors draw upon cutting edge theory and research to examine ways that traditional therapeutic treatments can be supplemented by public health interventions that extend the reach and effectiveness of care Timely and pragmatic the book points the way toward necessary evolutions in the roles of behavior change specialists in today s challenging health care environment *Alcohol Research & Health* ,2010

Addiction Recovery Tools Robert H. Coombs,2001-09-12 Addiction Recovery Tools A Practical Handbook presents verified recovery tools with a methodical when and how approach for each available tool Including both Western and Eastern methods the book catalogs the motivational medical pharmaceutical cognitive behavioral psychosocial and holistic tools accessible in a wide variety of settings and programs Causes and Consequences of Alcohol Abuse: Alcoholism treatment; alcohol abuse prevention United States. Congress. Senate. Committee on Governmental Affairs,1989

Cognitive-Behavioral Therapy in Groups Peter J. Bieling,Randi E. McCabe,Martin M. Antony,2009-06-24 An authoritative practitioner guide and student text this book offers clear advice on how to structure and lead cognitive behavioral therapy CBT groups and overcome common challenges that arise Specific evidence based group assessment and treatment protocols are provided for a range of frequently encountered disorders Emphasizing that a CBT group is more than the sum of its individual members the authors show how to understand and use group process to optimize outcomes Up to date accessible and highly practical the book is filled with session outlines sample dialogues checklists troubleshooting tips and other user friendly features *Recovery Monographs Volume Ii* William White,2015-11-06 The addictions treatment field is reaching a tipping point that is revolutionizing the ways that behavioral health leaders think about people with alcohol and other drug problemsand how services and systems are developed Recovery Management Recovery Oriented Systems of Care contains six monographs by renowned recovery advocate William L While and colleagues These monographs provide insight and analysis of the topics important to todays addiction counselors and recovery coaches recovery oriented systems of care recovery management peer based recovery services and treating addiction as a chronic condition that requires ongoing management **Assessing Alcohol Problems** ,1995

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